

The Meaning of Worship







WORSHIP IS A PART OF YOUR ENTIRE LIFE.

Hi everyone,

Welcome back to week 5 and final week of **The Meaning of Worship series**.

The teenage years are rough. Students suffer from insecurity, drama, and pressure. It's hard to stay joyful in the midst of that. Yet, Christ's followers are called to worship God even during tough times. While going to school might not be compared with the imprisonment of Paul and Silas, there are still important connections between the joy that the apostles experienced in their suffering and the daily struggles students may deal with. This lesson encourages students to worship God whether they are happy, sad, angry, or worried. Our worship of God should not depend on our changing circumstances but rather on God's unchanging character, that's why God is always worthy of praise.

Worship @Home, we recommend you to follow this sequence....



1 Time of Praise

Begin with a time of praise, use the English Worship video @ english.mykec.ca/



2 Message Introduction

Think for a minute about the difference between happiness and joy. Happiness is a response to circumstances, it comes from outside—you are happy after you have watched a great movie or when you're joking around with your friends. But as soon as circumstances change for the worse, happiness fades. Joy—the kind the Bible talks about—is more foundational, it comes from inside. It's based on the goodness of an unchanging God, who gives us hope in times of trouble, peace in times of frustration, and grace when we mess up.

3 Reflection

Give yourself a 1 to 5 rating. How much does joy play a part of your everyday life?



Not Much ———— A Little Bit ———— A Lot

Happiness comes and goes, but joy perseveres through good and bad circumstances. Psalm 16:11 puts it this way: "You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore." Experiencing God gives us a deep, foundational joy.

Did you know God also finds joy in His relationship with us? "The LORD takes pleasure in those who fear him, in those who hope in his steadfast love," (Ps. 147:11).

4 What does the Bible say?



Read Acts 16:19-34

Paul and Silas could look past their terrible circumstances and sing praises to God. The prison guard was filled with **joy** after witnessing this miraculous event and following Christ. God doesn't guarantee that life will be painless and easy. But God is good and worthy of

worship even when things are rough: "Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness," (James 1:2–3). We can be joyful even during the hardest parts of life. That's a weird thought. But remember that joy isn't about putting on a fake smile. Joy is remembering that, even when things are grim, God is good, we are His children, and those two things are never going to change.

5 How can you respond to God this week?



Since worship is about an unchanging and good God (not about circumstances, moods, or settings), write down 3 ways which you will worship God during good times and 3 ways to worship God during difficult times.

If you have any questions about this week's Bible teaching, feel free to contact Pastor Ava ava@koinoniachurch.ca or Pastor Canaan canaan@koinoniachurch.ca, they are praying for your commitment to worship God, in good times or in bad times because He is good.