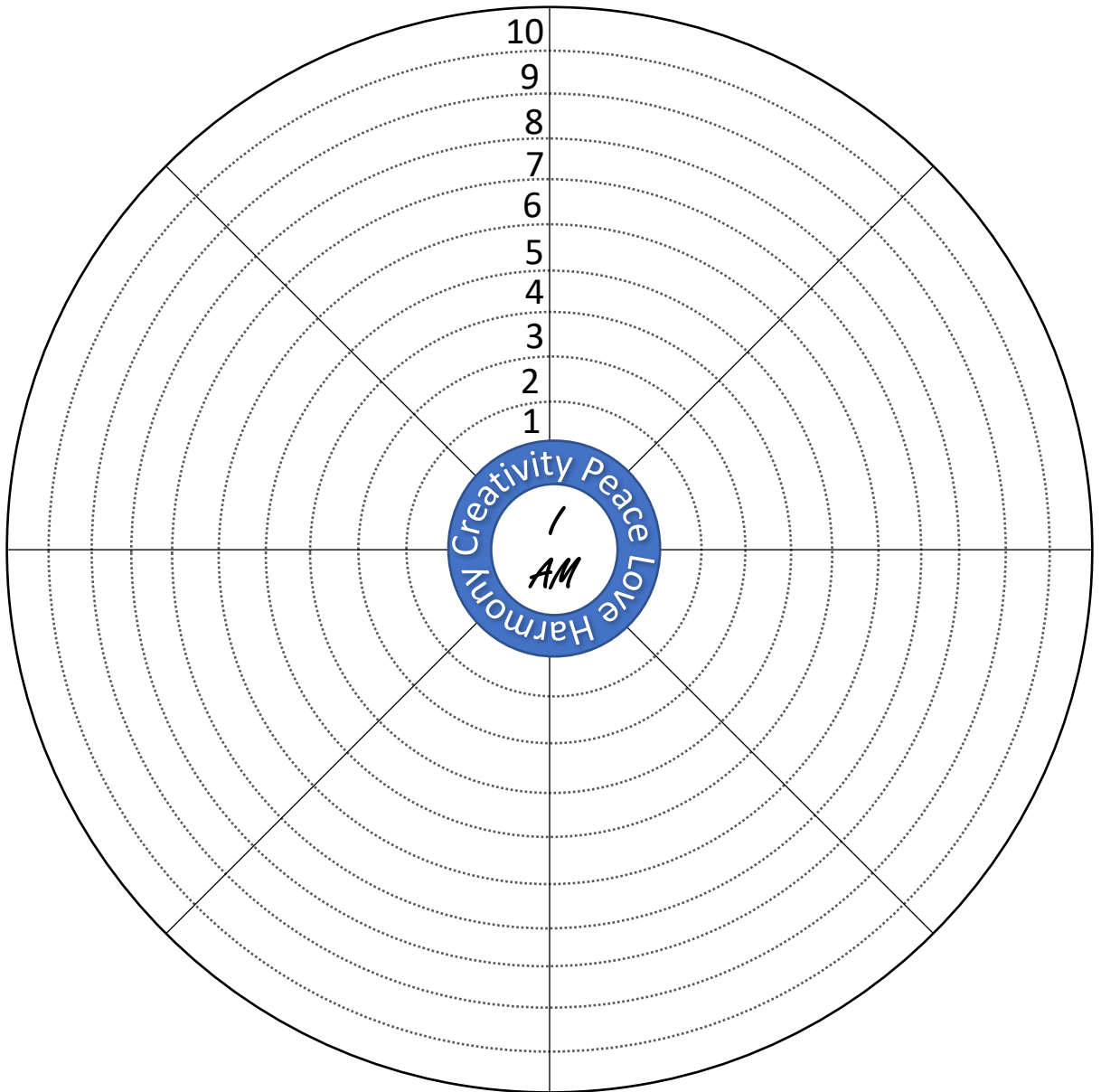


Balancing Your Life

We all experience multiple parts to life. Some of us are employees, some bosses. Some are parents, some of us take care of our parents. Some of us are trying to add more creativity or spirituality to our busy lives.

1. Use the diagram below to write down the various parts of your life. Each section of the pie will represent a different area.
2. Mark the level you think you are achieving in that section of the pie. 10 = "to the best of my ability". 1 = "Hardly at all".



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