

# Welcome to Metropolitan United Church

the downtown church for a diverse city



Photo by Rev. Meyers

## Thirteenth Sunday after Pentecost August 30, 2020

We are an affirming congregation, offering welcome and companionship to all, regardless of orientation or designation.

For thousands of years, this land has been the traditional home of the Huron-Wendat, the Seneca, and most recently, the Mississaugas of the Credit River. It is still home to Indigenous people from across Turtle Island. We are grateful to work, live and worship on this land.

### SPECIAL NOTES REGARDING WORSHIP

Welcome back! The washroom is available at the back of the Sanctuary if needed. If you require assistance from an usher, please indicate so with a raised hand from your seat. **Please stay seated in the service unless otherwise noted.** Additional information is available on the back of the bulletin.



## SILENCE FOR PRIVATE PRAYER

**KYRIE** *(soloist only)* #69 **More Voices Kyrie eleison** *(God have mercy)*

Kervin

## ASSURANCE OF PARDON

**ACT OF PRAISE** *(soloist only)* #104 **More Voices**

Trad., Congo

Mungu, ni mwema, mungu ni mwema, mungu ni mwema, ni mwema, ni mwema.

Know that God is good, Know that God is good,

Know that God is good, God is good, God is good.

## READINGS

Exodus 3:1–15

Moses encounters the burning bush.

Romans 12:9–21

Let love be genuine; overcome evil with good.

**CHILDREN'S TIME** *(children and youth stay in their seats)*

## GOSPEL

Matthew 16:13-20

Take up the cross and follow me.

**HYMN #560** *(soloist only)* **O Master, Let Me Walk With Thee**

Maryton

1. O Master, let me walk with thee in lowly paths of service free;  
teach me thy secret, help me bear the strain of toil, the fret of care.
2. Help me the slow of heart to move with some clear, winning word of love;  
teach me the wayward feet to stay, and guide them in the homeward way.
3. Teach me thy patience; still with thee, in closer, dearer company,  
in work that keeps faith sure and strong, in trust that triumphs over wrong,
4. In hope that sends a shining ray far down the future's broadening way,  
in peace that only thou canst give, with thee, O Master, let me live.

## SERMON

**“CRAMMED WITH HEAVEN”**

The Rev. Jason Meyers

## SOLO

*En Prière*

Gabriel Fauré

If the voice of a child could reach up to you, O my Father, to be heard by Jesus... kneeling before You, A prayer! If you have chosen me to teach your laws on Earth, I would know how to serve you, august King of kings, O Light! On my lips, Lord, place the salutary Truth, so that those who doubt, with humility will revere you! Do not abandon me, but give me the Grace necessary to overcome evils, and to relieve pain and misery! Reveal yourself to me, Lord in whom I believe and hope! For You I want to suffer and die on the Cross, on Calvary!

**PEACE GREETING** *(responses spoken softly)*

One: The peace of Christ be with you always.

**All: And also with you.**

One: Let us greet one another with the peace of Christ. (*standing and greeting each other with a bow*)

### AFFIRMATION OF FAITH (*spoken softly*)

**We are not alone, we live in God's world.**

**We believe in God:**

**who has created and is creating, who has come in Jesus, the Word made flesh,  
to reconcile and make new, who works in us and others by the Spirit.**

**We trust in God.**

**We are called to be the Church:**

**to celebrate God's presence, to live with respect in Creation,  
to love and serve others, to seek justice and resist evil,  
to proclaim Jesus, crucified and risen, our judge and our hope.**

**In life, in death, in life beyond death, God is with us.**

**We are not alone. Thanks be to God. (all seated)**

### ANNOUNCEMENTS AND OFFERING

### GREAT THANKSGIVING (*standing, with responses spoken softly*)

One: Lift up your hearts.

**All: We lift them up to the Lord.**

One: Let us give thanks to the Lord God.

**All: It is right to give God thanks and praise.**

One: Let us pray. (all seated)

### PRAYERS OF THE PEOPLE

### LORD'S PRAYER (*spoken softly*)

**Our Father, who art in heaven, hallowed be thy name,**

**Thy kingdom come, thy will be done, on earth, as it is in heaven.**

**Give us this day our daily bread,**

**And forgive us our trespasses, as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil:**

**For thine is the kingdom, the power, and the glory forever and ever. Amen.**

### CLOSING HYMN #595 (*soloist only*) *We Are Pilgrims*

Servant Song

1. We are pilgrims on a journey, fellow travellers on the road;  
We are here to help each other walk the mile and bear the load.
2. Sister, let me be your servant, let me be as Christ to you;  
Pray that I may have the grace to let you be my servant too.
3. I will hold the Christ-light for you in the night-time of your fear;  
I will hold my hand out to you, speak the peace you long to hear.

4. I will weep when you are weeping, when you laugh I'll laugh with you;  
I will share your joy and sorrow, till we've seen this journey through.
5. When we sing to God in heaven, we shall find such harmony,  
Born of all we've known together of Christ's love and agony.
6. Brother, let me be your servant, let me be as Christ to you;  
Pray that I may have the grace to let you be my servant too.

## COMMISSIONING AND BLESSING

### BLESSING *(soloist only)*

Izumi Shiota



May the peace of Christ be with you. May the love of God dwell deep in your heart. May the  
Spi-rit en-light-en your way. May you walk in the com-fort of God's care.

### ORGAN POSTLUDE *Gloria*

Marcel Dupré

LEADING IN WORSHIP this morning is **The Rev. Jason Meyers**. The Children's Time is led by **Bailey Fleming** and reading the lesson is **Gunn Wongsuwan**. The ministry of music is offered by Minister of Music **Dr. Patricia Wright**, soprano **Gisele Kulak**, and Carillonneur **Roy Lee**.

A congregational meeting will be held by Zoom today at 1:00 p.m. Candidates will be presented by the Board for both the upcoming Search Committee regarding the permanent minister positions, and two vacancies on the Trustees Committee. Please check the MET Connect newsletter for registration information.

**Please join us this evening at 7:00 p.m. for our online worship service.**

## PROGRAMS AND EVENTS THIS WEEK

**Wednesday, September 2**

**12:00 p.m.** Bible Study Zoom [link here](#)

### **NEXT SUNDAY: September 6 Fourteenth Sunday after Pentecost**

**11:00 a.m.** In-person Worship  
Exodus 12:1–14; Romans 13:8–14; Matthew 18:15–20  
The Rev. Jason Meyers preaches

**7:00 p.m.** Online Worship

## STAY CONNECTED

Updates can be found at [metunited.ca](http://metunited.ca). Past sermons and service streams are also available under the Worship menu. Sign up for the MET Connect weekly e-newsletter via our homepage for all news. We're also on [Facebook](#), [Instagram](#), [YouTube](#), and [Vimeo](#).

## IN-PERSON SUNDAY WORSHIP

Metropolitan is now re-open for in-person worship, with our **online service continuing at 7:00 p.m.** on Facebook, YouTube and at [metunited.ca](http://metunited.ca). Please continue to register for in-person service through the website or link in MET Connect. A separate reservation should be made for each household or bubble contained in a larger group.

## PASTORAL CARE

Rev. Karen Bowles and Rev. Jason Meyers are connecting with many members and are determining the needs of our community in this challenging time. If you would like a pastoral phone call, you can currently contact Jason Meyers at [jasonm@metunited.ca](mailto:jasonm@metunited.ca) (416-363-0331 ext. 224).

## COMMUNITY SERVICES MINISTRY

The Outreach team is responding to the needs of the community with initiatives that include **take-out meals** from local restaurants through funded chits, and a similar pre-paid system at a **local laundromat**. Megan and Stephanie are also buying and delivering groceries, providing grocery cards and meeting with clients, taking appropriate precautions. A **Hospitality Tent** is also up and running on Wednesdays in McGill Square to help provide relief through summer from 11:30 a.m. to 2:00 p.m.

## DONATIONS DURING THIS TIME

The work of Metropolitan continues. While we cannot collect offerings in person, there remain easy ways to contribute - through our [Canada Helps page](#), or by mailing in envelopes and/or cheques to the church.

You can also arrange for pre-authorized remittance for regular giving (PAR) from your bank account, or credit card - just [download and fill out a form](#) via the website. If you have any questions, please contact Elena Pejcinovska, Financial Manager at [elenap@metunited.ca](mailto:elenap@metunited.ca) or 416-363-0331 ext. 229.

*The Official Board of Metropolitan United Church deeply appreciates your financial gifts. We strive to honour our donors' wishes at all times. When gifts are designated for a specific purpose and the need for that purpose has been fulfilled, your Board will redirect surplus gifts to the closest alternative or the area of greatest need. Thank you again for supporting Metropolitan.*



## DIRECTORY

Intentional Interim Lead Minister: The Rev. Karen Bowles, ext. 227 ([karenb@metunited.ca](mailto:karenb@metunited.ca))  
Minister of Congregational Care: The Rev. Jason Meyers, ext. 224 ([jasonm@metunited.ca](mailto:jasonm@metunited.ca))  
Minister of Music: Dr. Patricia Wright, ext. 226 ([patw@metunited.ca](mailto:patw@metunited.ca))  
Voluntary Associate Minister: The Rev. Bruce Misener, ext. 255 ([officiant@metunited.ca](mailto:officiant@metunited.ca))  
Minister Emeritus: The Rev. Dr. G. Malcolm Sinclair  
Chair of the Official Board: Kenneth Younie ([boardchair@metunited.ca](mailto:boardchair@metunited.ca))  
Children & Youth Ministries Animator: Bailey Fleming ([bailey@thegoproject.ca](mailto:bailey@thegoproject.ca))  
Teachers: Karlos Griffith ([karlosgriffith@rogers.com](mailto:karlosgriffith@rogers.com)), Johnavac Abraham  
Library: Marion Lick ([library@metunited.ca](mailto:library@metunited.ca)) and Maureen Maguire ([vigrass78@gmail.com](mailto:vigrass78@gmail.com))

### Community Outreach Ministry

Outreach and Housing Worker: Megan Carver, ext. 221 ([housingworker@metunited.ca](mailto:housingworker@metunited.ca))  
Community Service Worker: Stephanie Cunti, ext. 241 ([csw@metunited.ca](mailto:csw@metunited.ca))

### Ministry of Music

Minister of Music: Dr. Patricia Wright, ext. 226 ([patw@metunited.ca](mailto:patw@metunited.ca))  
Wayne C. Vance Organ Scholar: Timothy Wisnicki  
Metropolitan Choir Lead Singers: Gisele Kulak, Chelsea Van Pelt, Valeria Kondrashov, Chris Taeyoung Kim,  
Charles Davidson, Benjamin Stein, Nicholas Higgs, John Schneider  
Director, *Great Heart* Youth Ensemble: Benjamin Stein  
Conductor, *Metropolitan Sparklers*: Dr. Jennifer Martyn  
Carillonneur: Roy Lee  
Director, Metropolitan Silver Band: Fran Harvey

### Administrative Ministry

Director of Administration: Jane Tuomi, ext. 222 ([janelt@metunited.ca](mailto:janelt@metunited.ca))  
Office Administrator: Sheela Taylor, ext. 210 ([sheelat@metunited.ca](mailto:sheelat@metunited.ca))  
Financial Manager: Elena Pejcinovska, ext. 229 ([elenap@metunited.ca](mailto:elenap@metunited.ca))  
Technical Administrator: Vinoth Thanganadan, ext. 223 ([vinotht@metunited.ca](mailto:vinotht@metunited.ca))  
Communications Specialist: Charles Davidson ([communications@metunited.ca](mailto:communications@metunited.ca))  
Property Manager: Frank Cairns, ext. 231 ([frankc@metunited.ca](mailto:frankc@metunited.ca))  
Custodians: Nadan Kandiah, Puvi Kanagalingam ext. 232

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# Guidelines for In-Person Worship

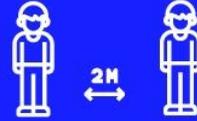
## IN THE SANCTUARY



No food or  
drink



Pick up a bulletin



Keep physically  
distanced &  
follow ushers



Stay in your  
seat



No singing



Use washroom at  
back of Sanctuary

## LEAVING THE CHURCH



Respect  
physical distancing



Offering plates  
at exit



No socializing  
in building