

# Finding Our Healing ~ Balancing Outward Action and Inward Identity

<https://youtu.be/9S00I-ISBF0>

**Order of Service for the 8th Sunday after Pentecost [Proper 16] ~  
Sunday July 18, 2021**

~ moving through our suffering – living inside the tragic gap ~

*Presider:* the Rev. Andrew Twiddy

*Assisting:* Juliette, Alli, Alice, Luke

*Lectionary Readings:*

**2 SAMUEL 7:1-14A**

**(PSALM 89:20-37)**

**EPHESIANS 2:11-22**

**MARK 6:30-34, 53-56**

*Music for the day:*

Hymns from *Common Praise* (1998) or the local parish booklet *Open Wide the Church's Door*

<b>Opening</b>	<b>Open Wide 9</b>	<b>It's A Song of Praise to the Maker</b> <i>(all verses)</i>
<b>Reflective</b>	<b>Open Wide 9</b>	<b>Amazement and Delight</b> <i>(verses 1,2) – from Psalm 113</i>
<b>Gospel</b>	<b>CP 292</b>	<b>We Cannot Measure How You Heal</b> <i>(all 3 verses)</i>
<b>Offertory</b> <i>(Hymn of the Day)</i>	<b>CP 576</b>	<b>For the Healing of the Nations</b> <i>(verses 1,2)</i>
<b>Closing</b>	<b>CP 576</b>	<b>For the Healing of the Nations</b> <i>(verses 3,4)</i>

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*The Collect – the Prayer of the Day:*

**Holy God of Israel, draw us near to you,  
so that in place of hostility, there may be peace;  
in place of loneliness, compassion;  
in place of aimlessness, direction;  
and in place of sickness, healing;  
through Jesus the Anointed, in whom you draw near to us. Amen.**

Prayers for an Inclusive Church (2009) alt.



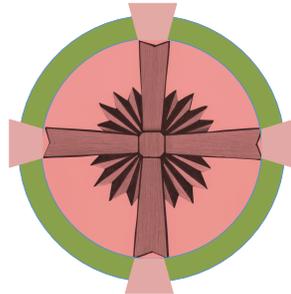
**The West Coast Liturgy of the Diocese of Islands and Inlets**

## **Morning Prayer Service**

**(with Resources from West Coast Liturgy & Anglican Liturgy Online)**

The Anglican Parish of **Saint Anne & Saint Edmund**  
Parksville, British Columbia

*a centre for spiritual growth,  
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Resources:

<https://bc.anglican.ca/resources/worship-resources>  
<https://www.anglican.ca/about/liturgicaltexts/>

## THE COMMUNITY GATHERS BEFORE GOD

### Announcements & Worship Directions

**Opening Song**      *Open Wide 9*    **It's A Song of Praise to the Maker** *(all 4 verses)*

### Words of Welcome & Acclamation:

In this time and place, many of us gather online from our homes on the ancestral territories of the Pentlatch-speaking peoples, the forebears of the Qualicum and Snaw-Naw-As First Nations, and in the lands and the watersheds of the Kwakwaka'wakw, Nuu-chah-nulth and Coast Salish peoples.

Good morning, and welcome!

*Gilakas 'la, klecko-klecko, huy'ceep q'u.*

From many places and peoples we come to this house in prayer.

Voice: We gather in the name of the living God.

**All: We meet in the presence of Jesus, God's Anointed, risen and alive.**

Voice: We gather with the community of faith around the globe and across the ages.

**All: In this time and place, heaven and earth are one.**

Voice: We are no longer alone. We are one in Christ.

**All: We are knit together in the unity of the Spirit.**

Presider:

In the name of the Holy and Blessed One,  
 Creator, Redeemer, and Holy Spirit. **Amen.**

### Centering Stillness

Presider: In a time of quietness, let us centre ourselves,  
 in openness to the Spirit of God. *(silence)*

### Collect of the Day

**Holy God of Israel, draw us near to you,  
 so that in place of hostility, there may be peace;  
 in place of loneliness, compassion;  
 in place of aimlessness, direction;  
 and in place of sickness, healing;  
 through Jesus the Anointed, in whom you draw near to us.  
 Amen.**

*Prayers for an Inclusive Church (2009) alt.*

## **Lament and Grief**

### **REMEMBERING OUR PART**

As the Anglican church on these islands and inlets, we acknowledge our part in the genocide perpetrated on the First Peoples of Turtle Island and, to the extent that we are able, we have committed to journeying towards healing and reconciliation with First Nation, Inuit, and Metis peoples.

In the midst of remorse, lamentation and mourning for the loss of so many children buried in unmarked graves across our country, the settler church is called to listen to the stories, to bear witness to the grief and sorrow, and to prayerfully work towards healing for ourselves, for the First Peoples of this land, and for the world.

Let us pray now for the forgiveness of our sins.

*Silence may be kept*

Have mercy upon us, most merciful God;  
**in your compassion, forgive us our sins,  
 known and unknown, things done and left undone;  
 and so uphold us by your Spirit  
 that we may live and serve you in newness of life,  
 to the honour and glory of your name;  
 through Jesus Christ our Lord. Amen.**

### Sentence

Thus says the Holy One:

A voice is heard in Ramah,

lamentation and bitter weeping.

Rachel is weeping for her children;

she refuses to be comforted for her children,

because they are no more.

(Jeremiah 31.15)

### **PSALM VERSE:**

**Children are truly a heritage, from the Holy One**

**Psalm 127** *(a verse may be sung in Hebrew by Andrew; tune: Coventry Carol)*

**A song for the journeys that take us upward. A song of Solomon.**

<sup>1</sup>Unless the Holy One builds the house, those who build it labour in vain.\*

Unless the Holy One guards the city, the guard keeps watch in vain.

<sup>2</sup> It is in vain that you rise up early and go late to rest,  
eating the bread of anxious toil; \*

for God gives sleep to us, the beloved ones.

<sup>3</sup> Children are truly our heritage, from the Holy One, \*  
the fruit of the womb is so valuable for us all.

<sup>4</sup> Like arrows in the hand of a warrior are the children of one's youth. \*  
Happy are those who have a quiver full of them.

<sup>5</sup> They shall not be put to shame, \*  
when they speak with their opponents, at the gate of the courthouse.

Glory to the Creator, to the Word and the Wisdom,  
to the Holy One and the Great Spirit. \*

**The one who is at the beginning, at the end, and is with us always.**

## Engaging The Word and the Wisdom

A First Reading:        A READING FROM THE SECOND BOOK OF SAMUEL

**Reader:    Celebrating the divine presence, with all of our strength and energy.  
A reading from the Second Book of Samuel.**

Now when the king was settled in his house, and the Holy One had given him rest from all his enemies around him, the king said to the prophet Nathan, "See now, I am living in a house of cedar, but the ark of God stays in a tent." Nathan said to the king, "Go, do all that you have in mind; for the Lord is with you."

But that same night the word of the Holy One came to Nathan: Go and tell my servant David: Thus says the Holy One: Are you the one to build me a house to live in? I have not lived in a house since the day I brought up the people of Israel from Egypt to this day, but I have been moving about in a tent and a tabernacle.

Wherever I have moved about among all the people of Israel, did I ever speak a word with any of the tribal leaders of Israel, whom I commanded to shepherd my people Israel, saying, "Why have you not built me a house of cedar?"

Now therefore thus you shall say to my servant David: Thus says the Holy One of all diversity: I took you from the pasture, from following the sheep to be prince over my people Israel; and I have been with you wherever you went, and have cut off all your enemies from before you; and I will make for you a great name, like the name of the great ones of the earth.

And I will appoint a place for my people Israel and will plant them, so that they may live in their own place, and be disturbed no more; and evildoers shall afflict them no more, as formerly, from the time that I appointed judges over my people Israel; and I will give you rest from all your enemies.

Moreover the Holy One declares to you that the Holy One will make you a house. When your days are fulfilled and you lie down with your ancestors, I will raise up your offspring after you, who shall come forth from your body, and I will establish his kingdom. He shall build a house for my name, and I will establish the throne of his kingdom forever. I will be a father to him, and he shall be a son to me.

Holy Word, Holy Wisdom.            **Thanks be to God**

2 SAMUEL 7:1-14A ~ NRSV, alt.

**Reflective Song**    **Open Wide 4**    **Amazement and Delight** (*verses 1,2*)

**A Reading in Early Christian Scripture ~ Ephesians 1.3-14**

*Reader:*

A Reading in Early Christian Scripture, from the Letter to the Christian Community in the City of Ephesus. A plan to lovingly bring the outsiders and insiders together again.

<sup>11-13</sup> It was only yesterday that you, as Gentiles and outsiders to God's ways, had no idea of any of this, didn't know the first thing about the way God works, hadn't the faintest idea of God's Anointed One. You knew nothing of that rich history of God's covenants and promises in Israel, hadn't a clue about

what God was doing in the world at large. Now because of the Anointed One — dying that death, shedding that blood—you who were once out of it altogether are in on everything.

<sup>14-15</sup> The Anointed One has made things up between us so that we're now together on this, both non-Jewish outsiders and Jewish insiders. He tore down the wall we used to keep each other at a distance. He repealed the additions to the teaching code that had become so clogged with fine print and footnotes that it hindered more than it helped. Then he started over. Instead of continuing with two groups of people separated by centuries of animosity and suspicion, he created a new kind of human being, a fresh start for everybody.

<sup>16-18</sup> Christ brought us together through his death on the cross. The Cross got us to embrace, and that was the end of the hostility. Christ came and preached peace to you outsiders and peace to us insiders. He treated us as equals, and so made us equals. Through him we both share the same Spirit and have equal access to the Father.

<sup>19-22</sup> That's plain enough, isn't it? You're no longer wandering exiles. This kingdom of faith is now your home country. You're no longer strangers or outsiders. You *belong* here, with as much right to the name Christian as anyone. God is building a home. God is using us all—irrespective of how we got here—in making a new building. God used the apostles and prophets for the foundation. Now he's using you, fitting you in brick by brick, stone by stone, with Christ Jesus as the cornerstone that holds all the parts together. We see it taking shape day after day—a holy temple built by God, all of us built into it, a temple in which God is quite at home.

Holy Word, Holy Wisdom.      **Thanks be to God**

*EPHESIANS 2:11-22*

**Hymn for the Gospel Reading:**

**CP 292      We Cannot Measure How You Heal**

## The Gospel Reading:

Reader: Have do we live the balance between outward action and inward identity?

The holy gospel, according to Mark. *(All: Glory to you, Jesus, God's Anointed)*

The apostles gathered around Jesus, and told him all that they had done and taught.

Jesus said to them, "Come away to a deserted place, all by yourselves, and rest a while."

Because there were many people coming and going, they had no leisure even to eat. So they went away in the boat to a deserted place by themselves.

Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them.

As Jesus went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was.

And wherever Jesus went, into villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the tassels on his garment; and all who touched it were healed.

Holy Word, Holy Wisdom: The Gospel of Jesus, God's Anointed.

*(... All: Praise to you, Jesus, God's Anointed)*

*A homily or reflection ~ Andrew*

*A time of quietness and/or instrumental music may follow the homily*

*An Affirmation of Faith*



Leader: Let us affirm our faith.

**All:**

**We give our hearts in trust to God,  
whose love is the source of all life  
and the desire of our lives.**

**We give our hearts in trust to Jesus,  
who came to bring us healing,  
and to liberate us from all forms of oppression.**

**We give our hearts in trust to the Spirit of God,  
who transforms and transfigures our world,  
and who works in and through all  
who are turned towards the truth.**

**Therefore, though we are sometimes fearful  
and sometimes full of doubt,  
we affirm our trust in the Community of Faith,  
and in the name of Jesus Christ,  
we commit ourselves to the service of all people,  
to seek justice and to live in peace,  
to care for the earth, and to share  
the commonwealth of God's goodness. Amen.**

## Hymn of the Day (The Offertory Hymn)

### **CP 576 For the Healing of the Nations (verses 1,2)**

#### The Lifting Up of the Offering

*The presider or an assistant lifts up in prayer an offering plate or basket, containing symbols of our prayers for the world, the church, and the special needs of the day. We include the names of parishioners, community partners, and all others in our various cycles of prayer, along with the names of those who have requested our prayers*

#### **An Invitation to Weekly & Daily Prayer**

*in our cycle of prayer this day and throughout this week, we give thanks and we pray together for the well-being of the world, the church, and those in special need*

#### **We give thank and we pray for peace, justice, and well-being throughout the world:**

- giving thanks for all whose lives of service promote the common good
- honouring First Nations on whose traditional territories we live and work
- asking that we may grow in our resolve to respond to climate crisis, and to care for our planet
- seeking a spirit of reconciliation & collaboration among nations, faiths, & cultures
- and remembering our governmental leaders and elected representatives,  
in the municipal, provincial, federal, and international work they undertake

*God of love and compassion .... hear our prayer*

#### **We give thanks and we pray for the mission and ministry of our wider family in faith:**

- for ecumenical and interspiritual co-operation, and for all our neighbouring churches
- for our partnership in the Anglican communion throughout the world:  
for Justin, Archbishop of Canterbury; for Linda our Primate; for Lynne our Metropolitan;  
and for all with whom they work and serve
- for Mark our National Indigenous Archbishop, Melanie our Reconciliation Animator, for our journey in faith and solidarity with the Council of the North, and for the work of all our Indigenous Anglican communities

*God of love and compassion .... hear our prayer*

#### **We give thanks and we pray for the mission and ministry of our own parish and diocesan family, remembering especially:**

- all our members, associates, and friends who share in our ministry
- for the ministry of all our parish groups, networks, partners & organizations
- for all parishes of our diocese, especially remembering ...
- for Anna our Bishop, and for our priests Andrew & Christine, in ministry among & beyond us;

*God of love and compassion .... hear our prayer*

#### **We give thanks and we pray for those who express care and compassion,**

- for those working on the frontlines of care and service in a time of global pandemic, for leaders in health care, and for research workers and those who work behind the scenes to bring relief, hope, and healing
- for the work of the Primate's World Relief & Development Fund and its global partners, for the Canadian Food Grains Bank and those responding to global hunger, drought, floods, fires, migration, and displacement
- remembering those who reach out to the needy and to vulnerable populations in our local community, & those who nurture all the circles of our citizenship, both nationally and around the world
- for the work of our local agencies serving and advocating for those on the margins, and for those who face issues of homelessness, addiction, and mental health

*God of love and compassion .... hear our prayer*

**As we stand in solidarity alongside all those in need, we pray:**

- for those suffering from Coronavirus, through illness, anxiety, or isolation
- for those in trouble, sorrow, conflict, sickness, or any other adversity ...
- and in silence or aloud, we remember the special needs of those requesting our prayers ...

*God of love and compassion .... hear our prayer*



## Prayers of the People:

In peace, we pray to you, God.

*Silence*

For all people in their daily life and work;

**For our families, friends, and neighbours, and for all those who are alone.**

For this community, our country, and the world;

**For all who work for justice, freedom, and peace.**

For the just and proper use of your creation;

**For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble;

**For those who minister to the sick, the friendless, and the needy.**

For the peace and unity of the Church of God;

**For all who proclaim the gospel, and all who seek the truth.**

For Anna our bishop, and for all bishops and other ministers;  
**For all who serve God in the Church.**

For our own needs and those of others.

*Silence. The people may add their own petitions.*

Hear us, God; **For your mercy is great.**

We thank you, God, for all the blessings of this life.

*Silence. The people may add their own thanksgivings.*

We will exalt you, O God;

**And praise your name for ever and ever.**

We pray for all those who have died in the peace of Christ,  
 and for those whose faith is known to you alone,  
 that they may have a place in your eternal kingdom.

*Silence. The people may add their own petitions.*

God, let your loving kindness be upon them;

**Who put their trust in you.**



We gather all our prayers into one, and following the pattern that  
 Jesus gave us, we pray:

**Our Father in heaven,  
hallowed be your name.**

**Your kingdom come, your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins,  
as we forgive those who sin against us.**

**Save us from the time of trial, and deliver us from evil.**

**For the kingdom, the power, and the glory are yours,  
now and for ever. Amen.**

### The Peace

From our hearts to your hearts, from satellite to soul...

The peace of God be always with you. **And also with you.**

### A Blessing

Presider:

May God's hidden presence bless you and keep you.

May God's unseen face shine compassion on you.

May God's smile caress you, and give you peace.

In the name of the one beyond all naming, +

strong, vulnerable, and compassionate, +

the Creator, the Holy One, the Great Spirit. +

Amen. Amen.

**Closing Hymn:****CP 576 For the Healing of the Nations (*verses 3,4*)*****A Commissioning for Service***

Voice: May God send us forth with a *restless discomfort* ~  
at easy answers, half-truths, and superficial relationships,  
so that we may live deep within our hearts.

Voice: May God send us forth with a *holy foolishness* ~  
with a confidence that we can make a difference in this world,  
to restore justice, to offer kindness, and to heal the earth.

Voice: Go in peace, to love and to serve

**All: Thanks be to God.**

# Video Information

## Finding Our Healing ~ Balancing Outward Action and Inward Identity

<https://youtu.be/9S00I-ISBF0>

Sunday Service for July 18, 2021 ~  
The 8th Sunday After Pentecost, Proper 16, Cycle B

### *Looking for Quick Access on the Video?*

0.01 ~ Prelude and Welcome

1.48 ~ Opening Song ~ It's A Song of Praise to the Maker

9.23 ~ Collect of the Day

10.05 ~ Lamenting and Grieving for the Lost Children (*Psalm 127, Confession*)

15.49 ~ Readings (Alli, Luke)

18.48 ~ Song: Amazement and Delight (*tune: CP382*)

25.15 ~ Luke's Impromptu Musical Reflection

(while Andrew and others respond to a person in need)

30.17 ~ Hymn (292) ~ We Cannot Measure How You Heal

34.18 ~ Gospel Reading

**36.45 – 48.36 ~ the Homily:**

### **Balancing Outward Action and Inward Identity**

42.45 ~ An Affirmation of Faith

50.59 ~ Offertory & Hymn (576) ~ For the Healing of the Nations (v.1-2)

53.23 ~ Prayers

1.00.58 ~ The Peace and the Blessing

1.01.56 ~ Closing Hymn (576) ~ For the Healing of the Nations (v.3-4)

1.03.41 ~ Commissioning for Service

Presider: the Rev. Andrew Twiddy

Assisting: Juliette, Alli, Alice, Luke