

## PERSEVERANCE - PART 9 DIG DEEPER NOTES

Throw Off the Hindrances and Sins

Hebrews 12:1

Luke 5:15-16

Hebrews 11:25

2Timothy 2:4

1Peter 5:8

Nehemiah 1:5-7

1. What are some of the real stresses you are dealing with relative to Covid-19? Ask your group to pray about it with you.
2. Have you put into practice any of the 8 ways we have learned to persevere? Can you share the experience with your group?
3. What are the ways you catch yourself glorifying your past?
4. Have you found a good balance between work, rest and communion with God? Explain.
5. What are some of the things in your life that have become sin, because they took the place of God?

### APPLICATION

Pray this prayer of Nehemiah. (Nehemiah 1:5-7)

Lord, the God of heaven, the great and awesome God, who keeps his covenant of love with those who love him and keep his commandments, let your ear be attentive and your eyes open to hear the prayer your servant is praying before you... I confess the sins we Israelites, including myself and my father's family, have committed against you. We have acted very wickedly toward you. We have not obeyed the commands, decrees and laws you gave your servant Moses.