Prepared by Church Intern Sharley Silbernagel

The Lord's Prayer Devotionals

Name: _____

Week Three: Praying for Daily Bread

Memory Verse: Matthew 6:11

"Give us today our daily bread."

Look Up:

- Philippians 4:6
- Philippians 4:12-13
- 1 Timothy 6:6-7
- Hebrews 13:5

Living in North America, it can be very easy to focus on what we do not have or on what we wish we did have. We see ads and commercials for different products all day long; it's estimated that we see between 6,000 and 10,000 ads every day. That's crazy! With all of these ads, it's no wonder that we long for what we don't have instead of being grateful for what we do have. When we pray and ask that God would give us our daily bread, this means trusting that He will provide for us what we *need,* not what we *want.* The verses above talked about God taking care of us and about us learning to be content with what we have. This is a very hard lesson to learn living in a country where there are so many things to want, but we can ask God to help us practice being grateful for what we have every day.

What do you think it means to pray for Daily Bread?

What are some ways that God has provided for you in the past? How does God provide for you on a daily basis?

What are some things that you worry about? How might praying to God help?

Monday Reflection:
Write a list of some things you can do every day to become more content with what you already have.

Tuesday Reflection:
Make a list, draw a picture, or do something creative to explain what's most important in your life. This can include people, hobbies, sports, or anything else that brings you joy.

Wednesday Reflection:
Read Matthew 6:25-34. What word/phrase/verse stood out to you in this passage? Spend some time reflecting on why you think the specific section stood out to you.

Thursday Reflection:
Think about things that you are worried or anxious about. Take some time praying to God, asking Him to help take that worry away.

Friday Reflection:
Write a prayer thanking God for what you have, then spend some time saying this prayer out loud to God.