

# Dare To Care

how to cultivate meaningful relationships

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**MAIN IDEA** || Know the heart, know the person.

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1. Every heart is **loving** something.

**Matthew 6:20-21 [NLT]** <sup>21</sup> Wherever your **treasure** is, there the **desires of your heart** will also be.

**James 1:14–15 [NLT]** <sup>14</sup> Temptation comes from **our own desires**, which entice us and drag us away. <sup>15</sup> These desires give birth to **sinful actions**. And when sin is allowed to grow, it gives birth to death.

**Psalms 62:8 [NLT]**

2. Every heart is **producing** something.

**Luke 6:45 [NLT]**

<sup>43</sup> “A good tree can’t produce bad fruit, and a bad tree can’t produce good fruit. <sup>44</sup> A tree is identified by its fruit. Figs are never gathered from thornbushes, and grapes are not picked from bramble bushes.

<sup>45</sup> A good person produces good things from the treasury of **a good heart**, and an evil person produces evil things from the treasury of **an evil heart**. What you say **flows** from what is in your heart.

- “The glaring behavior you see on the surface is produced by what’s growing below the surface.”

**Mark 7:20–23 [NLT]**

<sup>20</sup> And then he added, “It is what comes from **inside** that defiles you. <sup>21</sup> For from within, **out of a person’s heart**, come evil thoughts, sexual immorality, theft, murder, <sup>22</sup> adultery, greed, wickedness, deceit, lustful desires, envy, slander, pride, and foolishness. <sup>23</sup> All these vile things **come from within**; they are what defile you.”

3. Every heart is **adoring** someone.

***Romans 1:21 [NLT]***

*21 Yes, they knew God, but they wouldn't worship him as God or even give him thanks. And they began to think up foolish ideas of what God was like. As a result, their minds became dark and confused.*

- *"In the very depths of our heart, it is not so much what we love but who we love."*

## How we can move more deeply into someone's life:

1. After you ask, "How are you?", follow the strongest emotions.
2. Notice, affirm & enjoy the good "fruit" that's showing.
3. Use their surface behaviors to help you see what's happening below the surface.

## **CONTINUING THE CONVERSATION**

1. God has revealed to us that every heart is **loving** something, **producing** something and **adoring** someone. Which of those ideas resonates with you the most?
2. What does Good tell us (Rom 1:21) about what kind of help most people actually need?
  - ***Romans 1:21 [NLT] 21 Yes, they knew God, but they wouldn't worship him as God or even give him thanks. And they began to think up foolish ideas of what God was like. As a result, their minds became dark and confused.***
3. Have any of these methods ever helped you more naturally move deeper into someone's life?
  - ☐ After you ask, "How are you?", follow the strongest emotions.
  - ☐ Notice, affirm & enjoy the good "fruit" that's showing.
  - ☐ Use their surface behaviors to help you compassionately see what's happening below the surface.