

# THANKFUL THROUGH TRIALS

## THANKFULNESS THROUGH TRIALS

As kids we were told that there are two magic words please and thank you.

The main reason why it's so hard to be thankful during a rough time is because our definition on thankfulness is only given when received.

### 1. How can we be thankful through trials?

- a. Recognize the Good
- b. Remember the deeds
  - “O give thanks unto the Lord; call upon his name: make known his deeds among the people” Psalm 105:1
- c. Seek His face

### 2. Why should we be thankful through trials?

- a. It is Commanded
  - “In everything give thanks: for this is the will of God in Christ Jesus concerning you.” I Thessalonians 5:18
- b. To Forget not
  - “Abstain from all appearance of evil” I Thessalonians 5:22
- c. He is good

### 3. Outcomes of being thankful through trials

- a. A Tender heart
- b. An understanding of our need for God
  - “Praise ye the Lord. O give thanks unto the Lord; for his is good: for his mercy endureth for ever” Psalm 106:1
- c. Gives us an eternal perspective
  - “Which is but for a moment” I Corinthians 4:16-18