

Jesus Explains the Bread of Life

Lesson Text: *John 6:53-54, 60-71*

Last week, we learned that Jesus said, "I am the Bread of Life." Now Jesus told His followers that He would go back to where He came from. He came from heaven. Later, He would die on the cross and rise again to go to heaven so that everyone who believes in Him could have eternal life. Only Jesus' blood saves us from our sins.

The people listening to Jesus knew the Old Testament. Jesus said that He is the bread that came down from heaven. The people knew that Jesus was telling them He is God.

This surprised the people. They thought Jesus was just a good teacher. Many people only followed Jesus because He did good things. Jesus healed people and gave them food. That made Jesus popular. Now the people heard Jesus say He is God. They said, "This teaching is too hard to accept." They stopped following Jesus.

Jesus knows everything. Jesus knew those people were never real believers. He knew they would turn away. Jesus healed them and taught them anyway. Jesus was sad that they turned away from Him and the eternal life He could give them.

Jesus even knew that one of His disciples would betray Him. He still loved that disciple. Jesus was sad when he left too. Jesus wants everyone to have eternal life.

Jesus' closest disciples did not leave Him. Peter spoke for all of them. Peter said, "We know that you are

the Son of God." They believed Jesus brings eternal life. Now that they knew Jesus brought life, they could not leave. Jesus was their hope and salvation. Sometimes following Jesus was hard, but those disciples that truly believed in Him followed Jesus for the rest of their lives.

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"And he said, Therefore said I unto you, that no man can come unto me, except it were given unto him of my Father" (John 6:65).



Jesus told His disciples that the only way to heaven is through Him.