

Gospel-Based Discipleship



We begin in the larger Group:

Welcome, announcements and land acknowledgment.

Bell x 3

The Gathering Prayer

A volunteer is chosen to read, or we read together:

Creator, we give you thanks for all you are and all you bring to us for our visit within your creation. In Jesus, you place the Gospel in the centre of this Sacred Circle through which all of creation is related. You show us the way to live a generous and compassionate life. Give us your strength to live together with respect and commitment as we grow in your Spirit, for you are God, now and forever. **Amen.**

Gospel Based Discipleship Rule of Life

is read by a volunteer or together.

Creator God, we acknowledge and give thanks that:

In Jesus we know we belong to a Sacred Circle with the Gospel and Baptismal Covenant in the centre.

In this Sacred Circle:

We are all related;

We live a compassionate and generous life;

We respect all life, traditions, and resources.

We commit ourselves to spiritual growth, discipleship, and consensus.

We break into smaller Groups (breakout of 4-5 people).

A Psalm *may be read by a volunteer, if desired.*

Psalm 133

Oh, how good and pleasant it is,
when siblings live together in unity!
It is like fine oil upon the head that runs down upon the beard,
Upon the beard of Aaron,
and runs down upon the collar of his robe.
It is like the dew of Hermon that falls upon the hills of Zion.
For there the Lord has ordained the blessing: life for evermore.

Reading the Gospel

1. A volunteer reads the Gospel of the day.

Mark 4:35-41 On that day, when evening had come, he said to them, 'Let us go across to the other side.' And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great gale arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, 'Teacher, do you not care that we are perishing?' He woke up and rebuked the wind, and said to the sea, 'Peace! Be still!' Then the wind ceased, and there was a dead calm. He said to them, 'Why are you afraid? Have you still no faith?' And they were filled with great awe and said to one another, 'Who then is this, that even the wind and the sea obey him?'

Silence. Sharing: What word(s), idea(s), or phrase(s) stand out for you?

2. Another volunteer reads the Gospel of the day (above)
Silence. Sharing: What is Jesus (the Gospel) saying to you?

3. Another volunteer reads the Gospel of the day (above)
Silence. Sharing. What is Jesus (the Gospel) calling you to do? (share)

Prayer

Individual and Group Prayers of Adoration, Confession, Thanksgiving, Supplication (ACTS) may be offered by anyone in the group.

Collecting Prayer (Collect)

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking of bread. Grant this for the sake of your love. **Amen.**

We regather into the large group.

Communion

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord**

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

The Celebrant gives thanks to God for the created order, and for God's self-revelation to the human race in history and praises God for the salvation of the world through Christ Jesus.

On the night before he died for us, our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

Remembering now the suffering and death and proclaiming the resurrection and ascension of Jesus our Redeemer, we bring before you these gifts. Sanctify + them by your Holy Spirit to be for your people the Body and Blood of Christ.

The Celebrant then prays that all may receive the benefits of Christ's work, and the renewal of the Holy Spirit.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honour, glory, and praise, for ever and ever. **Amen!**

We say together: **Christ our Passover is sacrificed for us; therefore let us keep the feast.**

A period of silence is kept.

As beloved children of a loving parent, we say together:
**Our Father in heaven, hallowed be your Name,
your kingdom come, your will be done,
on earth as in heaven. Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

Take, bless, break, share.

The communion is given by coming forward for bread. All are welcome at Jesus' table.

Post-Communion Prayer

This or some other prayer is said:

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. **Amen.**

Blessing and/or Sending

This or another form may be used:

The almighty and merciful Lord, Source of All Being, Eternal Word and Holy Spirit, bless us and keep us. **Amen.**

Bell x 3