GOD
Help me to Breathe

A Journey of Prayer

"Father, create in me a clean heart and renew a steadfast spirit within me." (Psalm 51:10)

THURSDAY DAY 2 FEBRUARY 18, 2021

Week 1 – Enter into a season of prayer

THE LORD'S PRAYER BEGINS WITH…

"Our Father in Heaven"

"This is a statement of relationship. It sets the stage, creates the atmosphere. It prepares our hearts and spirits for the important matter of interacting and communing with God. It is an approach to God. It creates an awareness of the correct relationship between us and God. He is our Heavenly Father. Prayer is seldom successful when we rush in from the world all breathless and distracted and start urgently demanding that God help us take care of our problems or hear us when we have burdens. Meaningful prayer starts with developing a right relationship with God. We quiet our minds, still our soul, prepare our spirit. We humbly say, 'Our Father.'"

\- Dr. Bill Stewart

In you,

Lord my God,

I put my trust.

Psalm 25:1