

2014 **ST. JAMES PRAYER RETREAT**

Sanctum Retreat Centre, November 14 & 15, 2014

“Lord, teach us to pray...”

St. James is pleased to be able to respond to a need in the community by hosting an overnight prayer retreat at Sanctum near Caroline, AB. The retreat is an opportunity to learn about the prayer life at St. James and to have an opportunity to experience and practice diverse methods of prayer.

The intention is to help the people of St. James to grow in the art and discipline of prayer and that the people might be encouraged in both personal and corporate prayer.

The Sanctum Retreat centre is the facility where Anglican clergy hold their retreats. The facility contains a common lodge with conference room for presentations, a residence lodge with sleeping accommodations, Dining Hall with an open kitchen featuring coffee, tea, juice and snacks throughout the day and finally a chapel, set on large beautiful grounds with a creek, lake, meadows and forested hiking paths.

FORMAT

The retreat will take place on the evening of Friday the 14th and all day Saturday the 15th of November.

Friday evening will include an opportunity for meditation and quiet contemplation as well as prayers of commissioning for everyone who is involved in presenting on Saturday. The evening will end in a time of silence, allowing participants to set themselves apart from their daily lives and prepare for the Saturday agenda.

Writing material and notepaper will be provided at the start of the retreat, along with additional information on the retreat's agenda and a facility map.

In between breakfast, lunch and supper on Saturday, which are provided by Sanctum, a number of regular parishioners from St. James have volunteered to speak on an aspect of their personal prayer life and how they engage in different aspects of prayer at St. James, highlighting a number of key prayer ministries here from the prayer team to the intercessors. Each session will allow for a time of explanation and contemplation as well as for a practical experience

afterwards as we engage in the use of whatever method of prayer has been discussed.

There will be breaks throughout the day, including a block of time which has been set aside for group prayer, quiet meditation, or socialization in the Dining Hall which will remain open with coffee and snacks throughout the day.

The evening will end with the celebration of Holy Communion in the chapel before all returning to Calgary.

REGISTRATION

There is a registration fee of \$140 per person. This fee covers all of Sanctum's fees, overnight accommodation in a room with a private toilet and sink, snacks and coffee throughout the entire retreat and breakfast, lunch and supper on Saturday as well as incidental costs related to the retreat agenda.

Please speak to clergy or one of the organizers if the registration fee would be financially difficult to pay.

There are a limited number of spaces available overall and so early registration is encouraged in order to assure a place. Some rooms are configured for a couple to share, though there are a limited number available.

In order to register for this event, you must complete the registration form and provide a cheque, made payable to St. James Anglican Church. These payments are not tax deductible and will not show up on your contributions statement. A staffed registration table will be available every Sunday from the 28th of September through the 26th of October.

Some provision may be available for people who are unable to attend on Friday evening to come only on Saturday. Please speak to an organizer to discuss this possibility.

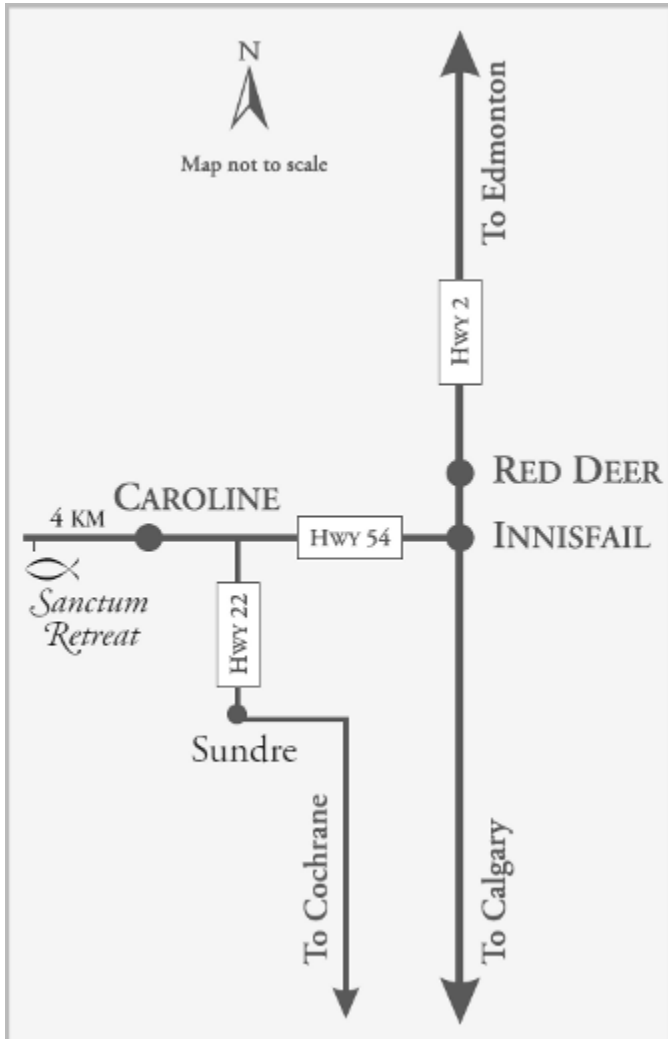
HOW TO GET THERE

Sanctum is just under two hours drive from St. James. It is located just west of Caroline AB and can be reached either by taking Highway 1A west to Highway 22, and then Highway 22 north to Highway 54, or by taking the Queen Elizabeth II Highway north all the way to Highway 54. Driving westbound on Highway 54, pass through Caroline

2014 ST. JAMES PRAYER RETREAT

Sanctum Retreat Centre, November 14 & 15, 2014

and continue an additional 4KM and watch for the Sanctum 'fish' sign on the left.



There will be an organized carpool to drive up to Sanctum. Those interested in driving or participating as a passenger should note that on their registration forms. Drivers will be contacted prior to the retreat to provide further details. Please arrive at the St. James parking lot by 5:45 pm Friday evening in order to allow sufficient time to connect passengers with drivers and arrive at Sanctum on time for the evening's activities. We suggest making a \$5-10 donation to drivers to cover the cost of gas.

For those not participating in the carpool, you should aim to arrive at Sanctum by 7:30 pm.

We will be leaving Sanctum at 7:30 pm with an estimated arrival back at the Church parking lot of 9:30 pm Saturday night.

OTHER SITE POLICIES

All participants will be required to sign a media consent form at registration to allow a group photo to be posted on the website. Participants may bring cameras, but should not take pictures during services or presentations. Pictures may be taken of the grounds during free time, though photographers should be respectful of anyone engaged in prayer. Photographs may also be taken during meal times.

The weather at Sanctum may be significantly different than Calgary. While all activities are indoors, there will be times when you will need to move briefly between buildings outdoors. A second pair of indoor shoes or slippers are encouraged.

Sanctum is a no-smoking facility, and smoking is not permitted anywhere on their property.

Sanctum's kitchens can make allowances both for meals and snacks available for specific dietary considerations. Dietary concerns must be mentioned on the registration form in order to give Sanctum sufficient notice to prepare before the retreat.

CONTACT INFORMATION

There will be a retreat table set up in the Narthex every Sunday from the 28th of September through the 26th of October.

For any questions about the registration process or the retreat, please contact:

Alan and Rose Ann Gilmour at 403.239.3422 or by email at awgilmour@icloud.com,

Matthew Perreault at 403.620.0838 or by email at matthewdperreault@gmail.com,

or

Sheila Vanderputten at 403.288.1363 or by email at sheilavanderputten@gmail.com.