

Morning Prayer: January 15, 2021

Friday After the First Sunday of Epiphany: the Baptism of Our Lord

Officiant O Lord, open our lips,

People **And our mouth shall proclaim your praise.**

Officiant O God, make speed to save us.

People **O Lord, make haste to help us.**

Officiant The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day, so may the light of your presence,
O God, set our hearts on fire with love for you; now and for ever.

All **Blessed be God, Father, Son and Holy Spirit.**

Psalm 22

Plea for Deliverance from Suffering and Hostility

¹My God, my God, why have you forsaken me?
Why are you so far from helping me, from the words of my groaning?

²O my God, I cry by day, but you do not answer;

and by night, but find no rest.

³Yet you are holy,
enthroned on the praises of Israel.

⁴In you our ancestors trusted;
they trusted, and you delivered them.

⁵To you they cried, and were saved;
in you they trusted, and were not put to shame.

⁶But I am a worm, and not human;
scorned by others, and despised by the people.

⁷ All who see me mock at me;
they make mouths at me, they shake their heads;

⁸ 'Commit your cause to the Lord; let him deliver—
let him rescue the one in whom he delights!'

⁹ Yet it was you who took me from the womb;
you kept me safe on my mother's breast.

¹⁰ On you I was cast from my birth,
and since my mother bore me you have been my God.

¹¹ Do not be far from me,
for trouble is near
and there is no one to help.

¹² Many bulls encircle me,
strong bulls of Bashan surround me;

¹³ they open wide their mouths at me,
like a ravening and roaring lion.

¹⁴ I am poured out like water,
and all my bones are out of joint;
my heart is like wax;
it is melted within my breast;

¹⁵ my mouth^[a] is dried up like a potsherd,
and my tongue sticks to my jaws;
you lay me in the dust of death.

¹⁶ For dogs are all around me;
a company of evildoers encircles me.
My hands and feet have shrivelled;^[b]

¹⁷ I can count all my bones.
They stare and gloat over me;

¹⁸ they divide my clothes among themselves,
and for my clothing they cast lots.

¹⁹ But you, O Lord, do not be far away!
O my help, come quickly to my aid!

²⁰ Deliver my soul from the sword,
my life^[c] from the power of the dog!

²¹ Save me from the mouth of the lion!
From the horns of the wild oxen you have rescued^[d] me.

- ²² I will tell of your name to my brothers and sisters;^[e]
in the midst of the congregation I will praise you:
- ²³ You who fear the Lord, praise him!
All you offspring of Jacob, glorify him;
stand in awe of him, all you offspring of Israel!
- ²⁴ For he did not despise or abhor
the affliction of the afflicted;
he did not hide his face from me,^[f]
but heard when I^[g] cried to him.
- ²⁵ From you comes my praise in the great congregation;
my vows I will pay before those who fear him.
- ²⁶ The poor^[h] shall eat and be satisfied;
those who seek him shall praise the Lord.
May your hearts live for ever!
- ²⁷ All the ends of the earth shall remember
and turn to the Lord;
and all the families of the nations
shall worship before him.^[i]
- ²⁸ For dominion belongs to the Lord,
and he rules over the nations.
- ²⁹ To him,^[j] indeed, shall all who sleep in^[k] the earth bow down;
before him shall bow all who go down to the dust,
and I shall live for him.^[l]
- ³⁰ Posterity will serve him;
future generations will be told about the Lord,
- ³¹ and^[m] proclaim his deliverance to a people yet unborn,
saying that he has done it.

All Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Reading

The New Testament reading

A reading from Mark

Mark 2: 1-12

Jesus Heals a Paralytic

2 When he returned to Capernaum after some days, it was reported that he was at home.

² So many gathered around that there was no longer room for them, not even in front of the door; and he was speaking the word to them.

³ Then some people^[a] came, bringing to him a paralysed man, carried by four of them.

⁴ And when they could not bring him to Jesus because of the crowd, they removed the roof above him; and after having dug through it, they let down the mat on which the paralytic lay.

⁵ When Jesus saw their faith, he said to the paralytic, 'Son, your sins are forgiven.'

⁶ Now some of the scribes were sitting there, questioning in their hearts,

⁷ 'Why does this fellow speak in this way? It is blasphemy! Who can forgive sins but God alone?'

⁸ At once Jesus perceived in his spirit that they were discussing these questions among themselves; and he said to them, 'Why do you raise such questions in your hearts?'

⁹ Which is easier, to say to the paralytic, "Your sins are forgiven", or to say, "Stand up and take your mat and walk"?

¹⁰ But so that you may know that the Son of Man has authority on earth to forgive sins'—he said to the paralytic—

¹¹ 'I say to you, stand up, take your mat and go to your home.'

¹² And he stood up, and immediately took the mat and went out before all of them; so that they were all amazed and glorified God, saying, 'We have never seen anything like this!'

After the reading the reader says,

The word of the Lord.

People **Thanks be to God.**

Canticle



The Second Song of Isaiah
Quaerite Dominum Isaiah 55:6-11

Seek the Lord while he wills to be found; *
call upon him when he draws near.

Let the wicked forsake their ways *
and the evil ones their thoughts;

And let them turn to the Lord,
and he will have compassion, *
and to our God, for he will richly pardon.

For my thoughts are not your thoughts, *
nor your ways my ways, says the Lord.

For as the heavens are higher than the earth, *
so are my ways higher than your ways,
and my thoughts than your thoughts.

For as rain and snow fall from the heavens *
and return not again, but water the earth,

Bringing forth life and giving growth, *
seed for sowing and bread for eating,

So is my word that goes forth from my mouth; *
it will not return to me empty;

But it will accomplish that which I have purposed, *
and prosper in that for which I sent it.

All **Glory to the Source of all Being, the Eternal Word and Holy Spirit: as it
was in the beginning, is now, and will be for ever. Amen.**

Intercessions and Thanksgivings

Prayers are offered in a period of silence.

Lord's Prayer

Officiant Gathering our prayers and praises into one, let us pray as our Saviour taught us,

All Our Father in heaven, hallowed be your name,
your kingdom come,
your will be
done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power,
and the glory are yours, now and for ever. Amen.

Dismissal

Officiant May the peace of the Lord Christ go with you
People wherever he may send you.

Officiant May he guide you through the wilderness;
People protect you through the storm;

Officiant May he bring you home rejoicing;
People at the wonders he has shown you;

Officiant May he bring you home rejoicing
People once more to our doors.