GOD
Help me to Breathe

A Journey of Prayer

"Father, create in me a clean heart and renew a steadfast spirit within me." (Psalm 51:10)

ASH WEDNESDAY FEBRUARY 17, 2021

Week 1 – Enter into a season of prayer

THE LORD'S PRAYER BEGINS WITH…

"Our Father in Heaven"

Slow down…*enter* into your prayer time. Jesus taught us to pray in such a way that we recognize that prayer is more than just cold requests spoken to the air. Allow for more time spent acknowledging God who invites you to come to him in prayer, as a child comes to a loving parent. Consider how your understanding of this relationship that God has called you into, through Jesus Christ, shapes the way in which you pray.

You, God, are my God,
earnestly I seek you;
I thirst for you,
my whole being longs for you,
in a dry and parched land
where there is no water.

Psalm 63:1