

Coaching Session Planner

Client:

Date:

1. Focus/Purpose of Coaching Session:

What would you like to focus on in our next conversation that will help you move forward in the goal you named in our coaching agreement?

Specifically, what do you hope to accomplish by the end of our next session?

2. Progress/Celebrations:

What progress have you been able to make? What would you like to celebrate?

3. What challenges are you facing?

4. How might I be praying for you?

5. What progress have you seen over the arc of our conversations together? What has been your greatest insight/surprise in this work?

6. Next session date/time/meeting location: