## SUNDAY CELEBRATION 10:00 AM
## KNOX UNITED CHURCH

**November 4, 2018**

345 Pym Street, Parksville, BC, V9P 1C8
(250) 248-3927 www.kucparksville.ca

### Compassion, Inclusion, Joy and Spirituality

Rev. Jennifer Ferguson, *Minister* Rev. Dr. M. Bruce McIntyre, *Minister Emeritus*
Jane Williams, *Administrator* Jenny Vincent, *Music Leader*
Karen Freeman, *Facility Coordinator* Jan & Bill Laurie, *Music Team*
Kathleen Howard, *Relief Administrator* Kathy Grand, *Reader*
Stephen Pilling, *Guest Music Leader*

## BEING CHRISTIAN IN THE 21ST CENTURY
## SCIENCE AND SPIRITUALITY

Please note that our sanctuary is equipped with a loop system for the hearing impaired. If you wear a hearing-aid, please turn it to the "T" position.

***Thank you for remembering that Knox strives to be a SCENT FREE ZONE***
In body or in spirit, please stand as you are able where indicated (*)

**LIGHTING OF THE CHRIST CANDLE**

**PREPARATION FOR WORSHIP**

**WELCOME AND LIFE AND WORK OF THE PEOPLE**

***PASSING OF THE PEACE**

### A TIME OF REJOICING

*Earth and All Stars 888VU
Called by Earth and Sky 135MV

**CENTERING PRAYER**

**KID'S ZONE**

**CHILDREN'S HYMN:** O Beautiful Gaia 41MV

*(Children are now invited to participate in a time of fun, food and learning in our Sunday school area)*

### A TIME OF REFLECTING

**SCRIPTURE READING:** 2 Corinthians 4:16-5:5

**REFLECTION**

***HYMN:** Shadow and Substance 44MV

**PRAYERS OF THE PEOPLE and LORD'S PRAYER**

*The Singing Bowl invites us to center….*

Sung Response:

The Lord's Prayer

### A TIME OF RISING

***HYMN** We Shall Go Out with Hope of Resurrection 586VU

***BLESSING**

**POSTLUDE**

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### TODAY AT KNOX

***Our sincere welcome and appreciation goes to our guest music leader, Stephen Pilling***

### NEXT WEEK AT KNOX

**REMEMBRANCE DAY SERVICE – *IMPORTANT CHANGE***
The Remembrance Day Service on **Sunday, November 11th** will begin at **9:30 am** and finish at **10:30 am**. Please submit memorial photographs of those who served to the tech booth by emailing them to tech@kucparksville.ca
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**WEEKLY OFFERING –** We are grateful for your financial gifts to our 9 ministries. Please place your offering in the baskets provided on the communion table or on the table inside the main sanctuary doors before or after the worship service.

## ANNOUNCEMENTS

**Welcome to Our Service of Worship at Knox!** We extend a warm welcome to **all** who may be visiting with us this morning. Please know that visitors are welcome to participate in **every** part of our worship service. If you are visiting from near or from afar, thank you for finding your way to Knox. Together we seek God's grace; it is God who welcomes you. A nursery is available in Room 4 for children 0-3.
Changing table is in the nursery.

## KNOX COMMUNITY NEWS

*This bulletin has been adopted and flowers have been placed in the sanctuary by Phyllis & Ken Fanning to celebrate their 51st wedding anniversary today.*

*Flowers have also been placed in the sanctuary today by Shirley Hill in memory of Dr. Ron Hill from all his family.*

*There will be an informal graveside service with Rev. Foster Freed officiating for Joan Cunningham on Wednesday, November 14th at 2 pm.*

## CELEBRATION OF COMOX NANAIMO PRESBYTERY
## NOVEMBER 17TH, 2018
## 11:00 am – 3:00 pm
## AT TRINITY UNITED CHURCH

Please mark Saturday, November 17th on your calendar. This is an exciting event for the **whole** Presbytery and **all church folk** are invited to this celebration. We are giving notice to save this date:
**Saturday Nov. 17, 11:00-3:00**

## WORSHIP AND ARTS

**PRESBYTERY PRAYER CYCLE** – Prayers this week to in remembrance of all those who have fought for our freedom.

## SOCIAL JUSTICE & OUTREACH

**NOVEMBER GREEN TEAM CHALLENGE –**
Did you know that your newspaper bags are recyclable? There is a member of our congregation who delivers the local newspapers and she can always re use the bags. There is a labelled container below the coat rack in the hallway that you can put your extra plastic bags in. Please, only put in the newspaper bags as she cannot use anything else.

**GLOBAL VILLAGE NANAIMO -** Fair-Trade Store Open
**New location: 111 Terminal Avenue**. (corner of Terminal & Campbell) This is a not-for-profit social enterprise that sells only fair-trade goods, including soaps, spices, coffee/tea, housewares, gifts, accessories, linens & Christmas items and it is only open until **Dec 24**. Volunteers needed. Info: email to gvnanaimo@gmail.com.

**THANKSGIVING OFFERING** - Many thanks to the caring members of our congregation for their generous donations to the Food Bank and **$2,703** which was delivered to the Homelessness Task Force for their work in helping the disadvantaged in our community.

## FUN, FAMILY AND FRIENDS

**NEWCOMER'S MEET AND GREET –** Come meet Jennifer, Jenny and other leaders in the church for a little one on one and to meet a few of the "regular" Knox folks. Grab your coffee after the service and head to the chapel to meet other folks that may be as new and as nervous as you are! The next meet and greet will be **Sunday, November 25, 2018.**

**SISTERS UNITED** - invite all ladies of the congregation to join us on Monday, **November 5th** in the Lounge at 5:30pm for a social time and potluck supper. We are honoured to have Gerry Garnett and Bronwen Menzies, on behalf of her son, speaking to us. Gerry Garnett and Cameron Johnston (Bronwen's son) both cycled across Canada at

different times and we will be privileged to hear their stories. We just ask that you bring a food item to share and your own place setting and cutlery. See you there!

**KNOX UCW (UNITED CHURCH WOMEN)** – Will be participating in the "Knox Perfect Gift" Christmas Craft Fair on **Saturday, November 10th** from **9:30 am to 3:30 pm**. We will be selling **HOME BAKING & CRAFTS** (Knitting, sewing, Christmas crafts etc.) Donations of baking or crafts would be gratefully appreciated. Money raised from this sale will go towards the $1,000.00 that UCW give annually to the Knox Operating Fund. This year we will be in the "Library". Baking and crafts can be left there on Friday, November 9th from 10:00 am to 4:00 pm. For further info please phone Margaret De Hart at 250-947-9199.

**OMG….IT'S GMO! A HOME GROUP FOR MEN**

**G**ALLANT, **G**RACIOUS, **G**RATEFUL MEN
We gather every **2nd** and **4th Tuesday** at **7 pm**
**Next dates: November 13 and 27**
*If you lick the frosting off a cupcake it becomes a muffin and muffins are healthy!*
**MORE INFO – Contact Shane** at grumpymenonly@gmail.com

## SACRED SPACES

**MISSING YOUR FAVOURITE JACKET? –** Come and check out our Knox closet by the kitchen. We have amassed quite a collection of late. Please come by and have a look to see if one of them might just be yours.

## STEWARDSHIP & FINANCE

**organWORX AT KNOX** Subscription renewals or new subscriptions for the 2018-19 organWORX three-concert series may be purchased in the Narthex, through the Knox office, online via the Knox website at www.kucparksville.ca/events, and from the Mulberry Bush Bookstores in Parksville and Qualicum Beach. See the season brochure for details.

**"PERFECT GIFT" CHRISTMAS CRAFT FAIR**
**on NOV. 10**

**Thanks to everyone who has volunteered**
**to help with this exciting Christmas fundraiser.**

**KNOX DONATIONS TABLES**

**Buffy da Silva welcomes any Quality Gifts**
**that you think others would enjoy.**
**We still have space for more.**
**Who knows…your donation may turn out to be**
**the "Perfect Gift" for someone else.**
**Please leave these items**
**in the photocopy room,**
**labelled for the Christmas Craft Fair.**

**CRAFT FAIR CAFÉ – CAN YOU HELP?**

**Thank you to all who have signed up to ensure our Knox Café is a success!**
**There are still some ways you can help including:**
**2-3 volunteers to help with cleanup at 3:00**
**2 more cashiers/order takers 9:00 – 12:00 or 12:00 – 3:00**
**2 more servers/clearing tables etc. 12:00 – 3:00**
**Folding chairs to lend**
**Please check out the sign-up lists if you haven't already done so.**
**Join in on the fellowship!**
**Questions? Contact Sandy Dunn 250-248-6393 or sandyd@telus.net**

## HEALING AND PASTORAL CARE

**"IN THIS TOGETHER" -** Knox's emotional health, peer support, group meets every Monday, 11 am - 12 noon, in room 6. A peer-based support group for anyone with emotional or mental health needs. You do not need a referral to participate, only a desire to improve your emotional health with God's help. **Myth #5** "If I come, I'll be forced to share", a lot of casual sharing happens before and after the meeting. In the group time its ok to say that you'd just like to listen today. We focus on a few topics and/ or how we are doing. For more info. contact Bill Laurie (250-713-4742), Margo Pearson (250- 594-7469) or Paul Vincent (250-937-8911).

**HEALING MINISTRY – EVENING HEALING SESSIONS**
Now available on **Tuesdays** at **6** or **7 pm**. Please contact the office.

**GOOD GRIEF GROUP** - Wednesdays 2:30-4:00 from Oct. 17-Nov.28 This is a group for people undergoing the challenging experience of loss in their lives and willing to share that journey with others. Together we will be sharing memories and stories and pictures of our loved ones, do some deep listening and reflection on the stages of grief, explore coping strategies with one another, and drink in hope through our faith and one another. Please register with the office. Facilitator: Jennifer Ferguson

**HEALING SERVICE WITH COMMUNION -** The Healing Team and Worship and Arts Team will be collaborating ministries to offer a service of Comfort and Healing on **Dec 16th** at 3:00 pm. This will be a beautiful service in which candle lighting, peaceful music, prayers, reflection, communion, anointing of oil and laying on of hands for healing will be offered. Come away from the clutter and the chaos to find the quiet centre. Join us for an experience of healing and hope.

## MINISTRY & PERSONNEL

**Rev. Jennifer Ferguson: Monday-Thursday** (Please note: Jennifer's schedule varies with meetings etc. If you would like to meet with her for pastoral care, please call her to make an appointment at **250-927-6061**, or email **minister@kucparksville.ca** or leave a message in the office.)

**NOTE: Jennifer's days off are Fridays and Saturdays.**

## SPIRITUAL FORMATION

**DROP IN BIBLE STUDY** - With Jennifer Wednesdays at 10:00 am. With those gathered, we will delve into the scripture to be discussed in Worship for the upcoming week and discover how it applies to our own lives. All perspectives and insights are welcome.

**PAINTING THE STARS -** Tuesday evenings 6:30-8:30 OR Thursday mornings 10:00-Noon beginning week of Oct. 2/4-Nov.27/29. A seven-week DVD series exploring the connection between religion, science and the future of evolutionary Christian spirituality featuring speakers like United Church minister Bruce Sanguine, John Spong, Matthew Fox, Gretta Vosper, Michael Dowd and others. Please register with the office.
Cost: $10 Facilitator: Jennifer Ferguson

**CENTERING PRAYER** - **Thurs, Nov 8. 1:30 -2:45 Centering Prayer follow up session**. A time to practice this contemplative prayer and deepen our understanding with a talk by Thomas Keating (on DVD).

**NEWS FROM COUNCIL**
**MISSION PROCESS**

**GOD TALK - A CONGREGATIONAL GATHERING**
**ON SUNDAY, NOVEMBER 18 FROM 11:30-1:00 PM.**

*EVER FEEL LIKE YOU AND SOMEONE ELSE JUST DON'T GET EACH OTHER'S FAITH PERSPECTIVE? WOULD YOU LIKE TO UNDERSTAND EACH OTHER BETTER?*

On Sunday Nov. 18th from 11:30-1:00 pm come and discover which one of the 5 faith perspectives from Professor Janet Gear's Theological Buffet feels most like home, learn about the other theological homes that different neighbours at Knox live in, and figure out how we can all still be friends! Join us for a fun and enlightening discussion.

## KNOX CALENDAR
## November 4 – November 11, 2018

| | | |
|---|---|---|
| **Sunday, Nov 4** | **Daylight Savings Ends** | |
| Worship Service … | 10:00 am – 11:00 am | Sanctuary |
| Great Canadian Songbook | 2:30 pm – 4:30 pm | Sanctuary |
| **Monday, Nov 5** | | |
| Green Team | 9:30 am – 11:30 am | Room 5 |
| Line Dancing | 10:00 am – 12:00 pm | Rooms 1 & 2 |
| In this Together (Mental Health Support Group) | 10:30 am – 12:30 am | Room 6 |
| M & P Meets Today! | 1:00 pm – 3:00 pm | Rooms 1 & 2 |
| M & P Meeting | 1:00 pm – 3:00 pm | Room 5 |
| Mission Team | 1:00 pm – 3:00 pm | Lounge |
| Sisters United | 4:00 pm – 8:30 pm | L/K |
| Cantando Singers | 7:00 pm – 9:00 | Rooms 1 & 2 |
| Handbell Choir | 7:00 pm – 8:30 pm | Sanctuary |
| **Tuesday, Nov 6** | | |
| Healing Ministry | 9:30 am – 11:30 am | Room 6 |
| Mission Team Interviews | 10:00 am – 3:30 pm | Room 5 |
| Library Committee | 1:00 pm – 3:00 pm | Library |
| Healing Ministry | 1:30 pm – 3:30 pm | Room 6 |
| Healing Ministry | 6:00 pm – 8:00 pm | Room 6 |
| Painting the Stars | 6:30 pm – 8:00 pm | Lounge |
| AA | 7:00 pm – 8:30 pm | Rooms 1 & 2 |
| Community Choir | 7:00 pm – 9:30 pm | Sanctuary |
| OA | 7:30 pm – 8:30 pm | Room 5 |
| **Wednesday, Nov 7** | | |
| Drop in Bible Study | 10:00 am – 12:00 pm | Room 6 |
| Healing Ministry Training | 1:15 pm – 3:15 pm | Room 6 |
| Knox Men's Club | 2:00 pm – 4:00 pm | Chapel |
| Good Grief | 2:30 pm – 4:00 pm | Room 5 |
| Knox Choir | 7:00 pm – 9:00 pm | Sanctuary |
| **Thursday, Nov 8** | | |
| Painting the Stars | 10:00 am – 12:00 pm | Lounge |
| Rainbows | 6:30 pm – 8:00 pm | All Rooms |
| **Friday, Nov 9** | | |
| Craft Fair Set-up | 9:00 am – 12:00 pm | All Rooms |
| Healing Ministry | 9:30 am – 11:30 am | Room 6 |
| OA | 12:00 pm – 1:00 pm | Chapel |
| **Saturday, Nov 10** | | |
| Christmas Craft Fair | 9:30 am – 3:30 pm | All Rooms |
| **Sunday, Nov 11** | **Remembrance Day** | |
| Worship Service | 9:30 am – 10:30 am | Sanctuary |

# Knox United Church Council 2018-19

| | | |
|---|---|---|
| **Executive Officers of Council** | | |
| Chair | George Pearson | george@kucparksville.ca |
| Vice Chair | Lois Grill | vicechair@kucparksville.ca |
| Past Chair | Gerry Garnett | pastchair@kucparksville.ca |
| Secretary | Linda Nelson | councilsec@kucparksville.ca |
| Stewardship | Bev Harrison | finance1@kucparksville.ca |
| & Finance | Dennis Riley | dpriley@shaw.ca |
| Minister | Jennifer Ferguson | minister@kucparksville.ca |
| **Additional Council Members** | | |
| Treasurer | Ken Fanning | acctg@kucparksville.ca |
| Trustee Rep | Wayne Larson | larsonw@shaw.ca |
| | Sandra Machan | trustees@kucparksville.ca |
| Presbytery Reps | Rick Roberts | rick.roberts@shaw.ca |
| | Carol Ross | rosscaa@hotmail.com |

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|---|---|---|
| | Ken Fanning | acctg@kucparksville.ca |
| | Jennifer Ferguson | minister@kucparksville.ca |
| Member at Large | Bob McInnes | memberatlarge@kucparksville.ca |
| | Roxey Edwards | edwokr@shaw.ca |
| 1 Youth Rep | TBA | |

**Ministry Team Leads on Council**

| | | |
|---|---|---|
| Stewardship | Bev Harrison | finance1@kucparksville.ca |
| & Finance | Dennis Riley | dpriley@shaw.ca |
| Ministry & Personnel | Mary Ellen Campbell | mandp@kucparksville.ca |
| Social Justice | Alison Stewart | ab.stewart@shaw.ca |
| & Outreach | Donna Kennedy | djkparks@yahoo.ca |
| Healing & Pastoral Care | Mary-Allison Bell | pastoralandhealing1@kucparksville.ca |
| | Maureen Loudon | maureenloudon@shaw.ca |
| Sacred Spaces | Margaret Warburton | sacredspaces1@kucparksville.ca |
| | Ian Ward | sacredspaces2@kucparksville.ca |
| Worship & Arts | Shirlene Donnelly | shirlene_donnelly@yahoo.com |
| Fun, Family & Friends | Carol Ross | rosscaa@hotmail.com |
| Communications | Jo Dunn | communications@kucparksville.ca |
| Spiritual Formation | Jan du Monde | sf@kucparksville.ca |
| | Margo Pearson | |
| **Healing Pathway Team** | Lois Grill, Coordinator | vicechair@kucparksville.ca |

# Knox United Church Email Addresses

## Knox Staff Email Contact Info

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|---|---|
| **Rev. Jennifer Ferguson, Minister:** | minister@kucparksville.ca |
| Jenny Vincent, Music Leader: | music@kucparksville.ca |
| Jane Williams, Administrator: | admin@kucparksville.ca |
| Karen Freeman, Facility Coordinator: | facility@kucparksville.ca |
| Ken Fanning, Treasurer: | acctg@kucparksville.ca |
| Kathleen Howard, Relief Admin: | knoxweekly@kucparksville.ca |
| Tech Team: | tech@kucparksville.ca |
| Library: | library@kucparksville.ca |
| Carmen Corbet, Custodian: | custodian@kucparksville.ca |
| Website: | https://www.kucparksville.ca |

*A great unification is now taking place between science and spirituality. The most advanced discoveries of modern science are rising to reaffirm the timeless wisdom of the great religious and spiritual traditions of every culture.*
*John Hagelin*

*There is no science without spirituality; spirituality has no meaning without science.*
*Debasish Mridha*

***Sunday, November 4, 2018***

# BEING CHRISTIAN IN THE 21ST CENTURY
# SCIENCE AND SPIRITUALITY

*Knox United Church*