Midday Prayer – Friday (can be used daily in Lent)

An order adapted from Celebrating Common Prayer: Society of St Francis

You are welcome to respond with the parts in bold type

Preparation

God is with you
And also with you

O God, make speed to save us.
O Lord, make haste to help us.

Glory to God, Creator, Word, Spirit
As it was in the beginning, is now, and shall be forever. Amen .

A HYMN may be sung or said, the following or some other.

We bless you, Father, Lord of life,
To whom all living beings tend,
The source of holiness and grace,
Our first beginning and our end.

We give you thanks, redeeming Christ,
Who bore the weight of sin and shame;
In dark defeat you conquered sin,
And death, by dying, overcame.

Come, Holy Spirit, searching fire,
Whose flame all evil burns away.
With light and love come down to us
In silence and in peace to stay.

We praise you, God, the Three in One,
Sublime in majesty and might:
You reign for ever, Lord of all,
In splendour and unending light. Amen.

The Word of God

Psalmody

Psalm 142

1 I cry aloud to the Lord; *
to the Lord I make my supplication**.**

2 I pour out my complaint before him *
and tell him of my trouble**.**

3 When my spirit faints within me, you know my path; *
in the way wherein I walk have they laid a snare for me.

4 I look to my right hand, and find no one who knows me; *
I have no place to flee to, and no one cares for my soul.

5 I cry out to you, O Lord, and say: *
'You are my refuge, my portion in the land of the living.

6 'Listen to my cry, for I am brought very low; *
save me from my persecutors, for they are too strong for me.

7 'Bring my soul out of prison,
that I may give thanks to your name; *
when you have dealt bountifully with me,
then shall the righteous gather around me.'

Glory to God, Creator, Word, Spirit
As it was in the beginning, is now, and shall be forever. Amen .

Short Reading

Surely he has borne our infirmities and carried our diseases; yet we accounted him stricken, struck down by God, and afflicted. But he was wounded for our transgressions, crushed for our iniquities; upon him was the punishment that made us whole, and by his bruises we are healed. All we like sheep have gone astray; we have all turned to our own way, and the Lord has laid on him the iniquity of us all. *Isaiah 53.4-6*

Responsory

Come, you that are blessèd of my Father,
Inherit the kingdom prepared for you.

I was hungry and you gave me food,
I was thirsty and you gave me drink,

I was a stranger and you welcomed me,
I was naked and you clothed me,

I was sick and you took care of me,
I was in prison and you visited me.

As you did it to one of the least,
You did it to me.

Prayers

At the end

Lord, have mercy.
Lord, have mercy.

Christ, have mercy.
Christ, have mercy.

Lord, have mercy.
Lord, have mercy.

The Collect

God of glory,
your revelation through Jesus Christ
calls into your covenant of love.
Enable us now to reflect your love,
so that barriers erected by sin may be broken down,
and all people may be drawn to you;
through him who lives and reigns
with you and the Holy Spirit, now and for ever. **Amen**

The Disciples Prayer

Lord Jesus, remember us in your Kingdom
and teach us to pray:
Our Father in heaven,
Hallowed be your name.
Your kingdom come, your will be done
On earth as in heaven.
Give us today our daily bread,
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial,
And deliver us from evil.
For the Kingdom, the power and the Glory are yours,
Now and forever.
Amen

Blessing

May Christ our brother give us peace.
Amen.

Let us bless our Loving God.
Thanks be to God.