

Sixth Sunday after Pentecost

The Book of Alternative Services



4 July, 2021

10:00am



St. George's Cathedral, Kingston

Gathering Hymn

1 Glorious things of thee are spoken,
Zion, city of our God;
he whose word cannot be broken
formed thee for his own abode.
On the Rock of ages founded,
what can shake thy sure repose?
With salvation's walls surrounded,
thou may'st smile at all thy foes.

2 See, the streams of living waters,
springing from eternal love,
well supply thy sons and daughters,
and all fear of want remove.
Who can faint while such a river
ever flows their thirst to assuage:
grace which, like the Lord the giver,
never fails from age to age?

3 Round each habitation hovering,
see the cloud and fire appear
for a glory and a covering,
showing that the Lord is near.
Thus they march, the pillar leading,
light by night and shade by day;
daily on the manna feeding
which he gives them when they pray.

4 Saviour, if of Zion's city
I through grace a member am,
let the world deride or pity,
I will glory in thy name.
Fading is the worldling's pleasure,
all his boasted pomp and show;
solid joys and lasting treasure,
none but Zion's children know.

Abbot's Leigh
Cyril Taylor (1907-91)

John Keeble (1792-1866)

The Gathering of the Community

Celebrant The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit, be with you all.

People **And also with you.**

Then may be said by the celebrant with the people,

**Almighty God,
to you all hearts be open, all desires known,
and from you no secrets are hidden. Cleanse the
thoughts of our hearts by the inspiration of your Holy
Spirit, that we may perfectly love you, and worthily
magnify your holy name; through Christ our Lord.
Amen.**

Kyrie

Chorister Kyrie Eleison, Christe Eleison, Kyrie Eleison
(Lord have mercy, Christ have mercy, Lord have mercy)

The Collect of the Day

Almighty God, your Son Jesus Christ has taught us that what we do for the least of your children we do also for him. Give us the will to serve others as he was the servant of all, who gave up his life and died for us, but lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

The Proclamation of the Word

The Readings *(Mike Bowen)*

A reading from the Second Book of Samuel *(Samuel 5:1-5, 9-10)*

Then all the tribes of Israel came to David at Hebron, and said, "Look, we are your bone and flesh. For some time, while Saul was king over us, it was you who led out Israel and brought it in. The Lord said to you: It is you who shall be shepherd of my people Israel, you who shall be ruler over Israel." So all the elders of Israel came to the king at Hebron; and King David made a covenant with them at Hebron before the Lord, and they anointed David king over Israel. David was thirty years old when he began to reign, and he reigned forty years. At Hebron he reigned over Judah seven years and six months; and at Jerusalem he reigned over all Israel and Judah thirty-three years.

David occupied the stronghold, and named it the city of David. David built the city all around from the Millo inward. And David became greater and greater, for the Lord, the God of hosts, was with him.

Hear what the Spirit is saying to the Church.

Thanks be to God.

Psalm 48

- 1 Great is the Lord, and highly to be praised; * in the city of our God is his holy hill.
- 2 Beautiful and lofty, the joy of all the earth, is the hill of Zion,
* the very centre of the world and the city of the great king.
- 3 God is in her citadels; * he is known to be her sure refuge.
- 4 Behold, the kings of the earth assembled * and marched forward together.
- 5 They looked and were astounded; * they retreated and fled in terror.
- 6 Trembling seized them there;
* they writhed like a woman in childbirth, like ships of the sea when the east wind shatters them.
- 7 As we have heard, so have we seen, in the city of the Lord of hosts, in the city of our God; * God has established her for ever.
- 8 We have waited in silence on your loving-kindness, O God,

- * in the midst of your temple.
- 9 Your praise, like your name, O God, reaches to the world's end;
* your right hand is full of justice.
- 10 Let Mount Zion be glad and the cities of Judah rejoice,
* because of your judgements.
- 11 Make the circuit of Zion; walk round about her; * count the number of her towers.
- 12 Consider well her bulwarks; examine her strongholds;
* that you may tell those who come after.
- 13 This God is our God for ever and ever; * he shall be our guide for evermore.

A reading from the Second Book of Corinthians (*2 Corinthians 12:2-10*)

I know a person in Christ who fourteen years ago was caught up to the third heaven – whether in the body or out of the body I do not know; God knows. And I know that such a person – whether in the body or out of the body I do not know; God knows – was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, "My grace is sufficient for you, for power is made perfect in weakness." So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

Hear what the Spirit is saying to the Church.

Thanks be to God.

Gradual Hymn

Let all the world in every corner sing,
my God and King.
The heavens are not too high,
his praise may thither fly:
the earth is not too low,
his praises there may grow.
Let all the world in every corner sing,
my God and King.

2 Let all the world in every corner sing,
my God and King.
The church with psalms must shout,
no door can keep them out;
but above all the heart
must bear the longest part.
Let all the world in every corner sing,
my God and King.

The Gospel

Reader The Lord be with you.

People **And also with you.**

Reader The Holy Gospel of our Lord Jesus Christ according to Mark

People **Glory to you, Lord Jesus Christ.**

Jesus left that place and came to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, "Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offence at him. Then Jesus said to them, "Prophets are not without honour, except in their hometown, and among their own kin, and in their own house." And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief. Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, "Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them." So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

(Mark 6:1-13)

Reader The Gospel of Christ

People **Praise to you, Lord Jesus Christ.**

Loving God's Story – The Rev. Canon Barbara Stewart

Sermon – The Rt. Rev. George Bruce

The Apostles' Creed

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit**

and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.

He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers of the People *(Mike Bowen)*

Confession and Absolution

Celebrant Dear friends in Christ,
God is steadfast in love and infinite in mercy;
he welcomes sinners
and invites them to his table.
Let us confess our sins, confident in God's forgiveness.

Celebrant Most merciful God,
All **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

The presiding celebrant addresses the people.

The peace of the Lord be always with you.

People **And also with you.**

Offertory Hymn

1 O God, our help in ages past,
our hope for years to come,
our shelter from the stormy blast,
and our eternal home;

2 Under the shadow of thy throne
thy saints have dwelt secure;
sufficient is thine arm alone,
and our defence is sure.

3 Before the hills in order stood,
or earth received her frame,
from everlasting thou art God,
to endless years the same.

4 A thousand ages in thy sight
are like an evening gone,
short as the watch that ends the night
before the rising sun.

5 Time, like an ever-rolling stream,
bears all its sons away;
they fly forgotten, as a dream
dies at the opening day.

6 O God, our help in ages past,
our hope for years to come,
be thou our guard while troubles last,
and our eternal home.

St Anne
William Croft (1677-1727)

Issac Watts (1674-1748)

The Prayer over the Gifts

God of heaven and earth, receive our sacrifice of praise, and strengthen us for the perfect freedom of your service, through our Saviour Jesus Christ. **Amen.**

The Celebration of the Eucharist

Eucharistic Prayer 1

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Celebrant

It is indeed right that we should praise you, gracious God, for you created all things. You formed us in your own image: male and female you created us. When we turned away from you in sin, you did not cease to care for us, but opened a path of salvation for all people. You made a covenant with Israel, and through your servants Abraham and Sarah gave the promise of a blessing to all nations. Through Moses you led your people from bondage into freedom; through the prophets you renewed your promise of salvation. Therefore, with them, and with all your saints who have served you in every age, we give thanks and raise our voices to proclaim the glory of your name.

All

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory. Hosanna in the highest.**

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Celebrant

Holy God, source of life and goodness, all creation rightly gives you praise. In the fullness of time, you sent your Son Jesus Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He healed the sick and ate and drank with outcasts and sinners; he opened the eyes of the blind and proclaimed the good news of your kingdom to the poor and to those in need. In all things he fulfilled your gracious will.

On the night he freely gave himself to death, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Gracious God, his perfect sacrifice destroys the power of sin and death; by raising him to life you give us life for evermore. Therefore we proclaim the mystery of faith.

All **Christ has died.
Christ is risen.
Christ will come again.**

Celebrant Recalling his death, proclaiming his resurrection, and looking for his coming again in glory, we offer you, Father, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord. Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty Father, now and for ever.

People **Amen.**

The Lord's Prayer

As our Saviour taught us, let us pray,
**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil. For the kingdom,
the power, and the glory are yours,
now and for ever. Amen.**

Silence

The Breaking of the Bread

Then the celebrant breaks the consecrated bread. Then may be said,

Celebrant We break this bread to share in the body of Christ.

All **We, being many, are one body, for we all share in the one bread.**

The Communion

The celebrant and people receive the communion in one kind only.

Prayer after Communion

O God, may we who have shared in holy things never fail to serve you in your world, and so come to the fullness of joy, in the name of Jesus Christ our Lord.

Glory to God,

whose power, working in us, can do infinitely more than we can ask or imagine.

Glory to God from generation to generation, in the church and in Christ Jesus, for ever and ever. Amen.

Blessing

Life is short, and we do not have much time to gladden the hearts of those who journey with us. And so make haste to love, and be swift to be kind; And may the God who travels with us, the God of pilgrimage, the God of Hope, bless, care and keep you, Father, Son and Holy Spirit, now and always.

Closing Hymn

1 Guide me, O thou great Redeemer,
pilgrim through this barren land;
I am weak, but thou art mighty;
hold me with thy powerful hand:
Bread of heaven,
feed me now and evermore.

2 Open now the crystal fountain
whence the healing stream doth flow;
let the fiery cloudy pillar
lead me all my journey through:
strong deliverer,
be thou still my strength and shield.

3 When I tread the verge of Jordan,
bid my anxious fears subside;
death of death, and hell's destruction,
land me safe on Canaan's side:
songs and praises
I will ever give to thee.

Cwm Rhondda
John Hughes (1873-1932)

William Williams (1717-91)
trans Peter Williams (1723-96)

Dismissal

Go forth in the name of Christ.

Thanks be to God.

Preacher: The Rt. Rev. George Bruce

Interim Dean: The Ven. David Selzer

Organist: Dr. Matthew Larkin

**The flowers at the High Altar today are given to the glory of God
in loving celebration of the 67th Wedding Anniversary of Muriel and David Smith.**

Prayer List: The Very Rev Sharon Murdoch, The Rev Don Goodwin, John Bate, Dee Padfield, Sandy, Jason, Allie, Dev Kauenhofen, Paul Robertson, Danielle Clarke, Sean Lovett, Ralph Brose, Diana Davis Duerkop, Gill Cleghorn, Elspeth Stevenson, Rosalind Walton, Jean Robinson, Todd Coles, Michael and Ruth Caswell, Patricia Dennis, Leann/Ella/Avalea. We pray for all those known to us, and those whose needs are only known to God.

Parish Cycle of Prayer: Pray for our Prayer Chain, James Anderson. On our Parish List we pray for Frank and Anne Norman, Larry Norman, Albert and Marjorie Norris, Gordon Nuttall, Ruth Oliver, and their families.

We are delighted that you are with us for worship today.

Every person who is baptized is invited to the Lord's Table to receive Holy Communion with us. Gluten-free wafers are available. All people are welcome to come forward at the time of Communion. Please cross your arms to indicate a prayer of blessing if you do not wish to receive Communion.

Receiving Communion during pandemic: To receive Communion, please line up in single file down the centre aisle while practicing social distancing. Approach the Clergy with your mask on and arms fully outstretched hands together. You will receive a wafer only. Immediately step aside, move your mask, consume the wafer and return to your pew using a side aisle.

UPCOMING WORSHIP

Wednesday, 7 July, 12:15 Holy Eucharist, in Lady Chapel
Thursday, 8 July, 10:30am, Eucharist, with prayers for healing, in Lady Chapel
Friday, 9 July, 12:15pm Litany of Reconciliation, on church steps

Readings for Sunday, 11 July – Seventh Sunday after Pentecost
Amos 7:7-15, Psalm 85:8-13, Ephesians 1:3-14, Mark 5:14-29

In-person worship will continue at 8:00 am and 10:00am. Please register through the Cathedral website at www.stgeorgescathedral.ca. If you do not have internet access, please call the parish office at 613-548-4617 to reserve a space for the coming Sunday. Please **make every effort to register by Thursday** each week.

NOTE: You are also welcome to watch a **Livestream** of the 10:00am Sunday Service at: <https://www.stgeorgescathedral.ca/live>

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