Transformed into the image of God - the fruits of the Spirit part 2

**Experience Spiritual Transformation**

**Monday**

Read Galatians 5:22-23, Philippians 2:12-13, Colossians 3:9-17

God is working inside you to transform you and help you to produce the fruits of the Spirit. **Journalize** your thoughts on these scriptures.

**Tuesday**

Read Colossians 3:18-25

Based on these scriptures, **meditate** on how can you can reflect who Jesus is with friends, family and co-workers.

**Wednesday**

Read Romans 12:9-21

**Journalize** which of the fruits of the Spirit in these scriptures seem to naturally and spontaneously show up in you.

**Thursday**

Read Ephesians 4:1-3, 22-32

As you are going through tough times, **pray** about which of the fruits of the Spirit in these scriptures you most struggle with.

**Friday**

Read Matthew 5

What fruits of the Spirit do you most want to have? **Talk** to God today.

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**Galatians 5:22-23 New International Version (NIV)**

**22**But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, **23**gentleness and self-control. Against such things there is no law.

Not a complete list of the fruits of the Spirit

**What does it look like for you to be transformed into the image of God?**

**Colossians 3:9-25 - Specific actions**

**9**Do not lie to each other, since you have taken off your old self with its practices

Example of the Somali soccer coach - “Men in the Arena”

**10**and have put on the new self, which is being renewed in knowledge in the image of its Creator. (Be conformable, teachable, moldable) **11**Here there is no Gentile or Jew, circumcised or uncircumcised, barbarian, Scythian, slave or free, but Christ is all, and is in all.

No discrimination, favoritism, racism

**12**Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, (love mercy) kindness, humility (be humble and serve), gentleness (meekness - a stallion under its master’s control, letting God defend you instead of defending yourself) and patience (what you do while you are waiting). **13**Bear with each other (put up with each other's quirkiness) and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. (forgive until you feel forgiveness) **14**And over all these virtues put on love, (most powerful thing in the world, I can't love until I accept God's love for me) which binds them all together in perfect unity.

**15**Let (be conformable) the peace of Christ rule in your hearts, (I used to refuse to rest until I saw God's answer, I am learning to "allow" God's peace to rule over me even before I see the answer)  since as members of one body you were called to peace. And be thankful. (I wasn't thankful because I thought I made good things happen) **16**Let (be conformable) the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. **17**And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, (do everything for God's identity and fame, not your own) giving thanks to God the Father through him.

Family

**18**Wives, submit yourselves to your husbands, as is fitting in the Lord.

**19**Husbands, love your wives and do not be harsh with them.

**20**Children, obey your parents in everything, for this pleases the Lord.

**21**Fathers, do not embitter your children, or they will become discouraged.

Work

**22**Slaves, obey your earthly masters in everything; and do it, not only when their eye is on you and to curry their favor, but with sincerity of heart and reverence for the Lord. **23**Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, **24**since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving. **25**Anyone who does wrong will be repaid for their wrongs, and there is no favoritism.

**Romans 12:9-21 - How the fruits of the Spirit happen naturally and spontaneously in us**

**9**Love must be sincere (transparent, authentic). Hate what is evil; cling to what is good. **10**Be devoted to one another in love. Honor one another above yourselves. **11**Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. **12**Be joyful in hope, patient in affliction, faithful in prayer. **13**Share with the Lord’s people who are in need. Practice hospitality.

**14**Bless those who persecute you; bless and do not curse. **15**Rejoice with those who rejoice; mourn with those who mourn. **16**Live in harmony with one another. Do not be proud, but be willing to associate with people of low position. Do not be conceited.

**17**Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everyone. (win - win) **18**If it is possible, as far as it depends on you, live at peace with everyone. **19**Do not take revenge, my dear friends, but leave room for God’s wrath, for it is written: “It is mine to avenge; I will repay,” says the Lord. **20**On the contrary:

“If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head.”

**21**Do not be overcome by evil, but overcome evil with good.

**Ephesians 4 - Applying the fruits of the Spirit in tough times, as you mature (no compromise)**

**4**As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. **2**Be completely humble and gentle; be patient, bearing with one another in love. **3**Make every effort to keep the unity of the Spirit through the bond of peace.

**22**You were taught, with regard to your former way of life (looking back on your life after some time), to put off your old self, which is being corrupted by its deceitful desires; **23**to be made new in the attitude of your minds; **24**and to put on the new self, created to be like God in true righteousness and holiness.

**25**Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. **26**“In your anger do not sin”: Do not let the sun go down while you are still angry, **27**and do not give the devil a foothold. **28**Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need.

**29**Do not let any unwholesome talk (not just cursing but no unwholesome talk) come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. **30**And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. **31**Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice (injure others without cause). **32**Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.