Compline – Thursday, August 20, 2020

St. George's Anglican Church, Cadboro Bay / <a href="https://www.stgeorgecadborobay.ca">https://www.stgeorgecadborobay.ca</a>

From: Celtic Benediction: Morning and Night Prayer by John Philip Newell

#### Opening

As a deer longs for flowing streams, so my soul longs for you, O God. My soul thirsts for God, for the living God. (Psalm 42:1-2)

### Be still and aware of God's presence within and all around

#### **Prayer**

In the darkness of the evening
the eyes of my heart are awake to you.
In the quiet of the night
I long to hear again intimations of your love.
In the sufferings of the world
and the struggles of life
I see your graces of healing.
At the heart of the brokenness around me
and in the hidden depths of my own soul
I seek your touch of healing, O God, for there you reside.
In the hidden depths of life, O God, there you reside.

## **Scripture and Meditation**

You turn a desert into pools of water, a parched land into springs of water. (Psalm 107:35)

Jesus said, 'I am the resurrection and the life.' (John 11:25)

#### **Prayers of Thanksgiving and Intercession**

When it seemed there was no hope

I have seen your light in the eyes of a child.

When it seemed there was no joy

I have heard your delight in the voice of a friend.

When it seemed that life was stale

I have smelled the freshness of sunlight on my skin.

When all seemed emptiness

I have touched your presence in the hand of a stranger.

When the future seemed barren

I have tasted life's moisture on the lips of another.

Thanks be to you, O God,

for your embodied love.

Open my sense to your presence

that I may love you and care for you in all things.

### Recall the events of the day and pray for the life of the world

# Poem – "Descent into Saanich" by Philip Kevin Paul

A little past midnight, Saanich is scarred with light. Over our islands, both darknesses pervade. I know by heart the sound I can't hear the water making as it slides against the east end of our smallest islands and then closes along the west shore. The sound lays claim to me, a child of Saanich. From under the tongue, someone teaches me.

One scar of light made into two: the one I judged from the distance; and the one guiding us in—I'm glad for it now that we're close to touching down.

#### Ш

The mornings are dark well into the steady whir of traffic—sad machines carrying people, many who stopped going anywhere long ago.

Slanted homeward, you realize you can no longer go home. But don't worry, this is the best of your longing so far.

### **Closing Prayer**

You have given me eyes to see with, O God, and ears to hear life's sounds and sorrows and yet my seeing and hearing like my tasting and touching are wounded and weakened by failures. As rest can heal the sores of the body and sleep restore its strength so may your angels of grace visit me in the night that the senses of my soul may be born afresh. Visit my dreams with messengers of grace, O God, that the senses of my soul may be born again.

#### Sources:

Celtic Benediction: Morning and Night Prayer by J Philip Newell © 2000 by the Canterbury Press.

Poem – "Descent into Saanich" by Philip Kevin Paul, member of the WSÃ, NEC Nation, from *Little Hunger* (Harbour Publishing). Printed with permission of author and publisher.