

Space for God Temptations in the Desert

PREPARATION

All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. **It corrects us when we are wrong and teaches us to do what is right.** 2 Timothy 3:16

CONFESSION

The temptations in your life are no different from what others experience. **And God is faithful. He will not allow the temptation to be more than you can stand.** When you are tempted, he will show you a way out so that you can endure. 1 Corinthians 10:13

WORSHIP

God blesses those who patiently endure testing and temptation. **Afterward they will receive the crown of life that God has promised to those who love him.** James 1:12

MEDITATION & CONTEMPLATION — Luke 4:1-13*

Then Jesus, full of the Holy Spirit, returned from the Jordan River. He was led by the Spirit in the wilderness, where he was tempted by the devil for forty days. Jesus ate nothing all that time and became very hungry.

IN SOLITUDE AND/OR COMMUNITY	
Read	Slowly, several times.
Reflect	What does the text say?
Respond	How does it relate to my life?
Rest	I welcome God's healing and renewal.

Then the devil said to him, "If you are the Son of God, tell this stone to become a loaf of bread."

But Jesus told him, "No! The Scriptures say, 'People do not live by bread alone.'"

Then the devil took him up and revealed to him all the kingdoms of the world in a moment of time. "I will give you the glory of these kingdoms and authority over them," the devil said, "because they are mine to give to anyone I please. I will give it all to you if you will worship me."

Jesus replied, "The Scriptures say,
"You must worship the Lord your God and serve only him."

Then the devil took him to Jerusalem, to the highest point of the Temple, and said, "If you are the Son of God, jump off! For the Scriptures say,

'He will order his angels to protect and guard you. And they will hold you up with their hands so you won't even hurt your foot on a stone.'"

Jesus responded, "The Scriptures also say, 'You must not test the Lord your God.'"

When the devil had finished tempting Jesus, he left him until the next opportunity came.

ANCHORING PRAYER

"Lord, your Word guides me through the wilderness."

REVIEW OF THE HEART (previous 24 hours)

What temptations have I resisted?

What temptations have I succumbed to?

What Scripture has sustained me?

WISDOM

And remember, when you are being tempted, do not say, "God is tempting me." God is never tempted to do wrong, and he never tempts anyone else. James 1:13

Temptation comes from our own desires, which entice us and drag us away. James 1:14

TESTIMONY *What is God saying to me?*

INTERCESSION *Prayers for the Church, for others, and for me.*

BENEDICTION

**O God, you are my God; I earnestly search for you.
My soul thirsts for you; my whole body longs for you
in this parched and weary land where there is no water.
I have seen you in your sanctuary
and gazed upon your power and glory.
Your unfailing love is better than life itself; how I praise you!
I will praise you as long as I live, lifting up my hands to you in prayer.
You satisfy me more than the richest feast I will praise you with
songs of joy. [Amen]**

Psalm 63:1-5

SPACE FOR GOD DAILY

Be still and quiet before God.

Seek the Holy Spirit's filling and

Speak and act from a listening heart.

Actively serve in community with others.