

#### **Elders**

Harold Carman ❖ Harold Channer John Durkota ❖ Bob Keen Ross Mackenzie

Sherwin Mackintosh ❖ Ray Rowan

Evangelists

Tom Brown ❖ Jeff Hickman

Jordan Massey ❖ Kendall Knight

Women's Ministry

Kelly Brown ❖ Lin Ottenweller LaToya Massey

Youth & Family Ministry
Nick & Brie Shoff

Children's Ministry
Melissa Tulloch

Singles & Young Marrieds Kendall & Dian Knight Campus Ministry

Jordan Massey ❖ Cody Porter
Worship & Creative Arts Ministry

Sherwin & Debbie Mackintosh
Chase Mackintosh

Administration/Operations

John Hanes & Vivian Hanes ❖ Megan Famodun

**Missions Teacher** *Dr. Douglas Jacoby* 

YES! Ministry

Jasmine Jackson

**Ministries & Mission Efforts:** 

Africa, Auburn-Tuskegee, Chattanooga, the Caribbean, Europe, Knoxville



### Communities

East

Jacinto & Rochelle Hall

East Cobb (Sandy Springs)
Tom & Kelly Brown
Stephen & Susan Adkins

Intown

John & Vivian Hanes

John & Vivian Hanes
Northwest

(Kennesaw, Acworth) Sherwin & Debbie Mackintosh

Marietta Square
Jeff Hickman & Lin Ottenweller

North Marietta
(South Woodstock)

Matt & Enid Tchir
South

Gary & Dena Adams

West Cobb (Smyrna) Teregi & Anne Coleman

### Community Leader/Staff Emails name@nrcoc.com

(example: tombrown@nrcoc.com)

newsletter@nrcoc.com

320 Austin Ave NE Marietta, GA 30060 www.nrcoc.org

# Happy Mother's Day



Happy Mother's Day to all of the mothers, grandmothers, and spiritual mothers! We hope you enjoy!

# **New Baptisms!**

"Your words became to me a joy and delight to my heart, for I am called by your name, O Lord..." (Jeremiah 16:16). **Katlyn Yancey** (right) is a sophomore at Georgia State University, and received God's words with JOY this semester. We met Katlyn when she saw us sharing our faith in January. We didn't introduce ourselves to her - she saw us, bought us food, thanked us, and introduced herself. This is just one example of Katlyn's genuine heart to seek God and pursue deep faith. She studied the Bible this semester and decided that she wanted to completely surrender her life to Jesus and make him Lord on Saturday, May 1. She is looking to loving and sharing her gifts with her new spiritual family!





Blaine Graham (center) just finished his freshman year as a Marketing major at GSU. He has devoted himself to seeking God and changing his life to follow Jesus this past semester. He has grown in many ways, but his desire to do right by God may be the biggest. He is a great friend to others, and he is a humble learner. I think God is going

to use him in some really great ways. Welcome to God's kingdom, Blaine!

# **Season of Generosity Prayer Chain**

From May 16-23, we will be united in prayer for our Season of Giving Prayer Chain. All across the city of Atlanta, we will be pleading with God to bless our Season of Giving and lifting our missions efforts. It will start at 12:30 pm on May 16 and end at 10:30a on May 23. The sign-up will be available this Sunday on the website. We know the most important thing we can do during this time of giving is to move the hand that moves the world! "The prayer of a righteous person is powerful and effective." James 5:16 NIV

### 5th Grade Graduation



We were thrilled to celebrate our rising 5th graders and their families in a children's ministry graduation ceremony this past Saturday entitled "Rise Together." We had dinner and Kona ice, a glam booth, a scavenger hunt, Gaga ball, and many special fellowships. The kids received the traditional engraved Bible and a cool T-shirt to commemorate this occasion. After a long, challenging year, these kids and their parents enjoyed a warm welcome from our youth and family ministers and a sweet farewell from the

children's ministry as they transition to the middle school ministry.

### **End-of-Year Water War**



We have had a bizarre school year, but we want to celebrate it in a BIG WAY! Please join us for a Nerf and water weapon battle on May 30 at 12:30 pm on the church campus for kids rising into the

1st through 5th grades. Younger kids are allowed as long as they're able to handle the heat of battle! (For those less inclined toward battle, there will be some other less adventurous activities.) Either way, we hope you join us for a wet and wild, fun time. Popsicles and water will be served... possibly other food as well.

Please <u>click here</u> to register, and please stay tuned for further details!

#### **Vacation Bible School**



River Kids Outdoor VBS June 7-10 from 9:30-12 pm: You can find all details

at registration! If you are considering sending your children, please plan to volunteer in some way!

Please <u>click here</u> to register.

Please <u>click here</u> to sign up to volunteer.

### RIVER KIDS' TABLE TALKS

Hey River Kids! Our latest table talk video is here! Table talks are a family devotional set in a meal-time casual format for families to connect with their kids spiritually with minimal effort involved! Your goal as their parents is to facilitate spiritual connection and conversation, and we pray table talks will make that process simple for you.

Please check out the videos here: <a href="https://youtu.be/x-IGDdJouOs">https://youtu.be/x-IGDdJouOs</a>.

Tuesday Women's Bible Study

### **HELP WANTED: Join the Newsletter Team**



The Newsletter is looking for a volunteer to help with the Newsletter editing/formatting. Please email: newsletter@nrcoc.com if you are interested in serving in this way. Thank you!

# Tuesday Women's

The next Tuesday Women's Bible Study will meet on May 18 at 10:00 am in the Lighthouse Atrium. We are planning to meet every other week on the following dates: May 18; and June 1, 15, and 29. We are excited to do a series on Women of the Bible. We will be following the North River protocols, by social distancing, and wearing masks. Please join us if you are able!

### Faith for Life



What does every Christian need to know and do to stay faithful for life? We're inviting all Christians to explore biblical principles and practical advice to answer that question. If you are young in the faith or just need something to help reinforce your foundation, this course is for you. We'll explore topics like:

- How do we have a heart and mind devoted to God's Word?
- \* Why should I pray if God already knows everything?
- \* How do we deal with our sins and the sins of others?
- \* The Holy Spirit, the body of Christ, understanding grace, and more.

You'll benefit the most from this if you fully commit to all the sessions. Also, if you have someone that is mentoring you, please ask them to attend with you.

Our first was on April 18. We'll have six sessions, one per week on Sundays.

#### To register from the browser:

- 1. Go to classroom.google.com
- 2. Login with your Google account (it's free to make one)
- 3. Click the "+" symbol, then "Join class."
- 4. Enter the class code to join: ry3w2eq

### To register from the Google Classrooms app (on your phone/tablet):

- 1. Tap the "+" symbol, then "Join class."
- 2. Use the same code above

All the communication for class materials and virtual meeting rooms will happen through Google Classroom, so please sign up.

We are looking forward to seeing you.

### **Season of Giving**



This year, we are having our Season of Giving running from April through June. Your generosity last year has helped us provide tremendous support to various mission efforts here and around the world, especially during the onset of COVID-19. We ask and hope that you will generously give to help us continue "Building Together" and supporting these mission efforts.

You can give any time, designating your offering for the Generosity Sunday "Season of Giving."

You can give online or send a check by mail to 320 Austin Ave. N.E., Marietta, Ga. 30060.

Thank you, North River, as your continued generosity continues to grow our mission to make disciples all over the world.

"Remember this — a farmer who plants only a few seeds will get a small crop. But the one who plants generously will get a generous crop. You must each decide in your heart how much to give. And don't give reluctantly or in response to pressure. For God loves a person who gives cheerfully." 2 Corinthians 9:6-7

# **BACKpack 2 SCHOOL Donations Needed!**

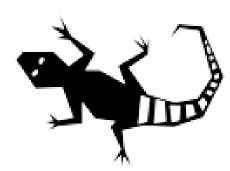


North River Family, two of our favorite annual summer events are quickly approaching: VBS (6/7-10) and BACKpack 2 SCHOOL (7/24). We will have another drive-thru edition of BACKpack 2 SCHOOL for our friends and neighbors, and VBS participants will be stuffing backpacks with school supplies as a way to give back. This is where our amazing members come in....WE NEED BACKPACKS AND SCHOOL SUPPLIES! Please consider picking some up to donate by May 30. A list of supplies can be found on our webpage: https://nrcoc.org/ministries/yes-program

If you are attending an in-person North River service, you can leave donations in the donation closet in the auditorium's foyer through May 30. Please remember this is a small closet so we should not place random food or clothing

donations here, it's only intended to hold the donations being solicited at any given time. If you are not attending any in-person services in May, please email northriveryes@gmail.com to arrange for your donations to be picked up. Thank you, family, for your continued open-handedness to our community!

# Camp Swamp is Open!



We are so excited for the opportunity for our kids and young adults to get back to "connection" with us, each other, and God at Camp Swamp. Please <u>click here</u> to watch our video.

Praying that the children of the next generation can find "new ways" (virtual camp/esports) to connect, but not lose the art of the "old ways" (good old fashion dodgeball/gaga ball/mud tug of war) either!

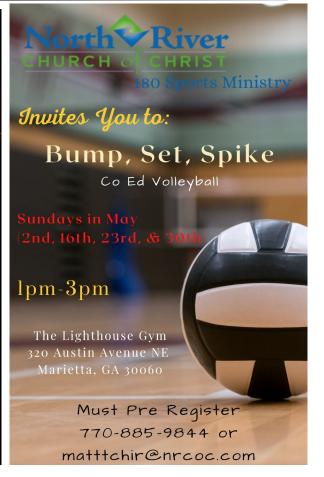
https://www.campswamp.com/

# Sports Ministry Update

Contact Matt with any questions or interest to be put on the Sports Ministry email list:

770-885-9844 or matttchir@nrcoc.com





# Let Us Pray...

I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people - for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all people to be saved. — 1 Timothy 2:1-4a

### May 9-15, 2021

9	10	11	12	13	14	15
9a "Faith for Life" 11a Limited In- Person Livestream/ Service			Community/ FG Mid-week	S.A.L.T. Midweek 10a		
Athens, GA	ACOC @ Gwinnett	Birmingham, AL	Augusta, GA	Asheville, NC	Savannah, GA	Knoxville, TN

# **North River Campus Attendance and Meetings**

Just a friendly reminder to everyone that the North River campus is gradually reopening. Please submit any meeting requests to your Community leader. They are reviewed every Wednesday at the NR staff meeting.

### For Your Future Calendars:

Apr - June: Season of Giving

• May 18 : Tuesday Women's Bible Study

May 27 : S.A.L.T. MidweekMay 30 : Y&F Water War

• June 7-10 : VBS

### **Prayer Requests**

"Pray in the spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere." - Ephesians 6:18

- Mike Worsham, husband of our sister Kathy Worsham, is currently in hospital care, he is in serious condition. Please pray for Mike and Kathy, he is not having visitors at this time.
- Please pray for Kendrick Bussard (Debbie Gaskill's Son)

For specific prayer requests during this time of social distancing and racial injustice, please email PRAYERS@NRCOC.COM.

Have any prayer requests you would like in the Newsletter? Email Newsletter@NRCOC.com

# **Children's Ministry Volunteers Needed**

I often wonder where Jesus would be on a Sunday morning. I would submit to you he might be sitting with the children in a River Kids' classroom! We NEED you! Please consider signing up to teach so that we can open our classes back up! Register to teach here today.

# 2020 Giving Statement Reminder

On January 11th, the Administrative office sent out an email from Megan Famodun with a letter from our CFO, Vivian Hanes, as well as a link to your 2020 Giving Statement. It should've been sent to the email you use for online giving. If for some reason you did not receive it or if you have any questions about your statement, please reach out to Megan Famodun at <a href="mailto:meganfamodun@nrcoc.com">meganfamodun@nrcoc.com</a>. We are immensely grateful for your partnership in the ministry of the gospel and are looking forward to what 2021 will bring!

### **Weekly Contribution**

Average Giving in April was \$43,322 Contribution Goal for May is \$47,000

Date	Contribution
Apr. 18	\$42,401
Apr. 25	\$41,801
May 2	\$49,510

Thank you to our members for giving one time and make-up contributions! We appreciate your generosity!

# Join us! Apologetics/Evangelism Course: January 16 — May 16

This course, taught by Douglas Jacoby and Joey Harris, introduces the student to Apologetics and Christian Evidences, from the Creation/Evolution debate to Archaeology to Theodicy (the problem of suffering)--and much more! You will learn how to put together convincing presentations for unbelievers and make apologetics a part of your personal ministry (also valuable in campus ministry, teen ministry). This is a double-length course and will teach more effective ways of evangelism through learning how to ask questions designed to make people think and to gently challenge their assumptions in ways that draw them closer to God. To please register, go https:// www.athensinstitute.org.

# **Covid Task Force Video Update**

Please <u>click here</u> to watch our recent Covid Task Force Video Update

# Wait! Don't Stop Now! There's More...



If you are not receiving church updates/ alerts through email, please check your spam folder (these messages most often come from <a href="mailto:kianapickens@nrcoc.com">kianapickens@nrcoc.com</a>) or contact your Community leader to get your name added to the list.

@NorthRiverCOC



# In-the-Know Shortcuts!



- Visit www.nrcoc.org for information and updates.
- Follow @NorthRiverCOC on <u>Facebook</u>, <u>Instagram</u>, <u>Twitter</u>, and <u>YouTube</u> for regular updates.
- Watch the Livestream of services online or Facebook.
- Read the <u>full newsletter</u> online to get all the information you need.
- Keep your information updated <u>using this form</u> (<u>bit.ly/2Q9aHRC</u>) to get email updates.
- Give online on <u>Tithely</u> or to plan regular giving. You can also text GIVE to (470) 460-6991.
- Stay connected with your Family Group and Community leaders. If you don't have one, please contact <u>kianapickens@nrcoc.com</u> or a friend who has invited you.



# We have a Podcast!

We will be posting audio content each week with our Sunday sermons going live every Monday morning. In the show notes for the sermons, you'll find study/discussion questions for you and/or your small group! We've also started a devotional program called "Manna in a Minute," with short 1-2 minute devotionals going out multiple times a week. These are designed to help us focus our hearts and minds as we go about our busy week. In addition to this, we are designing additional programming to incorporate into our podcast platform in the coming weeks and months. You can find "North River Podcast" wherever you get your podcasts. Please subscribe and check back regularly!

### Join the Crew!



"And God said, 'Let there be light,' and there was light." Genesis 1:3

While God simply yet powerfully spoke it into existence on such a massive scale, North River relies on our talented lighting crew every week to illuminate the sanctuary for our weekly services, helping to set the tone for worship, for which we are exceedingly grateful. Without this crew, our worship team would be heard but unseen. There are currently open positions on the crew, and if you would like to serve in this fashion, we'd love and appreciate your help! Training is available if you feel motivated but inexperienced. This is a unique opportunity to serve the congregation in a very special way! Please contact Andy Pilcher (andypilcher@nrcoc.com) or Sherwin Mackintosh (sherwinmackintosh@nrcoc.com) for further details.



# **North River's Vision Statement**

We are a diverse family of believers who answered the call to be disciples of Jesus Christ. We are being transformed by God's Word, His Grace, and the Holy Spirit. Through small groups and deep relationships with one another, we join in Jesus' ministry and mission to make and mature disciples while we care for the needs of people. We do this to save as many as possible for the glory of God.



# 2021 Sunday Series: Faithful Together

In 2021, we'll be focusing on "Faithfulness." Not so much our faithfulness, but we'll be turning our attention to the fact that "He is faithful." As we reflect on the faithfulness of the Father, the Son, and the Spirit, we are convinced we'll be inspired to respond with all of our hearts by choosing to live "Faithful Together." We will pray, fast, study, and serve TOGETHER. No matter what challenges we face in the new year, let's make sure we live "Faithful Together!"

### Coronavirus Risk Guidelines

Our own Dr. Kevin Broyles came up with the following chart linked here and on the last page that can help you assess the risk of a social gathering. He based it on the best practices and recommendations of organizations like the CDC, WHO, Johns Hopkins University, and Georgia Department of Public Health, but the chart is not reviewed or endorsed by any of those organizations. The chart is NOT medical advice or a substitute for doing your own research, but it is additional information.

To use it to assess the relative risk of an outdoor or indoor activity, first look at the <u>Outdoors</u> column (if the event you are considering attending will be outdoors) or the <u>Indoors</u> column (if the event is indoors). Find the rows in the <u>Number of People</u> column that accurately describe the number of people at the event. Then ask whether or not everyone is wearing masks (YES in the <u>Mask</u> column) and whether or not everyone is social distancing (YES in the Social Distancing column). The level of risk varies depending on each of these factors.

### **POSTPONED: 2020 Vision Conference in Orlando**



For all the latest updates go to the website HERE.

It is with mixed emotions that we will be unable to host the VISION Conference in Orlando this summer. However, it has become apparent that the impact of COVID-19 has overshadowed the possibility to actualize this worldwide event this year as planned. We, like many of you, were certainly looking forward to a time of fellowship and celebration, and so this is a disappointment for sure.

So in order to find available dates, we have decided to stagger the conference. Instead of hosting more than 20,000 disciples over the same four days, we'll see two (2) distinct waves of attendees that will put less demand on the hotels, nearby restaurants, public flow within our venues,

and an overall reduction of our mass gatherings at any one time: NEW DATES FOR THE 2022 WORLD DISCIPLESHIP SUMMIT:

JULY 28-31 ICMC: (Campus) and ISC (Singles)

JULY 31-AUG. 3 ILC: (International Leadership Conference)

AUG. 4-7 FAMILY: (Parents, Single Parents, Kids, Middle & High Schoolers)

FOREVER FAITHFUL: (Empty Nesters, Marrieds w/o Kids, Retirees)

**SPANISH Conference** 



# SUBSCRIBE: NR New Weekly E-Newsletter

While we will continue to update this newsletter and put all baptisms, births, and weddings in the first issue of the month, we want to make sure you get our weekly enewsletter. These will come from <a href="MorthRiverUpdates@NRCOC.com">NorthRiverUpdates@NRCOC.com</a>. If you have not been receiving these emails, please search your inbox for the above email address, or subscribe and update your information here!

# **Biblical Study Tour: Turkey**



Travel to Turkey (Ephesus, Attalia, Laodicea, Istanbul) with our teacher Douglas Jacoby and brothers and sisters from around the world to go on a journey that will bring the world of the Bible to life. For more

information, visit:

https://www.douglasjacoby.com/2020-biblical-study-tour-turkey/.

October 18-25, 2021 (Pretour: October 15-18)

# **2022 Biblical Study Tours**

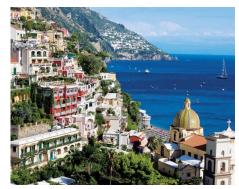


We hear a good deal of talk about doing what Jesus would *do (WWJD?)*, but how about walking where Jesus walked? We would like to invite you to join the 2022 annual tour as we return to Israel.

# **Biblical Study Tour to Israel**

February 6-13, 2022 (Post Tour February 13-16, 2022)

# Paul's Prison Journey — Malta, Sicily, Italy



We will be tracking Paul's final journey in the book of Acts. Join us on this incredible voyage through a truly beautiful and historically fascinating part of the world.

All details can be found on the homepage of Douglas Jacoby at <u>douglasjacoby.com</u>, or shoot an email to <u>dj@douglasjacoby.com</u> to express your interest.

### October 29-November 8, 2022

# Douglas Jacoby Podcasts Now on Apple Podcasts, Spotify, & Google!



The Douglas Jacoby Podcast is dedicated to sharing the audio files of the International Teaching Ministry. The goal: to help us to THINK ABOUT FAITH. Podcasts are added Monday, Wednesday, and Friday.

You can check them out anywhere you normally listen to podcasts (<u>Apple Podcasts</u>, <u>Spotify</u>,

<u>Google</u>)—please make sure to subscribe. You can also follow the episodes, as they are posted, by following <u>this link</u>.

The series so far (soon to be 200 podcasts):

- Old Testament characters
- Messianic Judaism
- New Testament characters
- Important Issues
- Psalms & Proverbs

# WITW: Where in the World is Douglas Jacoby?

2021					
Interview with Third Drive					
Middle East Program: The Holy Spirit, Christendom, and Practical Christian Living					
Athens Institute: Old Testament Survey					
Honolulu – Sunday Message					
Interview: Truth Trauma Theology					
Middle East program: The Holy Spirit, Christendom, and Practical Christian Living					
Interview with Kristen DuMez on "Jesus and John Wayne"					
Oslo, Norway: Sunday Sermon					
Izmir, Turkey: Tutku Historical / Archaeological Conference at Sea					
Izmir, Turkey – Global Smyrna Meeting					
Tirana, Albania					
Dubai, UAE, & Kuwait: Series Final					

# 3 Easy Ways to Give Online



- Online: Visit https://tithe.ly/give?c=467483
- App: Download the BLUE Tithe.ly Church App, then search for North River Church of Christ
- Text: Text the word GIVE to (470) 460-6991

You can set up recurring gifts and also cover the processing fees for your donation if you wish. If you have any questions about setting up your giving on Tithe.ly, please call the church office at 770-792-8133 or email meganfamodun@nrcoc.com.

# **Need a Place to Stay?** Have a Room for Rent?



There are several people in the North River family who are looking for housing or roommates. (This includes single women, single men, and sometimes couples)

There ALSO might be those among us who have a spare room, a basement, or an in-law suite. We

would love to match people up and even help start some new spiritual households! If you would like to help or need help, please send any info to our volunteer Sierra hospitality

at sierrapierce19@gmail.com. Pulling all together, we can meet many needs. Thank you.

# A Special Way to Support Camp Swamp

Did you know you your online shopping with one



simple extra step? Simply visit smile.amazon.com, do your shopping, and upon check out, Amazon will donate a share of your purchase to Swamp Camp Services Inc. No extra fees! Shop till you drop and support Camp Swamp.

Thanks, Jeff Rorabaugh

# **Contact the Newsletter Team**

Like this newsletter? Have something you'd like posted here? Want to help out? Awesome! Please email: newsletter@nrcoc.com. Requests sent to other email addresses may or may not find their way to the newsletter team in time! We try to accommodate everyone and would hate to miss an important announcement sent to an email address not checked regularly. The weekly deadline is Wednesday at midnight to newsletter@nrcoc.com. Announcements or requests received after the deadline may not be included. Thanks, the Newsletter Team.

# How to Get Your Kids in Children's Classes



Please watch the video at https:bit.ly/2Zu7Xo9 to learn how to register your kids into our program, which will allow you to check them in using our digital check-in process. You can access the form to sign up your child at http://bit.ly/riverkidsregistration. If you do not re-register your kids using these forms, we won't be able to check them into class, so this is very important. Please feel free to reach out to me or anyone on our team at childrensministry@nrcoc.com or melissatulloch@nrcoc.com with any questions!

# Requesting a Room or Building at North River

(All Reservations for Facilities on Hold)

As good stewards of all that God gives us, let us keep the following in mind concerning our buildings:

- Treat the buildings as though they are your home. (They are!)
- To request a spot go to www.nrcoc.org, click on Resources and select Facility Request. Easily fill out and submit from a phone or laptop.
- All private events for members (weddings, birthday or grad parties, showers, etc.), will incur charges.
- HVAC systems and security are scheduled ahead of time, so we ask that you put in all requests at least two weeks before your event. Most requests are processed within 48 hours.
- Members and guests are not permitted to use any rooms without a reservation.
- Bear with each other if you don't get your desired spot – or for the time you need it. Flexibility is key!
- Reminder: The FLC and The Lighthouse are **NUT-FREE**. Please keep this in mind when bringing lunch or potluck meals. Thank you for keeping those with serious food allergies safe.

Thanks for cooperating. Please send your questions to events@nrcoc.com.

by Kevin Broyles - 25 May 2020

The levels of risk are based upon current national and local data and medical opinion.

The data and guidelines are not black and white; we are in a gray zone.

Type of Meeting	Number of People*	Outdoors	Indoors	Mask*	Social Distancing*	Level of Risk*
Virtual	N/A	N/A	N/A	N/A	N/A	0
In Person	5 or less		YES	YES	YES	1
In Person	10 or less	YES		YES	YES	1
In Person	6 or more		YES	YES	YES	2
In Person	11 or more	YES		YES	YES	2
In Person	5 or less		YES	NO	YES	3
In Person	5 or less		YES	YES	NO	3
In Person	10 or less	YES		NO	YES	3
In Person	10 or less	YES		YES	NO	3
In Person	6 or more		YES	YES	YES	3
In Person	11 or more	YES		YES	YES	3
In Person	6 or more		YES	NO	YES	4
In Person	6 or more		YES	YES	NO	4
In Person	11 or more	YES		NO	YES	4
In Person	11 or more	YES		YES	NO	4
In Person	5 or less		YES	NO	NO	4
In Person	10 or less	YES		NO	NO	4
In Dassan	C 01 m 010		VEC	NO	NO	
In Person In Person	6 or more 11 or more	YES	YES	NO NO	NO NO	5 5

* Potential Level of Risk	0 - no risk	1 - very l	ow risk	2 - low risk	3 - moderate risk	4 - high risk	5+ very high risk
Potential Risk Calculator	Vi	irtual	0 Point				

Potential Risk Calculator	Virtual	0 Point	
Not virtual -	ace to face	Add 1 Point	
Indoors > 5 people or Outdoors	> 10 people	Add 1 Point	
Not we	ring masks	Add 1 Point	
Not socia	l distanced	Add 1 Point	
Older, Immune Compromised, Chron	nic Diseases	Add 1 Point	

\* Number of People CDC recommendations: Indoors group of 5 or less people, Outdoors group of 10 or less people

\* Mask Remember: Masks are helpful to keep you from spreading coronavirus to others, they do not keep you from getting an infection.

\* Distancing CDC distancing recommendations based on activity:

Normal activity (conversation, walking) - 6 feet apart

Vigorous activity (like exercise, sports, singing, forceful speaking) 12 feet apart

Time of exposure: longer times (>15 minutes) are more risk than short times

Do not expose others or be exposed to anyone with symptoms: cough, fever, flu or cold-like symptoms, or recent exposure to a COVID-19 positive individual

Smaller spaces have higher risks (bathrooms, elevators)

Hygiene Wash your hands frequently (5x/day - reduces risk by 35%)

Clean exposed surfaces

Do not touch your face, eyes, mouth

Current Thoughts Transmission Up to 40% of people can be contageous before they have symptoms

Transmission 35% of people infected will never have symptoms

Without social distancing it was estimated that the USA would have had 35 times the number of deaths Social distancing

Children 150 cases of pediatric multi-system inflammatory syndrome after have COVID-19 infection Contact Tracing Georgia Public Health Department will begin tracing contacts in the near future

Vaccine Some optimism from one company about an effective vaccine - would be available January 2021 at the earliest

Treatment Some positive results from remdesivir combined with other medications in hospitalized patients

Treatment No scientific evidence that hydroxychloraquine or chloraquine is helpful to prevent or treat, some evidence it is harmful.

Antibody Test A qualitative test. It is either positive or negative (doesn't measure level of antibody)

Antibody Test Becomes positive after 7-14 days of exposure or symptoms. If tested too early - may get a false negative.

Antibody Test Positive test doesn't mean immunity.

The information provided in this document is intended for general knowledge only and is not a substitute for professional medical advice or treatment for specific medical conditions. You should not use this information to diagnose or treat a health problem or disease without consulting with a qualified healthcare provider.

Please consult your healthcare provider with any questions or concerns you may have regarding your condition.

This chart is not endorsed by the CDC or any government agency.

The results are meant to help you assess relative levels of risk, but may not be reliable based on your facts or your situation.

Please also check local statistics and data for your geographic area for additional risk assessment information.

References:

Georgia Department of Health: https://dph.georgia.gov/

Centers for Disease Control and Prevention: https://www.cdc.gov/coronavirus/2019-nCoV/index.html

World Health Organization:

https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports

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