

"But I say, walk by the spirit, and you will not gratify the desires of the flesh. But the fruit of the spirit is gentleness, self-control; against such things there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires."

Galatians 5:16, 23-24 (ESV)

e (絵, "**picture**") + moji (文字, "**character**") is full of surprises.

"One day some parents brought their children to Jesus so he could lay his hands on them and pray for them. But the disciples scolded the parents for bothering him. But Jesus said, "Let the children come to me. Don't stop them! For the Kingdom of Heaven belongs to those who are like these children." And he placed his hands on their heads and blessed them before he left."

Mark 10:13-15 (NLT)

"If you reject discipline, you only harm yourself; but if you **listen to** correction, you grow in understanding." Proverbs 15:32 (NLT)

"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?" Matthew 6:25-27

Do not live life worrying al	pout what happen.	
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"Give all your worries and 1 Peter 5:7 (NLT)	cares to God, for he cares about you."	
your enemy. But I say, lov persecute you! In that we	hat says, 'Love your neighbor' and hate e your enemies! Pray for those who ay, you will be acting as true children of Matthew 5:43-45a (CSB)	
The biggest stumbling bloo	ck to self control is	
"Don't worry about anything; instead, pray about everything . Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus." - Philippians 4:6-7 (NLT)		
"A man without self-cont without walls." - Proverb	rol is like a city broken into and left os 25:28 (ESV)	
You are robbed of	for your life and	



"One day while Jesus was teaching, some Pharisees and teachers of religious law were sitting nearby. (It seemed that these men showed up from every village in all Galilee and Judea, as well as from Jerusalem.) And the Lord's healing power was strongly with Jesus. Some men came carrying a paralyzed man on a sleeping mat. They tried to take him inside to Jesus, but they couldn't reach him because of the crowd. So they went up to the roof and took off some tiles. Then they lowered the sick man on his mat down into the crowd, right in front of Jesus. Seeing their faith, Jesus said to the man, "Young man, your sins are forgiven." But the Pharisees and teachers of religious law said to themselves, "Who does he think he is? That's blasphemy! Only God can forgive sins!" Jesus knew what they were thinking, so he asked them, "Why do you guestion this in your hearts? Is it easier to say 'Your sins are forgiven,' or 'Stand up and walk'? So I will prove to you that the Son of Man has the authority on earth to forgive sins." Then Jesus turned to the paralyzed man and said, "Stand up, pick up your mat, and go home!" And immediately, as everyone watched, the man jumped up, picked up his mat, and went home praising God. Everyone was gripped with great wonder and awe, and they praised God, exclaiming, "We have seen amazing things today!" Luke 5:17-26 (NLT)

They Jesus to heal.		
It's no surprise that we	·	
The real surprise is that	_ do anything to	God's

"When we were utterly helpless, Christ came at just the right time and died for us sinners. Now, most people would not be willing to die for an upright person, though someone might perhaps be willing to die for a person who is especially good. But God showed his great love for us by sending Christ to die for us while we were still sinners. And since we have been made right in God's sight by the blood of Christ, he will certainly save us from God's condemnation." Romans 5:6-9 (NLT)

and put our	in Jesus.	
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<u>Life</u> is full of surprises.

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Do not live life worrying about what might happen.

"So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For even the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own." Matthew 6:31-34

"Give all your worries and cares to God, for he cares about you."

1 Peter 5:7 (NLT)

"You have heard the law that says, 'Love your neighbor' and hate your enemy. But I say, love your enemies! Pray for those who persecute you! In that way, you will be acting as true children of your Father in heaven." Matthew 5:43-45a (CSB)

The biggest stumbling block to self control is **the element of surprise**.

"Don't worry about anything; instead, **pray about everything**. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. **His peace will guard your hearts and minds** as you live in Christ Jesus." - **Philippians 4:6-7** (NLT)

"A man without self-control is like a city broken into and left without walls." - Proverbs 25:28 (ESV)

You are robbed of **God's intent** for your life and **left defenseless**.



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They **expected** Jesus to heal.

It's no surprise that we are all sinners.

The real surprise is that <u>WE CAN'T</u> do anything to <u>earn</u> God's Grace

"When we were utterly helpless, Christ came at just the right time and died for us sinners. Now, most people would not be willing to die for an upright person, though someone might perhaps be willing to die for a person who is especially good. But God showed his great love for us by sending Christ to die for us while we were still sinners. And since we have been made right in God's sight by the blood of Christ, he will certainly save us from God's condemnation." Romans 5:6-9 (NLT)

Repent and put our **trust** in Jesus.

Some of the best surprises are <u>free gifts</u> and that's what <u>God's</u> <u>grace</u> is.

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