

Romans 8:1-4 (NLT) - So now there is no condemnation for those who belong to Christ Jesus. ² And because you belong to him, the power of the life-giving Spirit has freed you from the power of sin that leads to death. ³ The law of Moses was unable to save us because of the weakness of our sinful nature. So God did what the law could not do. He sent his own Son in a body like the bodies we sinners have. And in that body God declared an end to sin's control over us by giving his Son as a sacrifice for our sins. ⁴ He did this so that the just requirement of the law would be fully satisfied for us, who no longer follow our sinful nature but instead follow the Spirit.

Romans 8:5-11 (NLT) - Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit. ⁶ So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace. ⁷ For the sinful nature is always hostile to God. It never did obey God's laws, and it never will. ⁸ That's why those who are still under the control of their sinful nature can never please God. ⁹ But you are not controlled by your sinful nature. You are controlled by the Spirit if you have the Spirit of God living in you. (And remember that those who do not have the Spirit of Christ living in them do not belong to him at all.) ¹⁰ And Christ lives within you, so even though your body will die because of sin, the Spirit gives you life because you have been made right with God. ¹¹ The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you.

The New Covenant takes us from fearful slaves to fearless Children of God.

Romans 8:12-17 (NLT) - Therefore, dear brothers and sisters, you have no obligation to do what your sinful nature urges you to do. ¹³ For if you live by its dictates, you will die. But if through the power of the Spirit you put to death the deeds of your sinful nature, you will live. ¹⁴ For all who are led by the Spirit of God are children of God. ¹⁵ So you have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when he adopted you as his own children. Now we call him, "Abba, Father." ¹⁶ For his Spirit joins with our spirit to affirm that we are God's children. ¹⁷ And since we are his children, we are his heirs. In fact, together with Christ we are heirs of God's glory. But if we are to share his glory, we must also share his suffering.

1 Corinthians 11:23-26 (NLT) - For I pass on to you what I received from the Lord himself. On the night when he was betrayed, the Lord Jesus took some bread ²⁴ and gave thanks to God for it. Then he broke it in pieces and said, "This is my body, which is given for you. Do this in remembrance of me." ²⁵ In the same way, he took the cup of wine after supper, saying, "This cup is the new covenant between God and his people—an agreement confirmed with my blood. Do this in remembrance of me as often as you drink it." ²⁶ For every time you eat this bread and drink this cup, you are announcing the Lord's death until he comes again.

Study Guide

Take a moment to read 2 Corinthians 5:16-21.

When we read this piece of scripture there are two big things that stand out. The first is that the old life is gone and a new life has begun! As you consider your old life and who you are in Christ, what are some of the differences? What have you been set free from? How are you different now?

The second piece is what we are called to do as new people. The Bible is clear that we are called to do more than just enjoy our new life for ourselves. We are invited to be ambassadors for God! As you consider the word "ambassador" what comes to mind? How have you acted as an ambassador for God? How could you act as an ambassador for God?

In Christ, we are new people with a new mission to change the world. The hardest part of that can sometimes be remembering it in the day to day? How do you stay focused on the mission we have been given? How do you remind yourself that you have been set free and don't need to go back to who you were before?

Take some time to pray for each other.