



St. Paul's News Bulletin

May 17, 2020



Parish Events

Today's Video Service of Spiritual Communion is being posted on our website at 10 am on May 17. You can watch and share it via this link: <https://www.stpaulscalgary.ca/podcasts/media>.

All our Sunday Services are being videoed and can be shared the same way on our website Sundays at 10 am.

Sunday Coffee Time Everybody's invited to share Coffee Time after the Service at 11:00 am via Zoom. Fergus sent out the details you'll need to join in his May 16 email to the Parish.

Sunday School Resources for Sunday School at Home, from the National Church, are posted on our website. To find them, please type in "Sunday School" in the search box, and then click on "Sunday School."

"Way of Love" Study: Our "Way of Love" Zoom Study occurs Thursdays at 11 a.m. and 7:30 pm. For details, please visit us on Facebook or Twitter. To participate, please contact Fergus at pastorfergus@gmail.com.

Wednesday Morning Prayer: We're posting video Morning Prayer Services on Facebook **and our new YouTube Channel (see lower right corner)** Wednesdays at 9:30 am. All are invited to share these times of worship.

Wednesday Morning Bible Study: If you'd like to participate in a Zoom Wednesday Morning Bible Study on the Readings for the upcoming Sunday, please contact M'Laurel Thompson at msthompson@xplornet.ca.

Open Mike Night: Coming via Zoom June 7! Look for details soon!

Face Masks or Scrub Bags: If you're interested in making face masks or scrub bags for nurses, please contact Laura Anne at office@stpaulscalgary.ca for patterns. We've some available at the church. There are 2 styles: one is form fitted with elastic to go around the ears; the second has a filter pocket and ties up behind your head. If you'd like one, please phone the Office to arrange for a time for you to pick it up, or have it delivered to you. Scrub bags are provided upon request. **Thank you, Laura Anne and Trish Lequier, for making these!**

Prayer Group Ministry If you have a prayer request, or would like to join this vital ministry, please contact Dinah at breu.dinah@gmail.com, or Fergus.

All of us are invited to unite in prayer together as never before—especially for all in our Parish and community who are the most vulnerable physically (including health care workers) or particularly struggling.

Caring Contact Ministry: Thank you to all the Helpers in our Caring Contact Ministry. Helpers contact the households on their lists once a month, and sharing any pas-

toral concerns with Fergus. If you'd like to join this Ministry, please let Fergus know.

All of us have a vital role to play in staying connected with one another in this time when we can't be together physically. Please take the time to connect with those you know to make sure they're managing, and ask permission to share any pastoral needs with Fergus.

Grocery Pick-up Ministry: Thank you to those who've volunteered to pick up groceries or prescriptions for those who can't get out. If you'd like to join this Ministry, please contact the Office.

Book Borrowing: If you'd like to borrow books from our Parish Library or Fergus' Book Nook, please contact the Office. Fergus can put books in the church mailbox, using gloves. No book has been touched since Mar. 7.

In-person Gatherings: All in-person Worship Services and other gatherings continue to be suspended. Phone messages and emails are being answered regularly. **The Diocese is setting up a Task Force to establish phased protocols for Parishes. These will be circulated once it's approved by Diocesan Council.**

Pastoral Visits: Fergus is available for regular visits via phone or email; and responding to all pastoral emergencies. **Please don't hesitate to contact him if you need someone to talk and pray with in these difficult times.**

Offerings: Our continued Offerings, even when we are not able to be physically present at Services, are critical to helping us fulfill our Mission. Here are ways to offer this support. One easy option is to donate via our website (<https://www.stpaulscalgary.ca/donate>). **This is completely secure, with the highest level of PCI compliance.** Other options are mailing your Offering (perhaps post-dated cheques) via regular post; arranging for it to be picked up from our mailboxes; or setting up direct depositing (to download the form for this, please go to our website, type "Donation" in the search box, and then click on "Pre Authorized Donations."

St. Paul's Anglican Church

7 Sunmills Green SE T2X 3P6

Phone: 403 256-1428 Fax: 403 256-1554

E-mail: office@stpaulscalgary.ca

Website: <https://www.stpaulscalgary.ca>

Incumbent: The Rev'd Fergus Tyson

Assistants: The Rev'd Cyril Haynes
The Rev'd Dr. Norman Knowles
The Rev'd Dr. Bob Mummery

Wardens: Cam Cline & Murray Sykes

Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

Twitter: [@stpaulscalgary](https://twitter.com/stpaulscalgary) & [@Pastor_Fergus](https://twitter.com/Pastor_Fergus)

YouTube: <https://www.youtube.com/channel/UCldxfHv5pFYST-i8as1GVg>

Youth Group

Calling All Junior and Senior High Students to be Youth Who Make a Difference!

The Alpha Youth Film Series has been postponed.

Check out our Youth Group Facebook page to see more details about what's happening:

<https://www.facebook.com/StPaulsCalgaryYouth>.

Diocesan and Community Events

City Lights News: A monthly Christian Lifestyle/Community publication for southern and central Alberta. Now available online only at citylightnews.com

Noon-Hour Christian Meditation by FCJ Centre/Virtual: Thursday, May 21 12:15pm - 12:50pm *Join the World Community for Christian Meditation* To communicate and nurture meditation as passed on through the teaching of Father John Main, OSB in the Christian tradition. To join the group, follow these easy steps: RSVP; You will receive an email with a link to the meditation as well as a phone number and PIN number if you prefer to dial-in; About 5 minutes before the group starts, click on the link or dial the phone number provided to enter the group. If you have any questions, please contact [Patricia Harasym](mailto:PatriciaHarasym). //FREEWILL offering greatly appreciated.

Education for Ministry Two Zoom Open Houses: Looking for a way to deepen your understanding of the Christian faith and enhance the connection between what you believe and how you live your daily life? The Education for Ministry (EfM) program combines independent study and weekly small group discussions to provide a basic grounding in theology to Christian laypeople. In preparation for next year's courses which will run from September 2020 to May/June 2021, two Zoom Open Houses have been planned. For a Zoom invitation to the Daytime Open House (Thursday, May 21 at 1:00 pm), please contact Carol Tubman at ctubman@shaw.ca and for a Zoom invitation to the Evening Open House (tbd), please contact Jennifer Solem at efmststephens@shaw.ca.

St. Edmund's Food Bank Has Reopened: We are in need of donations as the demand has already increased and we anticipate a sharp rise over the coming months with the unemployment rate and CoVid 19-related financial difficulties people are now facing. If you are able to assist with donations of non-perishable OR fresh OR frozen food items, please contact us: (403) 288 6330 or email@stedmundscalgary.org for a safe drop-off time. For monetary donations, please mail your cheques (payable to St. Edmund King & Martyr Anglican Church) to 8336 - 34 Avenue NW, Calgary, AB, T3B 1R2. If you would prefer to e-transfer, please contact Linda Anderson, Bishop's Warden at email@stedmundscalgary.org or (403) 615-0651.

Ministry Sunday

Monday Evening Bible Study: The Monday evening Bible study group meets from 7:00 to 9:00 pm and is facilitated by Father Cyril. The group consists of about 6

men and women who attend on a regular basis. All are welcome and no previous experience is needed. For more information, contact Father Cyril.

Wednesday Morning Bible Study: The Wednesday morning Bible study group meets at 10:30 am after the 9:30 am service and runs until 11:30 am. Some of the group attends the service while others come for the study only. The group consists of about 10 men and women who attend on a regular basis. All are welcome and no previous experience is needed. For more information, contact the church office 256-1428. *In this time of physical distancing, we'd like to start a Wednesday morning Bible Study via Zoom. See the first page for how to join.*

Thursday "Way of Love" Study: *This is continuing up to and including Jun. 4. The first page has details.*

Yard Sale: We normally have a Yard Sale in May/June but this year it may happen in September depending on restrictions being lifted. This is run by Steve Colle. If you're Spring Cleaning we hope you can save your treasures for the Sale.

Quilt and Shawl Ministry: We meet the second Wednesday of each month. The quilts or shawls are made to be given free of charge to those who are in need of comfort or for celebrations. All are welcome no experience needed. All supplies are provided.

Grief Support Group: This group is a chance to meet with others who are also going through the grief journey. It is not therapy and we don't have all the answers but it is a place where you are free to say how you feel with no judgment but love and support. We hope to start a new group in the Fall when restrictions are lifted.

Chemo Care Bags. These Bags are for anyone who is beginning Chemo treatment. What they have in them: Intensive no scent hand cream; Lip Balm; Lemon drop candies; Crystal light lemonade no sugar; Herbal tea; Travel Mug; Ginger biscuits/snaps; Thick rubber soled socks; Puzzle books, deck of cards; Notebook, pen, pencil, Sharpener; Gum, nail file; Bottle of Nail Rehab by Sally Hansen; Fleece beanie; Large comfort bag, Smaller; Ultra fleece blanket. Any questions? Please contact: Robbie Collier

Financial News



Our 2020 deficit to Mar. 31 is -\$11,424. With the disruption of our Sun. service attendance from COVID-19, we are in a highly vulnerable financial position. Ways to help are listed on the front of this News Bulletin. Please pray for our Parish's finances as we face these challenging times together.

Outreach

PWRDF: Despite the COVID 19 pandemic, PWRDF's work continues, and still needs your support. Indeed, it may now be more vital than ever to help those least able to help themselves. For info, go to pwrdf.org

Pregnancy Care Centre Baby Bottle Campaign: Since we are unable to do the Baby Bottle Campaign with the actual bottles, they have provided a link so that you can still donate to the campaign if you so desire. Here is the link: <https://pregcare.akaraisin.com/ui/bb2020>

Inreach: With many in our Parish congregation going through financial struggles at present due to the economy, a special fund has been set-up. Donations marked "Financial Help for Parishioners" are also welcome. If you are in need of financial help, or know of someone in our Parish who is (and you have their permission), please let Fergus know. He will maintain absolute confidentiality. This is one way we can care for one another, and all get through this challenging time together. Thank you to everyone who has donated to this fund, which presently sits at approximately \$3,700 with \$6,100 having been disbursed.

Pastoral Care

If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag please contact Robbie Collier.

If you'd like to be part of our Pastoral Care Team, please contact Fergus or Nicola Peden. Training (courses from the Roman Catholic Diocese, which are paid for by the Parish) is available.

Prayer Shawl Ministry will be meeting once a month on the second Wednesday of the month. The next meeting will be September 9th at 1 pm. All are welcome!

Please contact Fergus if you or someone you know would like a visit.

Thank you to Kerry Peters for making "holding crosses" for our Pastoral Care Team to share with those they visit.

Opportunities to Serve

2020 Flower Chart we will still be acknowledging in the Order of Service those who signed up for flowers each Sunday.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Casserole Ministry: If you know of anyone who would benefit from receiving a casserole. Please contact Linda Huber.

Card Ministry: Gail Munro will send greetings on behalf of our parish to anyone in the parish who is ill, etc.

Grocery Pick-up Ministry: If you would like to help pick up groceries or prescriptions for those who cannot get out, please contact the Office.

Living Waters: Monday, Jun. 1 is the deadline for *Living Waters* submissions for the June Edition. Please submit to office@stpaulscalgary.ca.

Rides Assistance: If you need or can help provide rides for members who have a hard time getting to services, appointments or visiting their loved ones, please contact the office.

Sign: We'd like to change the sign more regularly, but to do this we need helpers. If you can help, please contact Paul Bourgeois or the Office.

Servers: We are looking for more volunteers to be servers at our Sunday services. **Adults are welcome to join this ministry.**

Altar Guild: If you are interested in serving on the Altar Guild please let Robbie know.

Parish Council: We are looking for people to serve as **Deputy People's Warden and Youth contact on Parish Council (a teen age 16 or older)**. If you are interested in either of these positions or would like more information please contact the Wardens or Fergus.

Regular Weekly Activities at St. Paul's:

(Please Note: All in-person activities are cancelled until further notice)

Sun.: Alpha Youth Series 10 am—1st and 3rd Sundays

Mon. : Bible Study: 7:00 pm

Prayer Group : 7:30 pm

Wed. : **Video Morning Prayer: 9:30 am**

Thurs.: **Virtual Study, "Way of Love": 11:00 am Apr. 23 to Jun. 4**

Prayer Shawl Ministry (2nd Wednesday each Month beginning again in the Fall)

TOPS : 6:30 pm

Choir practice (If you'd like to join the choir, please contact Paul Bourgeois)

Virtual Study, "Way of Love": 7:30 pm Apr. 23 to Jun. 4