



# ST. CATHERINE'S NEWSLETTER

## Spring 2019

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***Palm Sunday*** - April 14 ***Palm procession***, children's story and a reading of Christ's passion help us enter the spirit of Holy Week.

***Holy Week*** - Monday, Tuesday and Wednesday (7 a.m and 7 p.m.) - 30 minute reflections on ***Holy Week*** led by members of St. Catherine's community.

Wednesday 10 a.m. Reflective service

***Maundy Thursday***, April 18 at 6:00 p.m. - Simple supper in the gym followed by Holy Communion in the church where we, through liturgy and action, enter into Christ's experience of death.

***Good Friday***, April 19, at 10 a.m. A quiet reflective service on the cross of Christ, with communion. A joint service with Gloria Dei Lutheran Church at St. Catherine's.

***Holy Saturday***, April 20<sup>th</sup> Commit to Prayer wherever you are. Sign up for a time. Prayer requests for Holy Saturday can be submitted to St. Catherine's Office. Mayne: 604-985-0666 or [scadmin@shaw.ca](mailto:scadmin@shaw.ca)

***Easter*** April 21 - 8: a.m. prayerful service with Holy Communion

10 a.m Family service with music, children's story and Holy Communion

Next Newsletter Deadline  
**June 15, 2019**

Please send items  
to Heather Luccock at  
[hjluccock@shaw.ca](mailto:hjluccock@shaw.ca)

Services at St. Catherine's  
Sunday, 8:00 a.m. and 10:00 a.m. Eucharist  
Mid-week - Wednesday Contemplative Eucharist 10:00 a.m.

## Message from our Vicar - The Rev. Dr. Sharon Smith

To the Saint Catherine's Community,

I was dazzled by my experience of Epiphany, among you. A season of sharing ideas and giving voice to our dreams; and hearing about journeys of faith, while being invited to reflect on my own.

And then we entered Lent. It felt like a thud. And with the seasonal change, we seemed to be overwhelmed by suffering in the lives of our families, our friends, our neighbours and our world. Nothing prepares us for this. And only God can sustain us.

This prayer by Mrs. Gretchen Olheiser expresses it so well:

*Stepping from the brightness of Epiphany  
I enter an unfamiliar place called "Lent."  
My eyes are slow to adjust to the change.  
I blink back tears and stand still wondering if my eyes are open or closed,  
For nothing visible lies before me.*

*My senses tell me there are objects ahead-  
Prized places, sacred spaces.  
There is no sense of urgency;  
Time has fallen away leaving forty days and forty nights  
To explore this unknown, yet somehow familiar place;  
Touching, feeling, knowing holy moments.*

Gretchen Olheiser, *Women's Uncommon Prayer*

As we walk this path of faith together, into the unknown, we do it together. My prayer continues to be that we would grow in our sense of community and experience of unity. We are not alone.

### Friends of St. Catherine's Pin

Congratulations to Heather Peacock who was given this recognition at the Vestry Meeting. Heather has contributed greatly to the life of St. Catherine's.



## **Message from the People's Warden regarding the Property Development Initiative – Gordon Lee**

In my conversations with Diocesan officials about Diocesan support for parish property development initiatives over the past year, here's what I have learned:

The Diocese may provide financial support to parishes for their proposed capital projects based on the following criteria:

The Parish has developed clear project goals that if implemented successfully will enhance its continuing ministry.

- The Parish is committed to the capital project and has demonstrated this by:
- Putting in place strong lay leadership; and,
- Raising monies to support the planned project.
- The Parish has made a major financial commitment and has exhausted its ability to complete the project because of unforeseen cost overruns.
- The project is not self-financing i.e. the proceeds from property development will not cover project costs.
- Fairness – Diocesan support should be consistent with financial contributions made to other parishes.

St. Catherine's Vestry proposed development, is envisioned as self-supporting. It also includes provision to create an endowment for the parish. Therefore, the Diocese might consider providing a small grant to the Parish to assist it in appointing and retaining a Special Consultant, Project Manager, or recognized company to research the key aspects of property development. In addition, the Diocese might be prepared to receive a proposal from the Parish for a loan to cover some of this cost. We understand that Diocesan Approval would be based on the parish providing a clear set of project goals that if implemented will enhance the parish's continuing ministry. We are asked to provide evidence demonstrating St. Catherine's commitment to this capital project. Discussions are ongoing.

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### **St. Catherine's Blog – Joy Wee**

In Advent, we facilitated the opportunity for on-line comments on our blog. A few comments were made, and it would appear that most prefer to comment anonymously. We could use our blog for more in-depth on-line discussions on various topics, should there be sufficient interest. Please let either Reverend Sharon or me know if this is something in which you would want to participate. St. Catherine's web site is [saint-catherines.org](http://saint-catherines.org).

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### New Parish Council and Wardens elected at the Vestry Meeting on February 24

- ✚ Vicar's Warden (appointment): Robert Watt (1 year)
- ✚ Secretary of the Vestry Meeting (appointment): Susanne Stockdill
- ✚ People's Warden: Gordon Lee (year 2)
- ✚ Associate Warden: Heather Peacock (year 2)
- ✚ Youth Synod Delegate: Jessica Wee (year 2)
- ✚ Alternate Youth Delegate - vacant
- ✚ Delegates to Synod: Brenda Stenson (year 4,) Philip Stigger (year 1) Monica MacDonald (year 2)
- ✚ Alternate Delegates to Synod: Christ Wensley (year 3) Nicole Geha (year 2) Heather Peacock (Associate Warden year 2)
- ✚ Members at Large: Sharon Fedorak (year 2), one vacancy

### Long, Long Night of Hope - Brenda Stenson

On February 23, 2019, Heather Peacock and I slept in a car in the parking lot at St. John's Anglican Church on the corner of 13<sup>th</sup> Street and Chesterfield Avenue. We did this to raise awareness and understanding of the growing homelessness crisis in our community.

It was a humbling night. I slept for not more than about an hour at a time. It was cold, cramped and creepy. I woke up in the morning stiff, sore, weary and just glad to see the light of day. I also woke up with a deep sense of gratitude. Gratitude for a warm home, for people who love and support me (and would welcome me into their warm home if I needed) and for an abundance of the basic needs.

I got out of the car and was able to enjoy a cup of hot coffee with friends. I could go home and have a shower, dress in clean clothes and I knew I would be able to sleep in my own warm, comfortable bed that night.

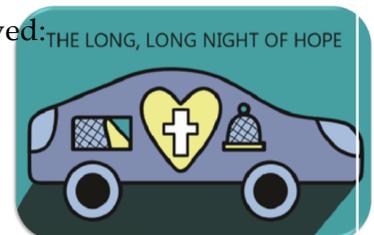
Hundreds of people are not that lucky. Many don't have cars and struggle to find a small spot away from the elements. If they are able to find somewhere to sleep, what will they face in the morning? I imagine another struggle - finding food, keeping dry, keeping some sense of hope.

At the time of writing this, fifteen people participating in The Long, Long Night of Hope have raised \$18,955.00. This will assist in the hiring of Outreach Workers who work with each individual to ensure they receive necessary support. The North Shore team provides "deep woods" services as many of their guests live in local ravines and forests, often resistant to moving from their camps into a shelter or housing.

Follow this link to the Lookout Society website for ways you can get involved:

<https://lookoutsociety.ca/get-involved/>

Please do what you can!  
Homelessness is not Helplessness. *Be the Hope!*



## Coffee & Conversation

April - No Coffee & Conversation

May 21

June 18

Mary Pellatt Room at 10:30 a.m.



## Upcoming Events - Brenda Stenson

At the Annual General Meeting held, on Sunday, February 24<sup>th</sup> the Vestry passed a budget which included two fundraising initiatives.

The budget included revenue of \$4,000 from each event. Every dollar over \$4,000 will go to Outreach so the motivation is there!

### Car/Boot Sale - May 25, 2019 Coordinators: Nicole Geha/Heather Peacock

This will be targeting anyone in St. Catherine's or the wider community who is looking to do a Spring Clean or Down Size! Gather those treasures you have loved and enjoyed, rent a parking lot space and offer them for others to enjoy.

There will be a space rental charge for sellers and St. Catherine's will offer home baking at *Incredible Edibles* and a concession, *Market Café*.

### Dinner & Silent Auction - June 22, 2019 Coordinators: Vivian McGie/Brenda Stenson

This is an opportunity for St. Catherine's community to come together for some social fun while raising money. The dinner will be catered and tickets will be pre-sold. We are challenging people to purchase their ticket plus one additional ticket so everyone can attend!

We will be looking for unique, one of a kind items and experiences to include in the silent auction.

*Please think about how you can participate!*

## A Prayer for St. Catherine's

by Joy Wee

Holy Spirit Fill us,  
With the gifts You lend us,  
Let us guard and cherish them.

With open hearts we open doors  
Lend us ears to hear each other;  
Where you lead us we will follow.

Guide us forward as one body  
Let us leave no-one behind  
In our eager exploration  
of the land we journey through .

Guard the future for our children  
Let them see Your loving face  
As with great care we share Your Grace.  
Amen

Joy Wee © 2019

## Living a Life of Faith – Heather Luccock

During the Season of Epiphany the theme was Living a Life of Faith. It followed along from the Advent sessions that were held for three weeks before Christmas. On February 9 twenty people gathered to reflect on what it means to live a life of faith through participating in a prayer workshop facilitated by Rev. Sharon Salomons and Heather Luccock. We explored several prayer practices that might assist us in a meaningful prayer life – praying with a rosary; icons, centering prayer, Benedictine spirituality, practicing the presence of God, to name a few.

This theme continued on the Sundays during Epiphany and into Lent when Rev. Sharon asked various parishioners if they would share their experience of living a life of faith. The Rev. Anne Crosthwait, a new member, Lynn Spence, Heather Peacock and Brenda Stenson together, Pip Stigger, Sheila Baldock (read by Nancy Sunderland) Gary Stewart, Alison Watt, and our own Rev. Sharon gave very moving accounts of their spiritual journeys.

Beginning in Lent a Reflective Corner of the Nave (beside the pulpit) has been set up featuring works of art – photography, paintings, and fabric art to reflect the Lenten topic of the week.

Thanks to Sheila Baldock, Nicole Geha, Janet Johnson, Heather Luccock, Vivian McGie, Janet Morris, Lynn Spence, Nancy Sunderland, Rev. Sharon and Joy Wee for their contributions.

Part of the display is a beautiful large glass bowl with a whale design etched on the bottom. It has been donated to us by Kelsey, daughter of Jacqui Smart, who is a new parishioner. This large kiln-formed bowl was made years ago from a custom mold. It was crafted by a team of incredible artists, under the supervision of multi-discipline artist and Lower Mainland resident, David Danchuk.



Cont....

Living a Life of Faith Cont.

It is one of a series of such bowls, some of which have been sold at a considerable amount and some have been commissioned as baptismal fonts. The bowl's dimensions minus the stand are: diameter 39", height 7" from the ground. When David was diagnosed with leukemia, he and his family sold many pieces from his vast portfolio of artwork to raise money. When David put the word out Kelsey was keen to view the art Dave had put for sale, and she immediately loved this spectacular piece. Kelsey enjoyed the bowl as a striking conversation piece for some years but she would now love to see it go on to a church. It can perhaps, be enjoyed by many families in their children's baptism ceremonies. Thank you, Kelsey.

## Annual Shrove Tuesday Pancake



Rev. Sharon and  
John Luccock



Peter Goodwin of PWRDF and  
John Luccock -



Splendid Turnout

Photos by Peter Goodwin

### Pancake Tuesday - March 5<sup>th</sup> 2019 - John Luccock

The Annual Pancake Supper on Shrove (Pancake) Tuesday attracted the largest crowd in the last few years. About 150 enjoyed the supper consisting of pancakes, sausages, ice cream, cookies, juice along with coffee and tea. It was a joy to see the great mix of adults and children. Our thanks to Marion Porter, our Supervisor of Pre School, who prepared a craft for the children. Our thanks also to the 15 volunteers from the Parish, who made the evening possible.

Mr. Peter Goodwin, chair of the Primates World Relief and Development Fund for the Diocese, was in attendance. He provided a wonderful display of the on going work of PWRDF. After expenses some \$300.00 was forwarded to the PWRDF.

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**The Primate's World Relief  
and Development Fund**

THE ANGLICAN CHURCH OF CANADA

It has now been 60 years since The Primate's World Relief & Development Fund was established in Canada by the Anglican Church. It was started in 1958 to assist the town of Springhill, Nova Scotia in supporting families who had been affected, when a mine explosion killed some 75 miners.

PWRDF has come to see that deeper, long-term development needs are strongly connected to suffering caused by natural or human-provoked disasters. Even more significantly, PWRDF realized that people who experience these problems first-hand are in the best position to develop long-term solutions. It has been the position of PWRDF to identify those needs and give Anglicans the opportunity to support these causes.

From the beginning, St. Catherine's parishioners have supported the PWRDF along with other Outreach programs. We have always had a Parish Representative to the Diocesan wing of PWRDF. I well remember the work of those past representatives in our Parish. Ted Alexander, Hannah Brookfield, and Lil Thirkell come to mind. It has been my privilege to be your Parish Rep since 2004. It is time to appoint a new Parish Representative. I am pleased to say that Parish Council has appointed Monica MacDonald. Monica has been a life long member of St. Catherine's and served many roles in the life of the Parish, not the least, being the Rector's/Bishop's Warden in the recent past.

I wish Monica well and trust she will find this role both challenging and fulfilling.

John Luccock

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**People in the News - Heather Luccock**

Robb Watt was featured in an article in the *Vancouver Sun*, March 18, by columnist Daphne Bramham. Robb has written a book on the art of Susan Point called *People Among the People: The Public Art of Susan Point*. "Susan Point is a Musqueam Coast Salish artist. She is one of Canada's most prolific artists with works ranging from massive cedar totems to prints and jewelry". *Vancouver Sun*

Congratulations to Robb in writing this book on a very important artist in our midst. Susan Point's massive carved portals at Brockton Point titled *People Amongst the People* was commissioned by the Vancouver Park Board but it is the only work that is not identified. Robb hopes the book will prod the Park Board to create an identifying plaque.

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Photos by Heather Luccock



### **Music, Music Music – Heather Luccock**

Members of The Choir, Joyful Voice and Handbells met for lunch in February with Sharon, our Vicar, Siiri and Alice to talk about our music programs. It was a lovely occasion to talk about our music with one another and to look at ways in moving forward with our musical offerings.

#### **Remember to save your used stamps – they are welcome all year.**

Your envelopes or bags of used stamps may be left in the bottom drawer of the small wooden file cabinet outside of the church office. They are collected on a regular basis for delivery to the Bible Society. Please remember to leave at least 1/4 of an inch of paper around the stamps so that the perforations are not damaged. Your participation in this recycling project now and throughout the year is very much appreciated.

## Preschool News

Marion Porter, Developmental Resource Teacher

In February our classrooms were decorated with Chinese lanterns and traditional signage. The 4s made a large dragon.

Valentine's Day was celebrated with lots of art activities involving hearts and little classroom parties with treats.

The Treehouse room made a Sensory Corner with rain sticks, bubble wrap and lots of things to touch and smell. The 4s worked with shapes: squares, rectangles, triangles and circles. They are all working on their Kindergarten readiness skills.

Tiffany is preparing the children for the Easter Services which will be held on Wednesday, April 10<sup>th</sup> and Thursday, April 11<sup>th</sup> in the Church followed by a wonderful Tea for the families in the gym.

Our Spring Fundraiser is our Card Project. The children have all created beautiful art projects that can be turned into cards, books and other items. Families can then order these items and the school receives a portion of the sales. With Spring next week, we have placed our Butterfly Kit order and the caterpillars will arrive May 7<sup>th</sup>. This is always a fun time for the children.

Registration for our Summer Program is April 15<sup>th</sup> and this year Cheryl and I will be exploring Outer Space with the children.

The preschool families enjoyed themselves at the Pancake Supper, thank you to everyone. Marion Porter, Developmental Resource Teacher/Admin Staff

### Moment of Reflection

*The serene, silent beauty of a holy life is the most powerful influence in the world, next to the might of the Spirit of God*



### Newsletter Mailing

If you would rather receive this newsletter by email or wish to be taken off our mailing list, please let us know at [hjlucck@shaw.ca](mailto:hjlucck@shaw.ca). Office hours Monday – Friday 9:00 a.m -1:00 p.m. Phone: 604-985-0666  
Parish Administrator (Interim) Mayne

Address: 1058 Ridgewood Drive, North Vancouver web: [saint-catherines.org](http://saint-catherines.org).

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