

KNOX eNews: LIFE & WORK OF THE CHURCH

For more information www.kucparksville.ca

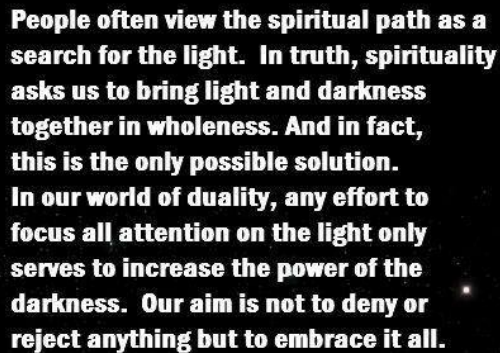
March 28, 2021 edition

WORSHIP AND ARTS MINISTRY

This Palm Sunday, March 28, 2021, at 10:00 am via Zoom

OUR LENTEN JOURNEY

FROM BROKENNESS TO HEALING AND RECOVERY



People often view the spiritual path as a search for the light. In truth, spirituality asks us to bring light and darkness together in wholeness. And in fact, this is the only possible solution. In our world of duality, any effort to focus all attention on the light only serves to increase the power of the darkness. Our aim is not to deny or reject anything but to embrace it all.

REMINDER:

Don't forget to have palms/pine boughs ready so that you can wave them into your Zoom windows during the service.

HOLY, WHOLLY (INTEGRATED HEALTH)

LIVE ZOOM WORSHIP INFO Meeting ID: 812 7823 4982, Passcode: 261349 Link:

<https://us02web.zoom.us/j/81278234982?pwd=WG1NVTJyMngxa3ppKzgyV0hBeTJ3QT09>

UPCOMING EASTER SERVICES AT KNOX

Good Friday, April 2nd Service at 7 pm via Zoom

Easter Sunday, April 4th at 10 am via Zoom

In the hopes of more people being able to participate in Zoom Worship for Good Friday and Easter Sunday...

INTRODUCING PRACTICE ZOOM WORKSHOP FOR NEWBIES –

Mon. March 29 at 10:00 am Have you wanted to try zoom, but are intimidated by technology? Then this is the informal practice session to get you up and zooming with your friends. The instructors will be Ian

W. and Myrt O. Please contact one of them to register.

WORSHIP AND ARTS MINISTRY

Note: To schedule another time, please contact Ian.

Ian Ward at sacredspaces2@kucparksville.ca or call **250.468.9052** or **Myrt Omnes** muntines1ca@yahoo.ca or **1.306.221.8211**

Zoom Meeting ID: 834 0326 2618, Passcode: 275943, Zoom link:
<https://us02web.zoom.us/j/83403262618?pwd=bHpNWU1RYjN3Y1I2c3FHcmJzSlAxdz09#>

SOCIAL JUSTICE & OUTREACH MINISTRY

GREEN TEAM- "Hi everyone. For those of you who bring household glass to the church for collection and transfer to *Nanaimo*, please make sure the items are washed and as clean as possible. *Sallie Dabb* is happy to take soft plastics and Styrofoam whenever there is enough to make the trip worthwhile. Thanks for helping to **GO GREEN**".

Don Emerson

The Knox United Green Team invites you to join us in a **Faith-in-Action** campaign organized by For the Love of Creation a Canadian ecumenical organization. The campaign's goal is to "*mobilize people across Canada to reduce household greenhouse gas (GHG) emissions and demonstrate support for increased federal climate action.*" Online resources include a pledge card and letters to federal government ministries.

For information go to the Knox website [Green Team Faith in Action](#) or [For the Love of Creation Advocacy](#)

Together let us renew our commitment to our well-being and the health of our beautiful planet.

GUARANTEED LIVABLE INCOME VIGIL DAY - Light a candle on April 8 to support the guaranteed livable income movement. For more information contact Lori Neale at justice@united-church.ca

VANCOUVER ISLAND 2021 FUNDRAISER for Child Haven International 35th Anniversary, a Canadian organization.

April 3, 2021, 3:45 – 6:00 PDT Free Zoom Event

[Click here to read the news article from the Comox Valley Record with more info](#)

MISSION & SERVICE GIVINGS: 2019 - \$34,999.00; 2020 - \$25,959.64
The goal for 2021 - \$30,000 (approved by Council)
Submitted by Margaret W.

FUN, FAMILY, FRIENDS & FOOD MINISTRY

THE VIRTUAL GATHERING PLACE—If you're missing connecting with others, join us at the Virtual Gathering Place on Zoom, Tuesdays from 10:00 am to 11:00 am. Get your coffee or tea ready and join in casual conversation and maybe a few laughs. Come for the whole hour or any part of it. If you've never been on Zoom, contact Anne W. for help.

Meeting ID: 820 6760 6176, Passcode: 522446, Link:

<https://us02web.zoom.us/j/82067606176?pwd=SEtRUUZxZDQyYmVXYU5zMUk3VUE4Zz09>

STEWARDSHIP & FINANCE MINISTRY

KNOX ENVELOPE STEWARD - To donate to *Knox United Church* or to go onto **PAR**, (Pre-Authorized Remittance) or for more information, including a brochure and PAR form, [click here](#). If you have questions concerning your **PAR**, or contributions to Knox, please contact *Mary Allison B.*

If your question is **finance-related**, please contact our Treasurer, *Brenda A.* at acctg@kucparksville.ca

HEALING AND PASTORAL CARE MINISTRY

KNOX PRAYER CHAIN – If you are a person who believes in the power of prayer, then this may be an opportunity for you to participate in this vital ministry! It takes a commitment to pray for healing, courage, comfort, or the well-being of those on the Prayer List which you would receive early each month. Those who are on the prayer list are assured of confidentiality. Please contact me, *June Mcl.* (Coordinator of the Prayer Chain/Team) for further information. Thank you for considering this invitation!

HEALING - The Healing ministry is **not** taking appointments until further notice. This **MINISTRY** - decision was made to protect our clients and practitioners at this uncertain time. However, if anyone requires a healing treatment during the shutdown, they can call *Bruce Mcl.* and he will be willing to provide you with a modified distance prayerful healing session.



MINISTRY & PERSONNEL MINISTRY

Rev. Jennifer Ferguson: Monday-Thursday, days off are Friday & Saturday. (If you would like to meet with her for pastoral care via phone call or FaceTime, please call her to make an appointment at **250.927.6061** or email minister@kucparksville.ca

Knox United Church Staff Email Addresses Follow this link to the Knox Website: www.kucparksville.ca/pages/contact-us

Knox United Church Council 2018-19 For a list of Council Members and Team Leaders, <https://www.kucparksville.ca/about/our-leadership--13>

FROM THE CHURCH OFFICES

ADMINISTRATOR BACK – With sincere appreciation and my thanks to both Karen Freeman and Colleen Welsh who did such a great job helping in my absence. Thank you!

KNOX eNews submissions emails to admin@kucparksville.ca

Deadline noon Wednesdays

Font: Arial **Size:** 11

Length of submission: 100 words maximum

Subject: Include words eNews and name of the applicable ministry

PASTORAL CARE - Jennifer will continue to be available Monday through Thursday from 9-4 and for pastoral emergencies beyond those hours. If there is a death, please contact Jennifer directly at **250.927.6061**.

Jennifer makes her own appointments. (If you would like to meet with her for pastoral care via phone call or FaceTime, please call her to make an appointment at **250.927.6061** or email minister@kucparksville.ca.)

REDUCED HOURS IN EFFECT As our support staff's hours have been reduced, the church will be open on Monday mornings from 9:30-11:00, otherwise, the staff will continue to be available from home and church through **email, phone calls** and **pre-scheduled appointments**. We ask for your patience and understanding when waiting for a response. We all look forward to the time when we can resume the usual office hours.

ROOM or ZOOM BOOKINGS - If you have any questions concerning facility bookings or zoom meetings contact Karen Freeman directly at facility@kucparksville.ca

FROM THE CHURCH OFFICES

STRICT SAFETY PROTOCOL -EVERYONE WHO ENTERS

Will be required to:

- wear a mask (your mask must be in place before entering)
- use hand sanitizer and sign-in (for contact tracing purposes)
- Always maintain social distance & limit the areas you access in the church check with the staff first.

WASHROOMS Only the washrooms in the kitchen wing are to be used.

IN-PERSON WORSHIP, CONCERTS AND RENTALS – Due to current COVID-19 restrictions, the church is no longer allowed to offer in-person worship services, concerts, or rentals for external meetings, other than our local support groups (OA & AA). Please use Zoom meetings whenever possible. Please contact Karen Freeman at facility@kucparksville.ca to schedule your zoom meetings. Stay safe!

SPIRITUAL FORMATION MINISTRY

BIBLE STUDY VIA ZOOM – Wednesdays 10:30-12. **March 31 Bible Study** will cover *Matthew Chapter 28 Verses 1-10*

Meeting ID: 844 1018 3121, Passcode: 957519 Meeting Link:
<https://us02web.zoom.us/j/84410183121?pwd=957519>
<https://us02web.zoom.us/j/84410183121?pwd=957519>

LOST & FOUND - Spiritual Formation is looking for the **DVD Saving Jesus Redux**. It was loaned out and never returned. We need it for a course starting in April. If you have the video please contact Jennifer as soon as possible.

COUNCIL NEWS

Council met March 16 - 7:00 pm via zoom opening with prayer.

- During our practice of Caring, Sharing and Daring we received a presentation led by Rev Jennifer Ferguson on Chronic Anxiety Effects on an Organization based on a course by Susan Lemmel. It helps to understand, especially in this time of COVID, the reactions sometimes taken by people on Council or in the congregation, making us aware that we all must listen carefully, support and take time to heal. There are no quick fixes and none of us has experienced COVID before.
- Team and Council Reports were shared highlighting one Goal from each for 2021.

COUNCIL NEWS

- A motion was passed to pre-authorize in-house worship at Knox, when the Provincial Health Authority and Pacific Mountain Region approve it is safe to do so, following all provincial guidelines and necessary protocol procedures.
- A motion by Social Justice and Outreach for M&S Giving to be set at \$30,000 for this year was presented and approved.
- In closing our goal established is to reach out as we go through the steps of reopening. Our next meeting will be held on April 20th at 7:00 pm on zoom.

Submitted by Gayle H.

UNITED CHURCH OF CANADA

EMAIL SCAMS – a message from

Treena Duncan
Executive Minister



If you get an email that looks like it has come from someone you know and trust but suspect it is spam, please follow these steps:

- don't click on any links in the email.
- don't open any attachments attached to the email
- don't use the Reply feature to respond to the email

If you feel and think that the email may be a legitimate message you can:

- hover your cursor over the "from" name to reveal the email address that the sender has used. If the details are different from the minister or church staff person's usual email address, it is not legitimate and follow the three steps above.
- call the minister or staff person who is supposedly sending the email, or
- compose a NEW email (not Reply to) to the staff person or leader, using their trusted email address, to gain clarity and information about the email you received.

Canadian Anti-Fraud Centre hosted a live session for **March 2021**, that you can watch on Facebook: <https://fb.watch/4frG-Y7Kt8/>

KNOX CALENDAR
March 28 – April 4, 2021

Sunday, Mar 28 Zoom Worship Service	Palm Sunday 10:00 am – 11:00 am	Zoom
Monday, Mar 29 Staff Meeting	11:00 am – 12:00 pm	Lounge/Zoom
Tuesday, Mar 30 Tai Chi Gathering Place	9:15 am – 11:45 am 10:00 am – 11:00 am	Sanctuary Zoom
Wednesday, Mar 31 Bible Study M & P Meeting	10:30 am – 12:00 pm 1:00 pm – 3:00 pm	Zoom Lounge
Thursday, Apr 1 Tai Chi	9:15 am – 11:45 am	Sanctuary
Friday, Apr 2 Good Friday Service	Good Friday 7:00 pm Office Closed	Zoom
Saturday, Apr 3		
Sunday, Apr 4 Zoom Worship Service	Easter Sunday 10:00 am – 11:00 am	Zoom
Monday, April 5	Easter Monday Office Closed	

[For the monthly calendar click here](#)

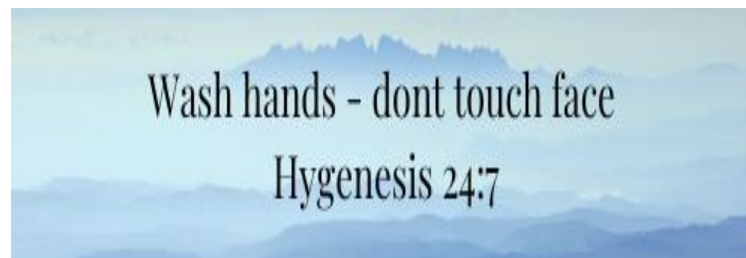
OUR KNOX COMMUNITY

IMPORTANT VACCINATION INFORMATION FOR SENIORS

For more information here is the link:

<https://www2.gov.bc.ca/gov/content/covid-19/vaccine/seniors>

You or a family member can phone **1-833-348-4787** to make the appointment. You can also find this information on the Knox website [click here](#)



PARKSVILLE SHORES TAI CHI -New Beginner Class -starts **Monday, April 12, 9:30-11:30**, classes are held every *Monday 9:30-11:30 am* at *Knox United Church*. The fee is **\$20 /month** or **\$50 for 3 months**. You must register before **April 12** and class space is limited to **25** participants. Masks must be worn all times while inside *Knox United Church*. *COVID-19* safety protocols are strictly adhered to – to register go to [Parksville Shores Tai Chi](#)

CREATION CARE (VIDEO) *The Creation Team* at *St Stephen's in Qualicum Beach* would like to share the attached short video with you. As a pastoral care message, we wanted to sensitize our congregation to the abundance, diversity, and beauty of creation. The message of all creatures sharing the space in our corner of God's creation is uplifting. To take this eco-centric position is to celebrate creation and the Creator. Enjoy...

[or go to this link](#)

