



May 30, 2021

Words of Welcome & Announcements ~ Jan Richardson

Candle Lighting & Centering...

Let us receive the inspiration of the Spirit and the light of Christ.

Gathering Words ~ *Russian Doll* (based on Isaiah 6:1-8, written by Roddy Hamilton, June 9/06, published in *Mucky Paws*.)

Within a mystery
lies another mystery

Within a mystery
lies a sacrament

within a sacrament
lies a journey

through a journey
lies a living

within a living
lies a calling

within a calling
lies our God

within our God
lies a mystery

always a mystery
within another mystery

Things are never as they seem
This is Trinity Sunday
not some enigma to solve
but a mystery to live

Welcome into God

Song of Community ~ *The Spirit in Me Greets the Spirit in You*

Words and music by Jim Strathdee © Desert Flower Music

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Video version: <https://strathdeemusic.com/SpiritGreetsIm.html>

Congregational Theme/Story Time

By the Spirit we're invited into new relationships, new life.

Video option: Jack by Tomie dePaola, read aloud storytime with Nana <https://youtu.be/DokU8yoKxAE>

A Reading from John 3:1-17

Nicodemus came to Jesus with literal, left brained questions. Jesus answered Nicodemus with poetic metaphors; offering new life.

Meditative Prayer: *It Was a Normal Day* *(based on Isaiah 6:1-8)*

It seemed like a normal day.
Pushed myself out of bed.
Argued with my inner voice,
"Stay home," it said. . .

Wrote a reasonable cheque for the offering
Drove to church wondering where I'd eat
afterward

The choir sang.
People prayed.
It seemed like a normal day.

Then God showed up and wordlessly called my
name.
I saw myself as God sees me . . . and wept.
But God touched me,
cleansed me,
and called me.

(PAUSE IN SILENCE)

It was a normal day for God.

http://www.qbod.org/worship/default.asp?act=reader&item_id=47695&loc_id=733,32,52

Minister's Message/Reflection

Hymn ~ *Spirit Open My Heart #79 MV*

Words: Ruth Duck, 1994. Music: traditional melody, Ireland; arr. Arthur G. Clyde, 1997 Words copyright © 1996 and arrangement copyright © 1997 The Pilgrim Press. Used with the permission of OneLicence.net Annual Renewal A-605521 Video version: as recorded for St. Luke's United, Tantallon, NS, by Music Director Laura Beth Smith.

<https://youtu.be/nnU09HqzJvs>

Prayers of the People & The Prayer Jesus Taught

Sending Forth:

We call you glory. We know you as friend.
We receive you as Spirit.

You are the one, holy God, and you call us your own.

We call you God of hosts. We know you as Jesus, child of God.
We receive you as wonder.

You are the one, holy God, and you call us to be messengers.

We call you almighty. We know you as our teacher.
We receive you as holy.

You are the one, holy God, and you send us into the world to tell of your glory.

We think of you in the same way as we think of our parents. We know you as our Saviour.
We receive you as our comforter.

You are the one, holy God. Send us, and we will go!

From page 21 of *Seasons of the Spirit Congregational Life Pentecost 1*.

Hymn ~ *I, the Lord of Sea and Sky #509 VU*

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Video version: St. Andrew's Metropolitan Cathedral, Glasgow. <https://youtu.be/mgLwH5RdtPk>