



ST. ANDREW'S UNITED CHURCH

April 23rd, 2021

Minister: Rev. Tim Bowman

Music Director: Deborah Handley

Pianist: Jacob Greenan



ZOOM INFO FOR REGULAR GATHERINGS:

These times and login credentials will remain the same until further notice, regardless of whether you receive an invitation.

Sunday mornings at 10:00 am.

Direct Link:

<https://us02web.zoom.us/j/5783186702?pwd=VUIza285T0c5T0dkK243QUNXaS9jdz09>

By phone: call 1 778 907 2071. After connecting, when asked enter the Meeting ID: 578 318 6702, and then when asked, enter the password: 839660.

Virtual Coffee Time: Thursday at 2PM or Bible Study Wednesday between 3:30 and 4:30.

<https://us02web.zoom.us/j/5410632113?pwd=eDhHL3ZUMkszcFARQzlyZ2lXbEExdz09>

By phone: call 1 778 907 2071. After connecting, when asked enter the Meeting ID: 541 063 2113, and then when asked, enter the password: 123

Readings for April 25th , 2021

1 John 3:16-24

John 10:11-18



Hymns and Music for April 25th , 2021

VU 574 - "Come, let us sing of a wonderful love"

VU 477 - "I Come with Joy"

MV 161 - "I have called You by Your Name"

MV 185 - "Ev'ry Day is a Day of Thanksgiving"

VU 960 - "The Lords Prayer"

VU 421 - "Lead On, O Cloud of Presence"

CONTACTING REV. TIM AND JEANETTE:

Please note the office is closed until further orders from Dr Bonnie Henry are issued. Rev. Tim and Jeanette will be working from home. Tim's office hours are Tuesday through Friday, 9 to 5. He can be reached on his cell phone at 1-778-791-3545, or email him at bowmantimothy@gmail.com. Jeanette is also working from home as much as possible and can be reached at 1-604-799-5375. This is a Chilliwack # or mission.uc@shaw.ca

ROMEO



Romeo (Retired Old Men Eating Out)

All men from all Congregations are invited to this Zoom meeting every other Friday at 8:00 am. The next meeting is on Friday, April 30th, 2021. Why not join and have some great breakfast company? By phone: call 1 778 907 2071. After connecting, when asked enter the Meeting ID: 849 713 94 320, and then when asked, enter the password: 33737

Funny Quotes:

IF YOU'RE
ALWAYS RACING
TO THE NEXT
MOMENT,
WHAT HAPPENS
TO THE ONE
YOU'RE IN?

Enjoy
the
RIDE

YOUR Beliefs
DON'T MAKE YOU
A BETTER PERSON,
YOUR
Behavior
DOES.

"Never worry about numbers.
Help one person at a time,
and always start with
the person nearest you."
- Mother Teresa





Top 10 Tips for surviving and thriving in a changing and sometimes crazy world...by Petrene Soames

Recently I have had many clients who are reporting depression and feelings of fear and hopelessness about the current world situation and who are feeling that life is a constant struggle. I put together these few thoughts and suggestions for us all to consider and use. I hope they will inspire, provoke thought and even bring a smile. No matter what is happening or seems to be happening in the world, it is important to remember that nothing is ever only as it seems... Let's never forget that it really is a beautiful world that we live in...

1. Look after and take care of YOU in both big and small ways. Improve your diet, insist on getting enough sleep, maybe a good multi vitamin is appropriate for a while, deal with any ongoing health issues now.
2. Ease your heart... Recognize, work through, heal and release any and all emotional pain, anger, bitterness, resentment and hate. Holding on to these things can be extremely harmful and damaging to ourselves. Whenever possible "send

them love". It's so much more powerful and good for your emotional heart and well being

3. It's ok to keep an eye on and an ear open to local, national and world news and have awareness of what's going on but if it feels like a constant drama or soap opera it's time to turn it OFF! Non-stop negative news makes us feel anxious and afraid and the world starts to feel like just a scary place... Change track on this now. Look for good news, positive news, happy news... The world is full of it! Start your day or week or life off by looking for good news! It feels good to feel good!
4. Take a step back. Stop taking things so very personally. Start looking for and expecting the best solutions and outcomes even when this does not at the moment appear possible or likely...
5. Each day or as often as you can, create balance by doing or gifting yourself something for your physical, mental, emotional or spiritual self.
6. Love to love and to be loved. Love is the elixir of life itself! If there is no one there to love you, love yourself! Start now to learn what that means and how to do that for you...
7. Develop your hopes and dreams! Have pleasant, fun and enjoyable things to look forward to! Add more joy and fun to your life... It's great and absolutely necessary to look forward in this way but just also make sure you remember to bring balance by practicing being mindful and living in and enjoying the now...

8. Find what is stable and solid for you. Do it, have it and embrace it often...
9. Make and take time for YOU...
10. Find glorious color everywhere and embrace color in your life...



Announcements

A message from, our newest member Jaxon Welsh:

I'm honored to be a part of St Andrews United Church and I can't wait for covid to end so we can all sing and praise God together and I look forward to meeting you all soon!



Our Prayer List

The result of Prayer is Life. Prayer irrigates the Earth and Heart. Author Unknown

Please hold these people and families in your heart and prayers:

Cyril
Anita and family
Greta and family
Waller family
Gem
David,
Annie,
Marilyn,
Devon and family,
Paulette and family,
Loa
Lynea and family

Blessings Linda B.

Dream Catcher:

Dream catchers are meant to ward off bad dreams and can be easily made. They are not always time-consuming to make and is a perfect craft for adults as it helps to add color to your home decor.

Speciality: These are simple and easy craft ideas for adults that make good gifts.

Material:

- Scissors
- Yarn of different colors
- Colorful beads and feathers
- Metal Ring
- Glue

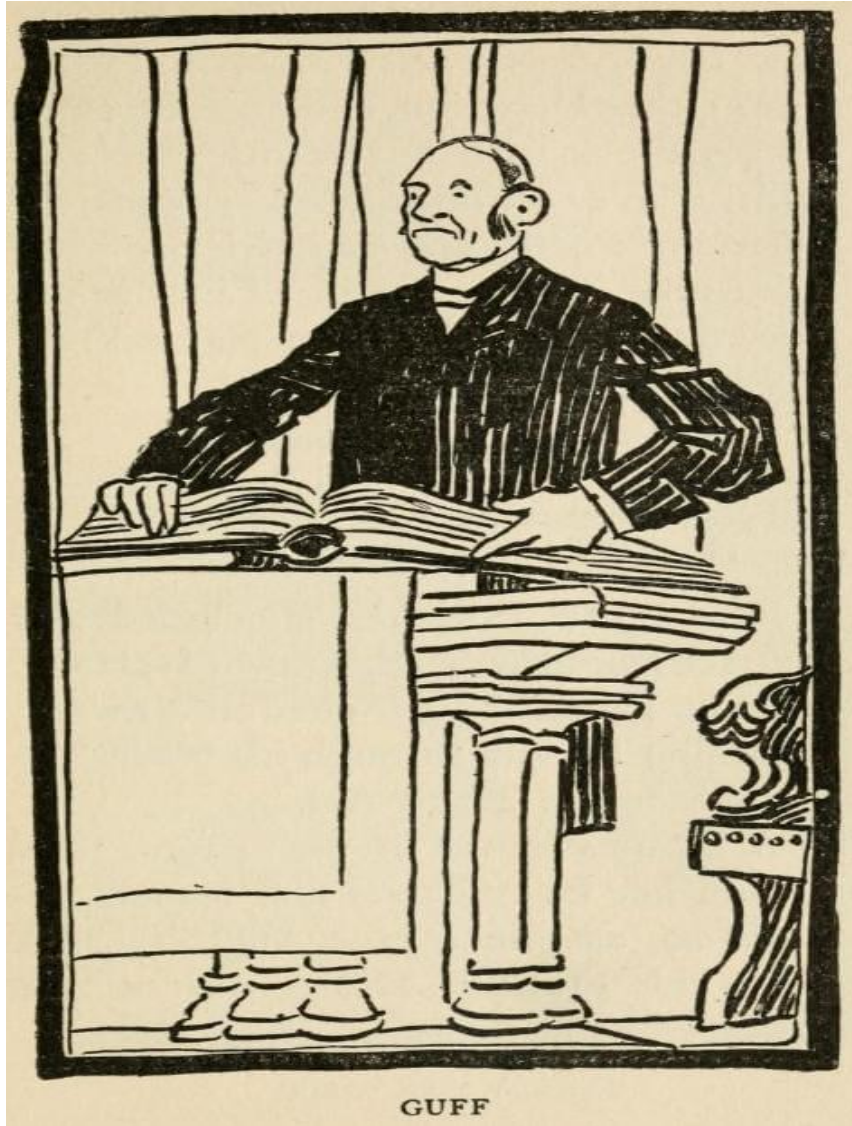
How to Make:

1. Tie one end of the blue yarn to the ring and secure it with a double knot.
2. Now wrap the yarn all around the ring as shown in the picture.
3. Take the pink-colored yarn and wrap it around the outer part of the ring, creating a design of your choice.
4. Cut off the excess yarn.
5. Make a loop on top to hang the dream catcher.
6. Use white yarn to hang the beads and feathers.
7. Slide in a feather through the hole of the bead and secure it using glue.
8. Do this for the side strands too.



The Fable of the Preacher Who Flew His Kite, But Not Because He Wished to Do So

by [George Ade \(1899\)](#)



A certain Preacher became wise to the Fact that he was not making a Hit with his Congregation. The Parishioners did not seem

inclined to seek him out after Services and tell him he was a Pansy. He suspected that they were Rapping him on the Quiet. The Preacher knew there must be something wrong with his Talk. He had been trying to Expound in a clear and straightforward Manner, omitting Foreign Quotations, setting up for illustration of his Points such Historical Characters as were familiar to his Hearers, putting the stubby Old English words ahead of the Latin, and rather flying low along the Intellectual Plane of the Aggregation that chipped in to pay his Salary. But the Pew-Holders were not tickled. They could Understand everything he said, and they began to think he was Common.

So he studied the Situation and decided that if he wanted to Win them and make everybody believe he was a Nobby and Boss Minister he would have to hand out a little Guff. He fixed it up Good and Plenty.

On the following Sunday Morning he got up in the Lookout and read a Text that didn't mean anything, read from either Direction, and then he sized up his Flock with a Dreamy Eye and said: "We can not more adequately voice the Poetry and Mysticism of our Text than in those familiar Lines of the great Icelandic Poet, Ikon Navrojk:

When the Preacher concluded this Extract from the Well-Known Icelandic Poet he paused and looked downward, breathing heavily through his Nose, like Camille in the Third Act.

A Stout Woman in the Front Row put on her Eye-Glasses and leaned forward so as not to miss Anything. A Venerable Harness Dealer over at the Right nodded his Head solemnly. He seemed to recognize the Quotation. Members of the Congregation glanced at one another as if to say: "This is certainly Hot Stuff!"

The Preacher wiped his Brow and said he had no Doubt that every one within the Sound of his Voice remembered what Quarolius had said, following the same Line of Thought. It was Quarolius who disputed the Contention of the great Persian Theologian Ramtazuk, that the Soul in its reaching out after the Unknowable was guided by the Spiritual Genesis of Motive rather than by mere Impulse of Mentality. The Preacher didn't know what all This meant, and he didn't care, but you can rest easy that the Pew-Holders were On in a minute. He talked it off in just the Way that Cyrano talks when he gets Roxane so Dizzy that she nearly falls off the Piazza.

The Parishioners bit their Lower Lips and hungered for more First-Class Language. They had paid their Money for Tall Talk and were prepared to solve any and all styles of Delivery. They held on to the Cushions and seemed to be having a Nice Time.

The Preacher quoted copiously from the Great Poet Amebius. He recited 18 lines of Greek and then said: "How true this is!" And not a Parishioner batted an Eye.

It was Amebius whose Immortal Lines he recited in order to prove the Extreme Error of the Position assumed in the Controversy by the Famous Italian, Polenta.

He had them Going, and there wasn't a Thing to it. When he would get tired of faking Philosophy he would quote from a Celebrated Poet of Ecuador or Tasmania or some other Seaport Town. Compared with this Verse, all of which was of the same School as the Icelandic Masterpiece, the most obscure and clouded Passage in Robert Browning was like a Plate-Glass Front in a State Street Candy Store just after the Colored Boy gets through using the Chamois.

After that he became Eloquent, and began to get rid of long Boston Words that hadn't been used before that Season. He grabbed a rhetorical Roman Candle in each Hand and you couldn't see him for the Sparks.

After which he sank his Voice to a Whisper and talked about the Birds and the Flowers. Then, although there was no Cue for him to Weep, he shed a few real Tears. And there wasn't a dry Glove in the church.

After he sat down he could tell by the Scared Look of the People in Front that he had made a Ten-Strike.

Did they give him the Joyous Palm that Day? Sure!

The Stout Lady could not control her Feelings when she told how much the Sermon had helped her. The venerable Harness Dealer said he wished to indorse the Able and Scholarly Criticism of Polenta.

In fact, every one said the Sermon was Superfine and Dandy. The only thing that worried the Congregation was the Fear that if it wished to retain such a Whale it might have to boost his Salary.

In the Meantime the Preacher waited for some one to come and ask about Polenta, Amebius, Ramtazuk, Quarolius and the great Icelandic Poet, Navrojk. But no one had the Face to step up and confess his Ignorance of these Celebrities. The Pew-Holders didn't even admit among themselves that the Preacher had rung in some New Ones. They stood Pat, and merely said it was an Elegant Sermon.

Perceiving that they would stand for Anything, the Preacher knew what to do after that.

MORAL: Give the People what they Think they want.
