



"And now I commend you to God and to the word of His grace, which is able to build you up and to give you the inheritance among all those who are sanctified." (Acts 20:32)

July 1, 2018

The Book of Ruth – 9 Finding Rest

Text: [Ruth 3](#)

Introduction

Previously, we are left with this very poignant, boring, anti-climatic statement about Ruth: "And she lived with her mother-in-law."¹

Naomi the Match Maker

So here is Naomi's plan:

1. Boaz who is an eligible, is thrashing grain and is staying the night in the fields.
2. Take off your mourning clothes and dress in a way that shows you are available for marriage.
3. When Boaz has finished work for the day, after his evening meal and he lays down for the night, "observe the place where he is laying".
4. God uncover his feet.
5. Wait for his response.

*"Ruth is secretly to fold back the skirt of Boaz's long tunic, exposing the 'area around the feet' (Hebrew margēlôt), and "lie down" there. These proposed actions seem very forward but in fact involve no moral compromise by either Ruth or Boaz (cf. v. 11). The exposure of Boaz's feet to the night chill will awaken him at the best moment for a private conversation. More important, the gesture symbolizes Ruth's willingness to marry Boaz (cf. v. 9; Ezek 16: 8)."*²

¹ [The Holy Bible: English Standard Version](#). (2016). (Ru 2:23). Wheaton: Standard Bible Society.

² Zondervan. The NIV Zondervan Study Bible, eBook: Built on the Truth of Scripture and Centered on the Gospel Message (Kindle Locations 63535-63540). Zondervan. Kindle Edition.

Ruth's Proposal

1. She answered him, "I am Ruth, your servant." _____

2. So, she says, "Spread your wings over your servant, for you are a redeemer." _____

Boaz's Response

[Ruth 3:10-13](#)

"I Love It When A Plan Comes Together!"

[Ruth 3:16-18](#)

The Main Point

"Then Naomi her mother-in-law said to her, "My daughter, **should I not seek rest for you**, that it may be well with you?" (Ruth 3:1, ESV)

"She replied, "Wait, my daughter, until you learn how the matter turns out, **for the man will not rest** but will settle the matter today.'" (Ruth 3:18, ESV)

Finding "rest" is the theme of this Book and Ruth's "rest" is in the hands of her kinsman-redeemer.

Application

As I already noted, Boaz is a type of Christ. As our Kinsman-Redeemer, Christ is more perfect, more glorious, more faithful, more loving than Boaz ever could be. Jesus Christ is the one who did not rest until He had redeemed us. He is the one who came, who suffered, to secure our salvation. Christ is the one to whom we can find rest for our souls.

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