

WHAT IS JOURNEY 101?

JOURNEY 101 is a six-session introductory course that helps people identify aspects of their lives that interfere in their relationships with God and others.

Each week, we will spend time in worship, teachings, personal stories, and confidential small groups for honest sharing and prayer.

JOURNEY 101 employs a confidentiality policy and facilitates closed groups, which ensures trust and safety in the small groups.

WHO CAN ATTEND?

This course is for anyone, particularly those wanting to explore what a healing journey looks like, and its implications for life and relationships.

WHAT IS THE COURSE CONTENT?

The topics for the course include:

1. I Am Stuck
 2. What Are We Dealing With Here?
 3. How Have I Managed to Survive Until Now?
 4. Why Doesn't Anyone See That I Have Needs?
 5. Why Can't I Do This Journey on My Own?
 6. The Choice to Walk Is Mine
-

WHAT ARE THE PARTICULARS?

Location: Online Zoom Meeting

Date: April 21, 2021- May 26, 2021

Time: Wednesdays, 6:00pm – 8:00pm

Cost: \$50

Details: Please attend Zoom meetings with video on, audio muted. All fees are due in full at the start of the course.

HOW CAN I APPLY?

Email melody@journeycanada.org to request an application for the **Journey 101 course**. *Apply early because space is limited.*

Applications will be kept strictly confidential. Submitting an application does not guarantee your admission into the course. Applications are reviewed on a first-come, first-serve basis.

For more information, please contact **JOURNEY CANADA**:

melody@journeycanada.org | 604-301-1470 | journeycanada.org