

Welcome to  
**St. Luke Cedar Hill**

8<sup>th</sup> Sunday after Pentecost (*Ordinary 16*)

July 18, 2021 - 10:00 am



3821 Cedar Hill Cross Rd, Victoria, BC V8P 2M6

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**Web:** [www.stluke victoria.ca](http://www.stluke victoria.ca)

**Phone:** 250-477-6741

***At this time congregational singing is not encouraged.***

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*We acknowledge that we gather with respect on the traditional territories  
of the Esquimalt, Songhees and W̱SÁNEĆ people,  
the traditional custodians of these lands.*

*Prelude (please be seated)*

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Welcome and Introduction (*The Rev. Daniel Fournier*)

*Please stand.*

Priest: In today's Gospel, we hear the Twelve referred to as "apostles."  
The word apostle is a Greek word meaning "one who is sent".  
We who are Jesus' disciples today have also been sent to share the Gospel with others.  
Perhaps our commitment to following Jesus as his disciple leaves us feeling tired and overwhelmed.  
In today's Gospel, we hear Jesus affirm the importance of times of rest and renewal.  
Jesus wanted his disciples to come away and spend time alone with him.  
This is what we seek and find in our life of prayer and will next week find in our celebration of the Eucharist.

Priest: Grace, mercy and peace from God our creator and our Lord Jesus Christ be with you.

**All: And also with you.**

Priest: This is the day that God has made.

**All: Let us rejoice and be glad in it.**

*Confession and Absolution*

Priest: My sisters and brothers,  
as we prepare to celebrate the presence of Christ in the proclamation of the Word,  
let us call to mind and confess our sins.  
Come, let us return to the Lord and say:

**All: God our Father,  
long-suffering, full of grace and truth,**

**you create us from nothing and give us life.  
You give your faithful people  
new life in the water of baptism.  
You do not turn your face from us,  
nor cast us aside.  
We confess that we have sinned  
against you and our neighbour.  
We have wounded your love  
and marred your image in us.  
Restore us for the sake of your Son,  
and bring us to heavenly joy,  
in Jesus Christ our Lord. Amen.**

Priest: The Lord enrich you with his grace,  
and nourish you with his blessing;  
the Lord defend you in trouble  
and keep you from all evil;  
the Lord accept your prayers,  
and absolve you from your offences,  
for the sake of Jesus Christ, our Saviour.

**All: Amen.**

**Opening Hymn: CP 306 O for a Thousand Tongues to Sing**  
*(tune: Richmond)*

**O for a thousand tongues to sing  
my great Redeemer's praise,  
the glories of my God and King,  
the triumphs of his grace.**

**Jesus! the name that charms our fears,  
that bids our sorrows cease,  
'tis music in the sinner's ears,  
'tis life and health and peace.**

**He speaks, and, listening to his voice,  
new life the dead receive,  
the mournful broken hearts rejoice,  
the humble poor believe.**

**Hear him, ye deaf, ye voiceless ones,  
your loosened tongues employ;  
ye blind, behold your Saviour come,  
and leap, ye lame, for joy!**

**My gracious Master and my God,  
assist me to proclaim,  
to spread through all the earth abroad  
the honours of thy name.**

### **The Collect of the Day**

Priest: The Lord be with you.

**All: And also with you.**

Priest: Holy God of Israel,  
draw us near to you, so that,  
in place of hostility, there may be peace;  
in place of loneliness, compassion;  
in place of aimlessness, direction;  
and in place of sickness, healing;  
through Christ Jesus, in whom you draw near to us.

**All: Amen.**

*Please be seated.*

### **The Liturgy of the Word**

**FIRST READING: 2 Samuel 7: 1-14a**

Reader: *Genevieve Richards*

Reader: A reading from the Second Book of Samuel.

*The reading can be found here:*

<https://lectionary.anglican.ca/nrsv/?date=2021-07-18>

*At the end of the reading:*

Reader: Word of God, Word of Life.

**All: Thanks be to God.**

**Psalm 89: 20-37**

*Response: I will keep my love for him for ever.*

'I have found David my servant;  
with my holy oil have I anointed him.  
'My hand shall hold him fast  
and my arm shall strengthen him.  
'No enemy shall deceive him,  
nor any wicked person afflict him.  
'I will strike down his foes before his face  
and beat down those that hate him. (*Response*)

'My truth also and my steadfast love shall be with him,  
and in my name shall his head be exalted.  
I will set his dominion upon the sea  
and his right hand upon the rivers.  
'He shall call to me, "You are my Father,  
my God, and the rock of my salvation;"  
'And I will make him my firstborn,  
the most high above the kings of the earth. (*Response*)

'The love I have pledged to him will I keep for ever,  
and my covenant will stand fast with him.  
'His seed also will I make to endure for ever  
and his throne as the days of heaven.  
'But if his children forsake my law  
and cease to walk in my judgements,  
'If they break my statutes  
and do not keep my commandments, (*Response*)

'I will punish their offences with a rod  
and their sin with scourges.  
'But I will not take from him my steadfast love  
nor suffer my truth to fail.  
'My covenant will I not break  
nor alter what has gone out of my lips.  
'Once for all have I sworn by my holiness  
that I will not prove false to David. (*Response*)

'His seed shall endure for ever  
and his throne as the sun before me;  
'It shall stand fast for ever as the moon,  
the enduring witness in the heavens.' (*Response*)

*Please stand.*

**Gradual Hymn: CP 508 I Heard the Voice of Jesus Say**  
(*tune: Kingsfold*)

**I heard the voice of Jesus say,  
"Come unto me and rest;  
lay down, thou weary one,  
lay down your head upon my breast."  
I came to Jesus as I was,  
so weary, worn, and sad;  
I found in him a resting place,  
and he has made me glad.**

**I heard the voice of Jesus say,  
"Behold, I freely give  
the living water, thirsty one;  
stoop down and drink and live."  
I came to Jesus, and I drank  
of that life-giving stream;  
my thirst was quenched, my soul revived,  
and now I live in him.**

**I heard the voice of Jesus say,  
"I am this dark world's light;  
look unto me, thy morn shall rise,  
and all thy day be bright."  
I looked to Jesus, and I found  
in him my star, my sun;  
and in that light of life I'll walk  
till traveling days are done.**

**THE GOSPEL: Mark 6: 30-34, 53-56**

Reader: *Genevieve Richards*

Reader: The Lord be with you.

**All: And also with you.**

Reader: The Holy Gospel of our Lord Jesus Christ  
according to Mark.

**All: Glory to you, Lord Jesus Christ.**

*The gospel can be found here:*

<https://lectionary.anglican.ca/nrsv/?date=2021-07-18>

*At the end of the gospel:*

Reader: The Gospel of Christ.

**All: Praise to you, Lord Jesus Christ.**

*Please be seated.*

Reflection: The Rev. Daniel Fournier

*Please stand.*

*A Liturgical Affirmation*

Priest: We profess our belief together  
as we share in the words  
of the New Zealand Prayer Book  
in this statement of faith.

**All: You, O God, are supreme and holy.  
You create our world and give us life.  
Your purpose overarches everything we do.  
You have always been with us.  
You are God.**

**You, O God, are infinitely generous,  
good beyond all measure.  
You came to us before we came to you.**

**You have revealed and proved  
your love for us in Jesus Christ,**

**who lived and died and rose again.  
You are with us now.  
You are God.**

**You, O God, are Holy Spirit.  
You empower us to be your gospel in the world.  
You reconcile and heal; you overcome death.**

**You are our God. We worship you. Amen.**

*Please be seated.*

**Prayers of Intercession:** *Led by Genevieve Richards  
In response to the words, "Good and Gracious God,"  
the community prays, "Hear our prayer."*

Good and generous God,  
in Jesus Christ you came to us,  
promising life in abundance.  
We give you thanks today  
for the abundant gifts we receive in him—  
the assurance of your love day by day;  
the relief of your mercy  
when we recognize our own failings;  
hope to sustain us when things seem bleak;  
and peace that comes when we trust ourselves  
to your eternal keeping.  
These are the gifts that matter, O God,  
so for all these gifts and other blessings  
we recognize around us,  
we give you thanks in these moments of silence:  
*(silence is held)*

**All:** Good and Gracious God,  
**Hear our prayer.**

Generous God, today we pray for all  
whose lives seem empty of joy—  
because the going is tough,  
and friends still seem far away...  
because their hearts are filled with disappointment...

because their sorrow and grief are keen this day...  
Support each one in your abundant compassion.  
(*silence is held*)

**All:** Good and Gracious God,  
**Hear our prayer.**

Generous God,  
we remember before you  
those whose lives are empty of peace and hope—  
because they are struggling with illness or disability...  
because they are powerless in the face of violence  
or other forces beyond their control...  
Especially today we pray for  
all those facing discrimination  
because of their culture or their religion,  
and those still struggling to overcome  
the effects of the pandemic...  
Send your peace and promise  
with signs of new possibility and real hope.  
(*silence is held*)

**All:** Good and Gracious God,  
**Hear our prayer.**

Generous God,  
we remember before you  
those for whom life is frustrating—  
because they are without work...  
because they cannot find a way forward...  
because what comes next does not seem clear...  
Support each one in your abundant mercy  
and lead them in new paths.  
(*silence is held*)

**All:** Good and Gracious God,  
**Hear our prayer.**

Good and generous God,  
fill us with energy and compassion  
to reach out to those facing difficult times.

May we become the gift we have received in Jesus,  
for it is in his name we pray.

**All: Amen.**

*The Lord's Prayer (please stand)*

*Priest:* Now we pray in the words  
that our Saviour taught us:

**All: Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever.  
Amen.**

*Priest:* Glory to God

**All: whose power, working in us,  
can do infinitely more  
than we can ask or imagine.  
Glory to God,  
from generation to generation,  
in the Church and in Christ Jesus,  
for ever and ever.  
Amen.**

*The Conclusion and Blessing*

*Priest* May the beauty of God  
be reflected in your eyes,  
the love of God  
be reflected in your hands,  
the wisdom of God  
be reflected in your words,  
and the knowledge of God

flow from your heart,  
that all might see,  
and in seeing, believe.

And the blessing of God almighty,  
Father, Son and Holy Spirit,  
be among you and remain with you always.

**All: Amen.**

**Closing Hymn: CP 506 Lord of All Hopefulness**

*(tune: Slane)*

**Lord of all hopefulness, Lord of all joy,  
whose trust, ever childlike,  
no cares can destroy,  
be there at our waking, and give us, we pray,  
your bliss in our hearts, Lord, at the break of the day.**

**Lord of all eagerness, Lord of all faith,  
whose strong hands were skilled  
at the plane and the lathe,  
be there at our labours, and give us, we pray,  
your strength in our hearts, Lord, at the noon of the day.**

**Lord of all kindness, Lord of all grace,  
your hands swift to welcome,  
your arms to embrace,  
be there at our homing, and give us, we pray,  
your love in our hearts, Lord, at the eve of the day.**

**Lord of all gentleness, Lord of all calm,  
whose voice is contentment,  
whose presence is balm,  
be there at our sleeping, and give us, we pray,  
your peace in our hearts, Lord, at the end of the day.**

Priest: We go in peace to love and serve the Lord.

**All: In the name of Christ. Amen.**

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*Postlude*

**Thank you to all who helped with this service:** Presider: Rev. Daniel Fournier; Reader and Intercessions: Genevieve Richards; Musicians: Olivia Craster, Daniel Fournier, Barbara Reul, Susanne Reul-Zastre, and Genevieve Richards; Sidespersons: Barb and Harry Felsing, Kathleen Patterson, and Heather Simpson; Creation of Prayers of Intercession: Joan Scandrett; Videographers: Sharon McMillan and Ray Lett; Service Planning and Service Outline: Daniel Fournier; Proofreading, Posting Bulletin and Livestream Link at the Website: Barb Prescott; Posting the Link at Facebook: Sharon McMillan; Printing Readings and Bulletins: Bonnie Watkins.

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**THIS WEEK'S PARISH NEWS – July 18<sup>th</sup> – July 25<sup>th</sup>**  
**(\*\*New Items, \*Revised Items)**

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**\*In-person services will be offered over the summer starting at 10 am. Next Sunday will be a Eucharist Service. Anyone wishing to attend will need to register** by phoning (250-477-6741) or e-mailing the office ([admin@stlukecedarhill.ca](mailto:admin@stlukecedarhill.ca)) before noon on the Friday, prior to the Sunday service you wish to attend. (This will help us manage our capacity limits at this time.) **You will need to wear a mask, be distanced in the church except within family groups or established bubbles, and use hand sanitizer when entering the church.** Indoor socialization or sharing of food is not allowed. But outdoor socialization, without food or beverage, and with distancing can take place.

**\*The service today (July 18<sup>th</sup>) and the Sundays going forward will continue to be livestreamed from the church –** Join the livestream link ([www.stluke victoria.ca/live](http://www.stluke victoria.ca/live)) to listen to the prelude starting at 10:00 am. The services will also be recorded to watch later at your convenience.

**Coffee Time via Zoom will start at 11:30 am after the in-person and livestreamed service.** Watch for the link, which will be sent out by e-mail and join us in your home via Zoom. Hope to see you there.

**\*Sound System Upgrade Appeal** – Please read a letter from Daniel at the **News page of St. Luke’s website** regarding an appeal for donations towards a very necessary upgrade to our sound system as livestreaming continues to be an important aspect of our ministry. **Thank you to those who have made donations through your envelopes or through Canada Helps. Donations to July 15<sup>th</sup> total \$2,385, 61% of the way to our goal of \$3,900.**

**\*Change to One of the Entrance Driveways at St. Luke’s** – For safety reasons, we have decided to close the parking lot entrance closest to the church. As the first step, the driveway is now closed with a barrier. The eventual plan is to continue the stone wall and grassed boulevard area to form a small garden space towards the front of the church. For more information, please see the letter from Daniel posted at the **News page of St. Luke’s website.**

**\*\*Get Fit (or Stay Fit) with Susanne on Thursday evenings at Oaklands Community Centre this summer!** During the pandemic, our music director Susanne Reul-Zastre certified as group fitness leader and personal trainer and looks forward to sharing her expertise with you. Join her at Oaklands Community Centre (2827 Belmont) on **6 Thursday evenings (July 29-Sept. 2)** at two small group classes suited for the more mature beginner. Class descriptions are listed below.

**\*\*Class 1: Strength & Stretch (Thursdays, 6:00-7:00pm)** – Learn (or review) proper exercise techniques to increase muscle strength and endurance; we will finish with stretching. Cost: 6 classes/\$60. To register and for more information go to: <https://oca.recdesk.com/Community/Program/Detail?programId=1338>.

**\*\*Class 2: We’ve Got Your Back! (Thursdays, 7:15-8:15pm)** This class focuses on promoting back health to improve posture, as well as strengthen and stretch muscles surrounding the spine and core. Cost: 6 classes/\$60. To register and for more info go to:

<https://oca.recdesk.com/Community/Program/Detail?programId=1339>.

**\*\*St. Luke's Library is Now Open and Ready for You** – The Library, located in the Lounge in the Hall, has been reorganized and updated. It presently has 804 interesting books ready for you to browse and borrow. The Library is open when the Parish Office is open 9 to noon, Monday to Friday. Please check with the Parish Office to make sure that there are no meetings booked in the Lounge. The Library includes authors referenced by Bishop Anna such as Phyllis Tickle, Parker Palmer, and Brian McLaren as well as many books in the local history section. More information and lists are available at the **News page of the website**.

**\*Dignity** – In this video series, Bishop Anna, along with other reflectors from around the diocese, will give voice to the challenges and the joys this call brings to our lives. **The fourth episode, featuring Jack Rose, is available to watch at the News page of St. Luke's website.** These two-minute videos are available at St. Luke's website each Monday.

**Shelbourne Community Kitchen Container Garden Will Be at St. Luke's** – We are pleased to announce that the Shelbourne Community Kitchen has partnered with Topsoil Urban Agriculture and St. Luke's to create a container garden at St. Luke's. Food grown in this garden will provide much needed fresh, seasonal produce for the Kitchen's Pantry and Food Skills programs that serve over 850 individuals and their families. The garden will be installed in July. See more information at the **News page of St. Luke's website**.

**Country Grocer Save A Tape Program Update** – Please continue to collect your Country Grocer receipts and turn them in to Bonnie at the Church Office, mail them to the Church Office, or put them in an envelope in the mail slot. **As of July 9<sup>th</sup>, we now have \$4,644.55 in grocery receipts, which is 92% of the way towards our goal of collecting \$5,000 in receipts to receive a \$50.00 gift certificate.** Well done,

everyone! Please keep dropping off your receipts. See more information at the **News page of St. Luke's website.**

**Fairway Market Community Shopping Cards** – You are invited to take part in a new fundraising program using these reloadable cards, similar to the Smile Cards but for use at any of the ten Fairway Market stores on Vancouver Island. **St. Luke's automatically receives 5% from Fairway Market for every dollar loaded on the card.** To join in this program, please pick up your reloadable card from St. Luke's Office. Please contact St. Luke's office for more information or see more information at the **News page of St. Luke's website.**

**Thank You for your Support for the Ongoing Ministry of St. Luke's Church** by writing a cheque, making a donation online through Canada Helps, and by signing up for ECP. Your donations are greatly appreciated. Please refer to the **DONATE page** at the website for more information.

**IN THE WORLDWIDE ANGLICAN PRAYER CYCLE, we pray for** Eglise Anglicane du Rwanda - The Most Revd Laurent Mbanda, Primate. **In the Canadian ACC/ELCIC Cycle of Prayer, we pray for** The Most Rev. Greg Kerr-Wilson, Archbishop and the clergy and people of the Diocese of Calgary (ACC) and Rev. Prema Samuel, Assistant to the bishop and the staff of the Synod of Alberta and the Territories (ELCIC). **In our Diocesan Prayer Cycle, we pray for** Anna, our Bishop, and for our own Parish of St. Luke Cedar Hill - Daniel Fournier and Joan Scandrett. **We also pray for** Lutheran Church of the Cross and Pastor Lyle and Pastor Lyndon, and the Diocese of New Westminster - Bishop John Stephens.



## Welcome To St. Luke Cedar Hill...

Thank you for visiting today. For more information about St. Luke's, visit St. Luke's website: <https://www.stlukesvictoria.ca>, send an e-mail: [admin@stlukecedarhill.ca](mailto:admin@stlukecedarhill.ca), or phone: 250-477-6741.

We hope you will visit again!

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**Rector: The Reverend Daniel Fournier**

**E-mail: [incumbent@stlukecedarhill.ca](mailto:incumbent@stlukecedarhill.ca)**

***For Pastoral Care Needs, please contact the office***

**Parish Administrator: Bonnie Watkins**

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**Office E-mail: [admin@stlukecedarhill.ca](mailto:admin@stlukecedarhill.ca)**

**Wardens:** Heather Simpson  
Sharon McMillan  
Brenda Morgan

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### **READINGS FOR NEXT SUNDAY July 25, 2021**

2 Samuel 11: 1-15

Psalm 14

Ephesians 3: 14-21

John 6: 1-21

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### **FLOWERS**

*Flowers at St. Luke's are coordinated by Ann Séguin.*