

# Space for God Come away with Me



## PREPURATION

- IN THE NAME OF THE FATHER, THE SON, AND THE HOLY SPIRIT •

Those who live in the shelter of the Most High  
will find rest in the shadow of the Almighty.

**This I declare about the Lord:**

**He alone is my refuge, my place of safety; he is my God, and I trust him.**

Psalm 91:1-2

## WORSHIP

The Lord is like a father to his children,  
tender and compassionate to those who fear him.

**For he knows how weak we are; he remembers we are only dust.**

Psalm 103:13-14

## CONFESION

What I always feared has happened to me. What I dreaded has come true.

**I have no peace, no quietness. I have no rest; only trouble comes.**

Job 3:25-26

## MEDITATION Mark 6.30-34, 53-56\*

**T**he apostles returned to Jesus from their ministry tour and told him all they had done and taught. Then Jesus said, "Let's go off by ourselves to a quiet place and rest awhile." He said this because there were so many people coming and going that Jesus and his apostles didn't even have time to eat.

So they left by boat for a quiet place, where they could be alone. But many people recognized them and saw them leaving, and people from many towns ran ahead along the shore and got there ahead of them. Jesus saw the huge crowd as he stepped from the boat, and he had compassion on them because they were like sheep without a shepherd. So he began teaching them many things.

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After they had crossed the lake, they landed at Gennesaret. They brought the boat to shore and climbed out. The people recognized Jesus at once, and they ran throughout the whole area, carrying sick people on mats to wherever they heard he was. Wherever he went—in villages, cities, or the countryside—they brought the sick out to the market-places. They begged him to let the sick touch at least the fringe of his robe, and all who touched him were healed.

### IN SOLITUDE AND/OR COMMUNITY

- |         |                                      |
|---------|--------------------------------------|
| Read    | Slowly, several times.               |
| Reflect | What does the text say?              |
| Respond | How does it relate to my life?       |
| Rest    | I welcome God's healing and renewal. |

## ANCHORING PRAYER

*You are my GOD and my refuge.*

## REVIEW OF THE HEART

*Where did I go to be alone with the LORD?  
When was I wandering like a sheep without a shepherd?*

## WISDOM

But when you pray, go away by yourself, shut the door behind you, and pray to your Father in private. Then your Father, who sees everything, will reward you.

Matthew 6:6

For I have given rest to the weary and joy to the sorrowing."

Jeremiah 31:25

"Christ is not a reservoir but a spring. His life is continual, active and ever passing on with an outflow as necessary as its inflow. If we do not perpetually draw the fresh supply from the living Fountain, we shall either grow stagnant or empty, it is, therefore, not so much a perpetual fullness as a perpetual filling."

—A. B. Simpson. A Larger Christian Life. 1890.

## TESTIMONY *What is God saying today?*

## INTERCESSION *For the Church—for others—for me.*

## BENEDICTION

The Lord is my shepherd; I have all that I need.

**He lets me rest in green meadows; he leads me beside peaceful streams.**

**He renews my strength. He guides me along right paths,  
bringing honor to his name.**

**Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me.**

**You prepare a feast for me in the presence of my enemies. You honor me by anointing my head with oil.**

**My cup overflows with blessings. Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the Lord forever.**

• Amen •

Psalm 23:1-6

## SPACE FOR GOD DAILY

Be still and quiet before God.

Seek the Holy Spirit's filling and guidance.

Speak and act from a listening heart.

Actively serve in community with others.