

# SMALL GROUP APPLICATION

## Goal

Describe situations in which we need to depend on God, and ask His help.

Talk with students about putting into practice the Bible truths discovered in this lesson. Use these **discussion questions** as you lead students to complete one of the activities on the following pages.

Conclude the activity with the Life Application Challenge below.

- **What information in Psalm 139:1-3,13-16 gives you confidence in God's love for you?** (God knows everything about us and knows what things we are capable of accomplishing. God made us with different abilities that we can use for Him.)
- **What might make a kid feel nervous or worried at school? At a soccer game? At a piano recital? What might kids your age do and say to ask for God's help in these situations?** (Ask God for help in learning math and commit to extra time to study it. Tell God about fears and think about God's promise to be with us.)
- **When have you realized that you really needed God's help more than you needed your own abilities?** (Tell a personal example before asking students to respond.)
- **How might God help someone as they use their abilities?** (Give courage to try something new. Help do best work. Make something good happen as God is trusted and obeyed.)

## Life Application Challenge

**We need to trust God in every area of our lives, remembering that He is the One who made us and who gave us the abilities we have.** Lead students in praying short sentence prayers, asking God to help them depend on Him as they use their abilities to serve Him. Then close in prayer, thanking God for His help and love.