

# Space for God Wisdom and Rest



## PREPARATION

*In the name of the Father, the Son, and the Holy Spirit.*

The instructions of the Lord are perfect, reviving the soul. The decrees of the Lord are trustworthy, making wise the simple. The commandments of the Lord are right, bringing joy to the heart. The commands of the Lord are clear, giving insight for living.

Psalm 19:7-8

## WORSHIP

He has paid a full ransom for his people. He has guaranteed his covenant with them forever. What a holy, awe-inspiring name he has!

**Fear of the Lord is the foundation of true wisdom. All who obey his commandments will grow in wisdom. Praise him forever!**

Psalm 111:9-10

## CONFESSION

My guilt overwhelms me— it is a burden too heavy to bear.

**My wounds fester and stink because of my foolish sins. But I confess my sins; I am deeply sorry for what I have done. Come quickly to help me, O Lord my savior.**

Psalm 38:4-5,18,22

## MEDITATION Matthew 11:16-19, 25-30\*

**T**o what can I compare this generation? It is like children playing a game in the public square. They complain to their friends,

'We played wedding songs, and you didn't dance, so we played funeral songs, and you didn't mourn.'

For John didn't spend his time eating and drinking, and you say, 'He's possessed by a demon.' The Son of Man, on the other hand, feasts and drinks, and you say, 'He's a glutton and a drunkard, and a friend of tax collectors and other sinners!' But wisdom is shown to be right by its results."

... At that time Jesus prayed this prayer: "O Father, Lord of heaven and earth, thank you for hiding these things from those who think themselves wise and clever, and for revealing them to the childlike. Yes, Father, it pleased you to do it this way!

"My Father has entrusted everything to me. No one truly knows

### IN SOLITUDE AND/OR COMMUNITY

- Read Slowly, several times.
- Reflect What does the text say?
- Respond How does it relate to my life?
- Rest I welcome God's healing and renewal.

the Son except the Father, and no one truly knows the Father except the Son and those to whom the Son chooses to reveal him."

Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light."

## ANCHORING PRAYER

*Lord, You are humble and gentle at heart.*

## REVIEW OF THE HEART

*What wisdom (or rest) have I received from God?*

*In what way do I lack wisdom or rest?*

## WISDOM

Instead, God chose things the world considers foolish in order to shame those who think they are wise. And he chose things that are powerless to shame those who are powerful. God chose things despised by the world, things counted as nothing at all, and used them to bring to nothing what the world considers important.

1 Corinthians 1:27-28

Those who live in the shelter of the Most High will find rest in the shadow of the Almighty.

Psalm 91:1

## TESTIMONY *What is God saying to me?*

## INTERCESSION *Prayers for the Church, for others, and for me.*

## BENEDICTION

How kind the Lord is! How good he is! So merciful, this God of ours!

**The Lord protects those of childlike faith; I was facing death, and he saved me. Let my soul be at rest again, for the Lord has been good to me.**

• Amen •

Psalm 116:5-7

### SPACE FOR GOD DAILY

Be still and quiet before God.

Seek the Holy Spirit's filling and guidance.

Speak and act from a listening heart.

Actively serve in community with others.