

# Sacred Space Your Will, Not Mine

## PREPARATION

Then I said, "Look, I have come. As is written about me in the Scriptures:

**I take joy in doing your will, my God, for your instructions are written on my heart."**

Psalm 40:7-8

## CONFESSION

Have mercy on me, Lord, for I am in distress.

**Tears blur my eyes.**

**My body and soul are withering away.**

**I am dying from grief;**

**my years are shortened by sadness.**

**Sin has drained my strength;**

**I am wasting away from within.** Psalm 31:9-10

## ADORATION and GRATITUDE

I will be glad and rejoice in your unfailing love,  
for you have seen my troubles,  
and you care about the anguish of my soul.

**You have not handed me over to my enemies  
but have set me in a safe place.** Psalm 31:7-8

## MEDITATION & CONTEMPLATION — Mark 14:32-40\*

They went to the olive grove called Gethsemane, and Jesus said, "Sit here while I go and pray." He took Peter, James, and John with him, and he became deeply troubled and distressed. He told them, "My soul is crushed with grief to the point of death. Stay here and keep watch with me."

### IN SOLITUDE AND/OR COMMUNITY

Read	Slowly, several times.
Reflect	How do I relate to this?
Respond	What is my next step of obedience?
Rest	Receive God's healing and renewal.

He went on a little farther and fell to the ground. He prayed that, if it were possible, the awful hour awaiting him might pass him by. "Abba, Father," he cried out, "everything is possible for you. Please take this cup of suffering away from me. Yet I want your will to be done, not mine."

Then he returned and found the disciples asleep. He said to Peter, "Simon, are you asleep? Couldn't you watch with me even one hour? Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak."

Then Jesus left them again and prayed the same prayer as before. When he returned to them again, he found them sleeping, for they couldn't keep their eyes open. And they didn't know what to say.

## ANCHORING PRAYER

*"Lord, may your will be done in me."*

## REVIEW OF THE HEART

*What has been the most challenging part of following God's will lately?*

*What "awful hour" am I praying will pass me by?*

## WISDOM

Seek his will in all you do, and he will show you which path to take. Proverbs 3:6

"I am Thy servant to do Thy will, and that will is sweeter to me than position or riches or fame, and I choose it above all things on Earth or in Heaven." — A.W. Tozer

## TESTIMONY *What is God saying to me?*

## INTERCESSION *Prayers for the Church, others, and me.*

## CLOSING PRAYER

**Now may the God of peace—**

**who brought up from the dead our Lord Jesus,  
the great Shepherd of the sheep,**

**and ratified an eternal covenant with his blood—  
may he equip you with all you need**

**for doing his will.**

**May he produce in you,**

**through the power of Jesus Christ,  
every good thing that is pleasing to him.**

**All glory to him forever and ever! Amen.**

Hebrews 13:20-21

## SACRED SPACE EVERY DAY

Be still and quiet before God.

Be filled with the Holy Spirit.

Speak and act from a listening heart.

Pray for, and serve my community.

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