



March 14, 2021

**Proverbs 3:5-6 (ESV)**

<sup>5</sup>Trust in the LORD with all your heart,  
and do not lean on your own understanding.  
<sup>6</sup>In all your ways acknowledge him,  
and he will make straight your paths.

**Proverbs 6:16-19**

<sup>16</sup>There are six things that the LORD hates,  
seven that are an abomination to him:  
<sup>17</sup>haughty eyes, a lying tongue,  
and hands that shed innocent blood,  
<sup>18</sup>a heart that devises wicked plans,  
feet that make haste to run to evil,  
<sup>19</sup>a false witness who breathes out lies,  
and one who sows discord among brothers

**Proverbs 8:13**

The fear of the LORD is hatred of evil.  
Pride and arrogance and the way of evil  
and perverted speech I hate.

**Proverbs 12:15**

The way of a fool is right in his own eyes,  
but a wise man listens to advice.

**Proverbs 15:31**

The ear that listens to life-giving reproof  
will dwell among the wise.

**Proverbs 15:33**

The fear of the LORD is instruction in wisdom,  
and humility comes before honor.

**Proverbs 16:5**

Everyone who is arrogant in heart is an abomination to  
the LORD;  
be assured, he will not go unpunished.

**Proverbs 16:18-19**

<sup>18</sup>Pride goes before destruction,  
and a haughty spirit before a fall.  
<sup>19</sup>It is better to be of a lowly spirit with the poor  
than to divide the spoil with the proud.

**Proverbs 25:27**

It is not good to eat much honey,  
nor is it glorious to seek one's own glory.

**James 4:6**

<sup>6</sup>But he gives more grace. Therefore it says, "God  
opposes the proud but gives grace to the humble."

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**INTRODUCTION:**

Proverbs 16:19

**1. Why you should kill pride in your life**

a) God hates pride

Proverbs 6:16-17; 8:13; 16:5; James 4:6; 1 Peter 5:5

b) Pride will destroy you

Proverbs 16:18

## 2. How to cultivate humility over a lifetime

- a) Study the attributes of God

Proverbs 25:27; 15:33

“The grand difference between a human being and a supreme being is precisely this: Apart from God, I cannot exist. Apart from me, God does exist. God does not need me in order for Him to be. This is the difference between what we call a self-existent being and a dependent being. We are dependent. We are fragile. We cannot live without air, without water, without food. No human being has the power of being within himself. . . . We are like flowers that bloom and then wither and fade. This is how we differ from God. God does not wither, God does not fade, God is not fragile.” —RC Sproul

- b) Reflect on the wonder of the cross

“There is only one thing I know of that crushes me to the ground and humbles me to the dust, and that is to look at the Son of God, and especially contemplate the cross. ‘When I survey the wondrous cross/on which the prince of glory died/my richest gain I count but loss/and pour contempt on all my pride’. Nothing else can do it. When I see that I am a sinner . . . that nothing but the Son of God on the cross can save me, I’m humbled to the dust . . . nothing but the cross can give us this spirit of humility.” —*Martyn Lloyd Jones*

- c) Receive correction from others

Proverbs 12:15; 15:31

“My self-perception is about as accurate as a carnival mirror.” —*David Tripp*

“I want to ask you a question and I promise not to get upset by how you answer. Can you clearly define one or two areas where you think I need to grow?”

## 3. How to cultivate humility on a daily basis

- a) Begin your day by acknowledging your dependence upon God

Proverbs 3:5-6

- b) Begin your day expressing thanks to God

“Thankfulness is a soil in which pride does not easily grow.” —*Michael Ramsey*

- c) Begin your day with spiritual disciplines

- d) Cast your anxieties on God throughout the day

“Humble yourselves, therefore, under God’s might hand, that he may lift you up in due time, casting all your anxiety on him because he cares for you.” 1 Peter 5:6-7

- e) Transfer all glory to God at the end of the day

- f) Receive the gift of sleep