



CHRIST CHURCH CATHEDRAL

Vancouver, BC · *Open Doors, Open Hearts, Open Minds*



PROPER 16

JULY 18, 2021 | 10:30AM WITH BAPTISM



In-Person & Livestream
The Very Rev. Christopher A. Pappas | *Presider*
The Rev. Helen Dunn | *Preacher*



10:30am Choral Eucharist

THE BOOK of ALTERNATIVE SERVICES

Gathering of the Community

Cathedral Parish Announcements

Introit If Ye Love Me
Thomas Tallis

Presider In this time and place,

We gather on the traditional, ancestral and unceded lands
of the Musqueam, Squamish and Tsleil-Waututh nations.

All **From many places and peoples we come to this house of prayer.**

Presider In this time and place,

We meet in the presence of the living God.

All **The living God who creates us and all that is.**

Presider In this time and place,

The risen Christ stands in our midst.

All **The risen Christ who accompanies us and all people.**

Presider In this time and place,

God's Holy Spirit breathes in and through us.

All **The Holy Spirit who transforms us and all life.**

Presider In this time and place,

Together, one people of God.

All **In the name of God, Source of all being,
Eternal Word and Holy Spirit. Amen.**

Presider The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.

All **And also with you.**

Presider There is one body and one Spirit,

All **There is one hope in God's call to us;**

Presider One Lord, one faith, one baptism,

All **One God and Father of all.**

Opening Hymn

Praise to the Lord, the Almighty (CP 384)

Text: Joachim Neander (1650–1680); tr. Catherine Winkworth (1827–1878), alt.;

Music: *Erneuerten Gesangbuch*, Stralsund, 1665, alt.; desc. Craig Sellar Lang (1891–1971); LOBE DEN HERREN



1 Praise to the Lord, the Al - might - y, the King of cre -
2 Praise to the Lord, who o'er all things so wond - rous - ly
3 Praise to the Lord, who doth pros - per thy work and de -
4 Praise to the Lord, who, when tem - pests their war - fare are



a - tion; O my soul, praise him, for
reign - eth, shel - ters thee un - der his
fend - thee; sure - ly his good - ness and
wag - ing, who, when the el - e - ments



he is thy health and sal - va - tion: all ye who
wings, yea, so gent - ly sus - tain - eth: hast thou not
mer - cy here dai - ly at - tend thee: pon - der a -
mad - ly a - round thee are rag - ing, bid - deth them



hear, bro - thers and sis - ters draw near,
seen how thy en - treat - ies have been
new what the Al - might - y can do,
cease, turn - eth their fu - ry to peace,



praise him in glad ad - o - ra - tion.
grant - ed in what he or - dain - eth?
if with his love he be - friend thee.
whirl - winds and wa - ters as - suag - ing.

Verses 5 & 6 continued on next page...

Choir 5. Praise to the Lord, who when darkness of sin is abounding,
who when the godless do triumph, all virtue confounding,
sheddeth his light,
chaseth the horrors of night,
saints with his mercy surrounding.

All 6. Praise to the Lord! O let all that is in me adore him!
All that hath life and breath come now with praises before him!
Let the Amen
sound from his people again:
gladly for aye we adore him.

Collect
Presider

Let us pray (*silence*)

All

Almighty God,
your Son has opened for us
a new and living way into your presence.
Give us pure hearts and constant wills
to worship you in spirit and in truth;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.



Music Notes | Loving & Learning to Let Go

JULY 18, 2021 | RUPERT LANG, *Director of Music*

This is *Farewell Sunday* to our beloved Helen Dunn. She mentioned that she has been here 4 years as Vicar of Christ Church Cathedral. I couldn't believe that. It feels like she has always been with us, as such an intrinsic part of this community. I have not known a clergy person skilled in so many different areas such as pastoral, administration, planning, creative initiatives involving community, openness, humour, love of sacred music, beautiful singing as cantor in

the Eucharistic Prayer, and to top it all—a brilliant preacher. In her honour, and in thanksgiving I asked Helen to choose some of her favourite music for this Sunday.

**BLESSINGS HELEN,
IN YOUR TRANSITION
TO A NEW
PARISH CHURCH HOME!!!**

Proclamation of the Word

<i>First Reading</i>	A reading from 2 Samuel 7:1-14a
<i>Reader</i>	Hear what the Spirit is saying to the church.
<i>All</i>	Thanks be to God.
<i>Psalm</i>	Psalm 23 Setting: Bobby McFerrin The Lord is my Shepherd, I have all I need, She makes me lie down in green meadows, Beside the still waters, She will lead. She restores my soul, She rights my wrongs, She leads me in a path of good things, And fills my heart with songs. Even though I walk, through a dark and dreary land, There is nothing that can shake me, She has said She won't forsake me, I'm in Her hand. She sets a table before me, in the presence of my foes, She anoints my head with oil, And my cup overflows. Surely, surely goodness and kindness will follow me, All the days of my life, And I will live in Her house, Forever, forever and ever. Glory be to our Mother, and Daughter, And to the Holy of Holies, As it was in the beginning, is now and ever shall be, World without end. Amen.
<i>Second Reading</i>	A reading from Ephesians 2:11-22
<i>Reader</i>	Hear what the Spirit is saying to the church.
<i>All</i>	Thanks be to God.
<i>Choir</i>	I Heard the Voice of Jesus Say Text: Horatius Bonar (1808–1889); Music: Thomas Tallis
<i>Deacon</i>	The Lord be with you.
<i>All</i>	And also with you.
<i>Deacon</i>	The Holy Gospel of our Lord Jesus Christ according to Mark.
<i>Before the Gospel</i>	Glory to you, Lord Jesus Christ.
<i>Gospel</i>	Mark 6:30-34, 53-56

Deacon The Gospel of Christ.
After the Gospel Praise to you, Lord Jesus Christ.
Sermon The Rev. Helen Dunn
Music for Reflection Affirmation of Faith (from *Mass for Many Nations*)
Text: Francis Somerville; Music: Based on “a Prayer Song” by Chief Dan George, adapt. Rupert Lang

SACRAMENT OF HOLY BAPTISM

Presentation & Examination of the Candidate

Presider The candidate for Holy Baptism will now be presented.
Presenters I present Pascal Theodore Veltman to receive the sacrament of baptism.

Then the Presider asks the following questions of the parents & sponsors

Presider Will you be responsible for seeing that the child you present is nurtured in the faith and life of the Christian community?

Answer I will, with God’s help.

Presider Will you by your prayers and witness help this child to grow into the full stature of Christ?

Answer I will, with God’s help.

Presider Do you renounce Satan and all the spiritual forces of wickedness that rebel against God?

Answer I renounce them.

Presider Do you renounce the evil powers of this world which corrupt and destroy the creatures of God?

Answer I renounce them.

Presider Do you renounce all sinful desires that draw you from the love of God?

Answer I renounce them.

Presider Do you turn to Jesus Christ and accept him as your Saviour?

Answer I do.

Presider Do you put your whole trust in his grace and love?

Answer I do.

Presider Do you promise to obey him as your Lord?

Answer I do.

After the candidate has been presented, the Presider addresses the congregation:

Will you who witness these vows do all in your power to support Pascal in his life in Christ?

All We will.

Prayers for the Candidate

Presider Let us now pray for Pascal
who is to receive the sacrament of new birth.

Deacon Deliver him, O Lord, from the way of sin and death.
All **Lord, hear our prayer.**

Deacon Open his heart to your grace and truth.
All **Lord, hear our prayer.**

Deacon Fill him with your holy and life-giving Spirit.
All **Lord, hear our prayer.**

Deacon Teach him to love others in the power of the Spirit.
All **Lord, hear our prayer.**

Deacon Send him into the world in witness to your love.
All **Lord, hear our prayer.**

Deacon Bring him to the fullness of your peace and glory.
All **Lord, hear our prayer.**

Deacon Grant, O Lord, that all who are baptized
into the death of Jesus Christ your Son
may live in the power of his resurrection
and look for him to come again in glory;
who lives and reigns now and for ever.
All **Amen.**

The Celebration of Baptism

Thanksgiving over the Water

The Presider blesses the water:

Presider The Lord be with you
All **And also with you.**

Presider Let us give thanks to the Lord our God.
All **It is right to give our thanks and praise.**

Presider We give you thanks, almighty God and Father,
for by the gift of water you nourish and sustain all living things.
All **Blessed be God for ever.**

Presider We give you thanks that through the waters of the Red Sea,
you led your people out of slavery to freedom in the promised land.
All **Blessed be God for ever.**

Presider We give you thanks for sending your Son Jesus.
For us he was baptized by John in the river Jordan.
For us he was anointed as Christ by your Holy Spirit.
For us he suffered the baptism of his own death and resurrection,
setting us free from the bondage of sin and death,
and opening to us the joy and freedom of everlasting life.

All **Blessed be God for ever.**

Presider We give you thanks for your Holy Spirit who teaches us and leads us into all truth,
filling us with his gifts so that we might proclaim the gospel to all nations
and serve you as a royal priesthood.

All **Blessed be God for ever.**

Presider We give you thanks for you have called Pascal
to new life through the waters of baptism.

Now sanctify this water, that your servants who are washed in it
may be made one with Christ in his death and resurrection,
to be cleansed and delivered from all sin.

Anoint them with your Holy Spirit
and bring them to new birth in the family of your Church,
that they may become inheritors of your glorious kingdom.

We give you praise and honour
and worship through your Son Jesus Christ our Lord,
in the unity of the Holy Spirit, now and for ever.

All **Blessed are you, our strength and song, and our salvation.**

Presider Let us join with those who are committing themselves to Christ
and renew our own baptismal covenant.

The Baptismal Covenant

Presider Do you believe in God the Father?

All **I believe in God, the Father almighty, creator of heaven and earth.**

Presider Do you believe in Jesus Christ, the Son of God?

All **I believe in Jesus Christ, his only Son, our Lord.**

He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead. On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

Presider Do you believe in God the Holy Spirit?

All **I believe in God the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting.**

Presider Will you continue in the apostles' teaching and fellowship,
in the breaking of bread, and in the prayers?

All **I will, with God's help.**

Presider Will you persevere in resisting evil and,
whenever you fall into sin, repent and return to the Lord?

All **I will, with God's help.**

Presider Will you proclaim by word and example the good news of God in Christ?

All **I will, with God's help.**

Presider Will you seek and serve Christ in all persons, loving your neighbour as yourself?

All **I will, with God's help.**

Presider Will you strive for justice and peace among all people,
and respect the dignity of every human being?

All **I will, with God's help.**

Presider Will you strive to safeguard the integrity of God's creation,
and respect, sustain and renew the life of the Earth?

All **I will, with God's help.**

The Baptism

The candidate is presented to the Presider.

Presider Pascal, I baptize you in the name of the Father,
and of the Son, and of the Holy Spirit.

All **Amen.**

Using chrism, the Presider makes the sign of the cross on the forehead, saying:

I sign you with the cross, and mark you as Christ's own for ever.

The Presider prays over the newly baptized, saying:

Heavenly Father,
we thank you that by water and the Holy Spirit
you have bestowed upon this your servant the forgiveness of sin,
and have raised him to the new life of grace.
Sustain him, O Lord, in your Holy Spirit.
Give him an inquiring and a discerning heart,
the courage to will and to persevere,
a spirit to know and to love you,
and the gift of joy and wonder in all your works.

All **Amen.**

The Giving of the Light

The Presider then gives to the newly baptized a lighted candle, saying:

Receive the light of Christ,
to show that you have passed from darkness to light.

When the newly baptized has received a candle, the people say:

All Let your light so shine before others
that they may see your good works
and glorify your Father in heaven.

Presider Let us welcome the newly baptized.

All We receive you into the household of God.
Confess the faith of Christ crucified,
proclaim his resurrection,
and share with us in his eternal priesthood.

The Peace

Presider May the peace of the Lord be always with you.

All And also with you.

We welcome Pascal Theodore Veltman baptized today into the community of the risen Christ.

All may exchange a non-contact sign of peace.

Celebration of the Eucharist

The Offertory

You are invited to make a financial offering to further God's mission through the work of the church by texting "Give" to 639.739.0843 and following the instructions; or by clicking on this link thecathedral.ca/give. Tax receipts are issued annually for gifts totalling \$20 or more. Your financial gifts matter and together with the bread and wine they are presented in spirit at the Altar as a sign of thanksgiving to God from whom all blessings flow.

Offertory Hymn

King of Glory (AH 382)

Text: George Herbert (1593–1633); Music: *General Seminary*, David Charles Walker (1938–)



1 King of glo - ry, King of peace, I will love thee;
2 Where - fore with my ut - most art, I will sing thee;
3 Seven whole days, not one in seven, I will praise thee;



and that love may nev - er cease, I will move thee.
and the cream of all my heart, I will bring thee.
in my heart, though not in heaven, I can raise thee.



Thou hast grant - ed my re - quest, thou hast heard me;
Though my sins a - gainst me cried, thou didst clear me;
Small it is in this poor sort to en - roll thee;



thou didst note my work - ing breast, thou hast spared me.
and a - lone, when they re - plied, thou didst hear me.
e'en e - ter - ni - ty's too short to ex - tol thee.

Prayer over the Gifts

Presider

All

O God,
accept our praise and thanksgiving.
Help us in all we do
to offer ourselves as a true and living sacrifice;
through Jesus Christ the Lord. Amen.

The Great Thanksgiving

Presider The Lord be with you.

All **And also with you.**

Presider Lift up your hearts.

All **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

All **It is right to give our thanks and praise.**

Presider It is indeed right to thank you and praise you, holy and gracious God, creator of all things, ruler of heaven and earth, sustainer of life, for you are the source of all goodness, rich in mercy and abounding in love; you are faithful to your people in every generation, and your word endures for ever.

Therefore with angels and archangels, with the fellowship of saints and the company of heaven, we glorify your holy name, evermore praising you and singing,

Sanctus Choir

Setting: Gabriel Fauré

Presider We praise you, merciful God, not as we ought, but as we are able, because in your tender love you gave the world your only Son, in order that the world might be saved through him.

He made you known by taking the form of a servant, healing the sick, liberating the oppressed, reaching out to the lost.

Betrayed, reviled, and nailed to the cross, he confronted the power of sin and disarmed it for ever.

In his offering of himself, he became the perfect and sufficient sacrifice for the sins of the whole world.

Redeemed by Christ, we have been adopted as your children; by your pardon you have made us worthy to praise you.

On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this all of you: this is my blood which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

In obedience to him and with grateful hearts we approach your holy table, remembering our Saviour's sacrifice, and rejoicing in his victory.

Confident in his sovereign purpose, we declare our faith.

All **Christ has died,**

Christ is risen,

Christ will come again.

Presider

Send your Holy Spirit on us that as we receive this bread and this cup we may partake of the body and blood of our Lord Jesus Christ, and feed on him in our hearts by faith with thanksgiving.

May we be renewed in his risen life, filled with love, and strengthened in our will to serve others; and make of our lives, we pray, a pure and holy sacrifice, acceptable to you, knitting us together as one in your Son Jesus Christ, to whom, with you and the Holy Spirit, be all honour and glory, now and for ever.

All

Amen.

The Lord's Prayer

Presider

As our Saviour taught us, let us pray,

All

**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.**

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and forever. Amen.

The Breaking of the Bread

Presider

We break this bread to share in the body of Christ.

All

We being many, are one body, for we all share in the one bread.

Presider

The gifts of God for the people of God.

All

Thanks be to God.



Share the Gifts

If you know the brokenness of life, its fractures within and its division without, then you have participated in the broken body of Christ and you are invited to share in Communion.

If you are not physically receiving Communion, then offer this prayer:

In union, O God, with all your faithful people gathered wherever the eucharist is celebrated this day, I offer you praise and thanksgiving for creation and all the blessings of this life, for the redemption given to us through the life, death and resurrection of Christ, and for the means of grace and the hope of glory. I pray you come into my heart, my soul and my mind. Let nothing separate me from you. May I serve you in this life until, by your grace, I come to your promised reign of justice and peace; through Christ and in the unity of the Spirit. Amen.

While the communion is being administered, we respectfully ask that you keep the silence—this is a time for quiet prayer and meditation.

During Communion Ubi Caritas

Maurice Duruffé

Sending Out of the Disciples

Prayer after Communion

Presider O God,
All as we are strengthened in these holy mysteries,
may our lives be a continual offering,
holy and acceptable in your sight;
through Jesus Christ our Lord. Amen.

Doxology

Presider Glory to God,
All whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever. Amen.

Sending Blessing for Helen

The Blessing

Closing Hymn

Let Streams of Living Justice (CP 575)

Text: Williams Whitla (1934–); Music: Gustav Theodore Holst (1874–1934),
The Planets; harm. adapt. *Hymns for Church & School*, 1964; THAXTED

Unison

1 Let streams of liv - ing jus - tice flow down up - on the
2 For heal - ing of the na - tions, for peace that will not

earth; give free - dom's light to cap - tives, let
end, for love that makes us lov - ers, God

all the poor have worth. The hun - gry's hands are
grant us grace to mend. Weave our var - ied gifts to -

plead - ing, the work - ers claim their rights, the
geth - er; knit our lives as they are spun; on your

The musical score is written in G major (one flat) and 4/4 time. It features a unison vocal line with two parts. The lyrics are arranged in four systems, each corresponding to a line of music. The first system includes the lyrics for both parts 1 and 2. The second system continues the lyrics for both parts. The third system continues the lyrics for both parts. The fourth system continues the lyrics for both parts. The music is simple and accessible, with a focus on the lyrics.

mourn-ers long for laugh-ter, the blind-ed seek for
loom of time en-roll us till our thread of life is

sight. Make lib-er-ty a bea-con, strike
run. O great Weav-er of our fab-ric, bind

down the ir-on in power; a-bol-ish an-cient
church and world in one; dye our tex-ture with your

ven-geance: pro-claim your peo-ple's hour.
ra-diance, light our col-ours with your sun.

Dismissal

All

Postlude

Go forth in the name of Christ.

Thanks be to God.

Let Streams of Living Justice (*CP 575*)

Descant: Matthew Larkin

3. Your city's built to music; we are the stones you seek;
your harmony is language: we are the words you speak.
Our faith we find in service, our hope in other's dreams,
our love in hand of neighbour: our homeland brightly gleams.
Inscribe our hearts with justice; your way—the path untried;
your truth—the heart of stranger; your life—the Crucified.

The service of the Church into the World — begins again this week.

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We hope you enjoyed this morning's service.
It is made possible with help from generous supporters.

If you would like to participate in Christ's work through this Church,
and help us continue to provide quality worship, please consider making a donation.

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— from the App Store, download the tithe.ly app, enter your information
and you can connect directly to the Cathedral —

Thank you for your support!

10:30AM | CHORAL EUCHARIST

Presider Dean Christopher A. Pappas
Preacher The Rev. Helen Dunn
Deacon The Rev. Alisdair Smith
MC Megan Otton
Reader John Innes
Intercessor Hope Sealy
Welcoming Team Kayoko Wear, Jane Hope
ASL Interpreter Lizz Keallen
Music Members of the Cathedral Choir
with Rupert Lang,
Organist & Director of Music

THANK YOU FOR JOINING THE CHRIST CHURCH CATHEDRAL COMMUNITY

This Choral Eucharist service takes place on the traditional, ancestral, and unceded territory of the Musqueam, Squamish, and Tsleil-Waututh Nations in the heart of Vancouver.

If you have any questions about the Cathedral, its ministries or congregations, please visit our website at thecathedral.ca.

COVID-19 PROTOCOLS

Christ Church Cathedral is committed to following all provincial and diocesan health and safety guidelines during worship services.



The Cathedral Church of the
Diocese of New Westminster
ANGLICAN CHURCH OF CANADA



CHRIST CHURCH CATHEDRAL
Vancouver, BC · Open Doors, Open Hearts, Open Minds

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