

“ My livelihood has been affected by Covid and I never thought I’d need the food bank. I cried in the parking lot. I’m overwhelmed with how nice everyone was and **the amazing amount of food given to me and my kids.** Thank you! ” – A CLIENT

Newsletter



nanaimoloavesandfishes.org

FALL 2020

LOAVES & FISHES
COMMUNITY FOOD BANK



30+ COMMUNITIES
SERVED ACROSS VANCOUVER ISLAND

SINCE JANUARY 2020

OVER 190,000 LBS
OF FOOD SOURCED & DISTRIBUTED
PER MONTH

OVER 15,000 PEOPLE
RECEIVED FOOD

Announcement

Communities served: PORT HARDY, MALCOLM ISLAND (SOINTULA), ALERT BAY, PORT McNEILL, PORT ALICE, WOSS, CAMPBELL RIVER, QUADRA ISLAND, TAHSIS, GOLD RIVER, COURTENAY, CUMBERLAND, COMOX, PARKSVILLE, POWELL RIVER, COOMBS ERRINGTON, GABRIOLA ISLAND, TOFINO, UCLUELET, LADYSMITH, CHEMAINUS, LAKE COWICHAN, DUNCAN, MILL BAY, SAANICH, GOLDSTREAM, SOOKE, VICTORIA, SALTSPRING ISLAND.

LOAVES & FISHES
FIRST ONLINE HOLIDAY
50/50
RAFFLE

NOV. 12, 2020 - JAN. 12, 2021
loavesandfishesraffle.rafflenexus.com

WIN UP TO \$50,000 | **HELP FEED YOUR COMMUNITY**

THANK YOU
FOR YOUR SUPPORT

IN THE LAST 12 MONTHS...

FOOD 4U
FOOD RECOVERY PROGRAM

LOAVES & FISHES
COMMUNITY FOOD BANK



WE HAVE SOURCED AND PROVIDED

2,507,518 lbs OF FOOD
TO HOUSEHOLDS

1,049,729 lbs OF FOOD
TO OTHER NON-PROFITS

Spotlight on Volunteers



The hard working members of NACL have been volunteering for over 10 years. They're some of our most reliable volunteers and we look forward to the days when they come in to help out.

➔ nanaimoacl.com

Donor of the Month



Thank you to our long time friends and supporters **Coastal Community** for their years of generosity and recently helping to fund the rental of shipping containers!

We're now able to store surplus empties and food donations freeing up space to distribute food safely indoors.



Peter Sinclair, Loaves and Fishes Executive Director (left) Dave Boehm Business Relationship Manager, Coastal Community Credit Union (right)

➔ cccu.ca

DEPOT SCHEDULE

NANAIMO

MONDAY	Loaves and Fishes Food Bank	5 - 7PM
TUESDAY	Alliance Church	1 - 2:30PM
WEDNESDAY	Loaves and Fishes Food Bank	10AM - 2PM
THURSDAY	Loaves and Fishes Food Bank	1 - 3PM
	The Neighbourhood Church	6:30 - 8PM
FRIDAY	Salvation Army Church	1 - 2:30PM
SATURDAY	Generations Church	11AM - 12PM

NORTH ISLAND / PORT HARDY

WEDNESDAY	St. Columba's Anglican-United Church	1 - 2PM
2020	December 2 nd & 16 th	
2021	January 13 th & 27 th / February 10 th & 24 th	
	March 10 th & 24 th / April 7 th & 21 st	
	May 5 th & 19 th / June 2 nd , 16 th & 30 th	
	July 14 th & 28 th / August 11 th & 25 th	
	September 8 th & 22 nd / October 6 th & 20 th	
	November 3 rd & 17 th / December 8 th	



Loaves & Fishes Food Bank
210 Fry Street Nanaimo, B.C. V9R 4Z1
T. 250.754.8347

Member of: Associate Member of:



EMPTIES 4 FOOD EMPTIES RECOVERY PROGRAM

Updated list of our Empties 4 Food bin locations:

ALLIANCE CHURCH	1609 Meredith Road
CASSIDY FARM MARKET AND DELI	3251 Island Highway
COUNTRY GROCER CHASE RIVER	82 Twelfth Street (far back of parking lot)
DBL DISPOSAL SERVICES LTD	333 Tenth Street
DELICADO'S RESTAURANT (DOWNTOWN)	358 Wesley Street
GENERATIONS CHURCH	1300 Princess Royal Avenue
HAMMOND BAY BAPTIST CHURCH	4960 Hammond Bay Road
JOHN'S BEDROOMS	1707 Bowen Road
JOLLY GIANT CHILDCARE	10 Strickland Street
LANTZVILLE	7187 Lantzville Road
LOAVES AND FISHES WAREHOUSE	210 Fry Street
MARANATHA CHURCH	6553 Portsmouth Road (back parking lot)
MILNER GROUP PCWM RECYCLING FACILITY	4299 Biggs Road
NANAIMO AND AREA LANDFILL	1105 Cedar Road
NEIGHBOURHOOD CHURCH	4951 Rutherford Road
OCEANSIDE CHURCH	2304 Jingle Pot Road
REAL CANADIAN SUPERSTORE	6435 Metral Drive
SAINT PHILIP ANGLICAN CHURCH	1797 Cedar Road
SNAW NAW AS SHELL STATION	50 Snaw-Naw-As Road, Lantzville
STONES MARINA	1690 Stewart Avenue
7-ELEVEN	6201 Blueback Road
7-ELEVEN	2875 Departure Bay Road
THRIFTY FOODS AT LONGWOOD STATION	5801 Turner Road
TRIPLE T PARTY RENTALS	3251 Shenton Road
VIU NORTH AND SOUTH STUDENT RESIDENCES	4 University Crescent



REGIONAL RECYCLING
WWW.REGIONALRECYCLING.CA