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## Balance Series- Episode I

"Unbalanced Balance"

"Dear friend, I hope **all is well** with you and that you are as **healthy in body** as you are **strong in spirit.**" **3 John 1:2 (NLT)**

"**Seek first** His Kingdom and His righteousness, and all these things will be given to you as well." **Matthew 6:33**

To discover **balance** in our lives, we need to first be \_\_\_\_\_ in our devotion to God.

"There is a path before each person that seems right, but **it ends in death.**" **Proverbs 14:12 (NLT)**

"But blessed are those who **trust** in the Lord and have made the Lord their **hope** and **confidence.**" **Jeremiah 17:7**

"I have brought You glory on earth by **finishing the work** You gave Me to do." **John 17:4**

1. **Look to** \_\_\_\_\_, not to others, to determine your \_\_\_\_\_.

"Very **early in the morning**, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed. Simon and his companions went to look for Him, and when they found Him, they exclaimed: "Everyone is looking for you!" Jesus replied. "Let us go somewhere else – to the nearby villages – so I can preach there also. **That** is why I have come."

**Mark 1:35-38**

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**God's** \_\_\_\_\_ for you and **people's** \_\_\_\_\_ of you will **seldom** come into alignment.

2. Say **no**, so that you can say \_\_\_\_\_.

Only when we know what to say **yes** to can we say \_\_\_\_\_ to everything else.

The **balance** we desire in the priorities of **family, work, and health** will only be added to our life when we seek God first with \_\_\_\_\_ **devotion** and **love**.

All scripture is from the New International Version unless otherwise noted.



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