





pursuing Jesus in a world that doesn't

1) Gird up the loins of your mind

How to Gird Up Your Loins





1. The tunic wouldn't allow you to do heavy labor or fight in battle, necessitating the "girding" of one's loins.



2. First, hoist the tunic up so that all the fabric is above your knees. This will give you mobility.



3. Gather all the extra material in front of you, so that the back of the tunic is snug against your backside.



4. Once the excess fabric is gathered in front, pull it underneath and between your legs to your rear. This feels much like a diaper.



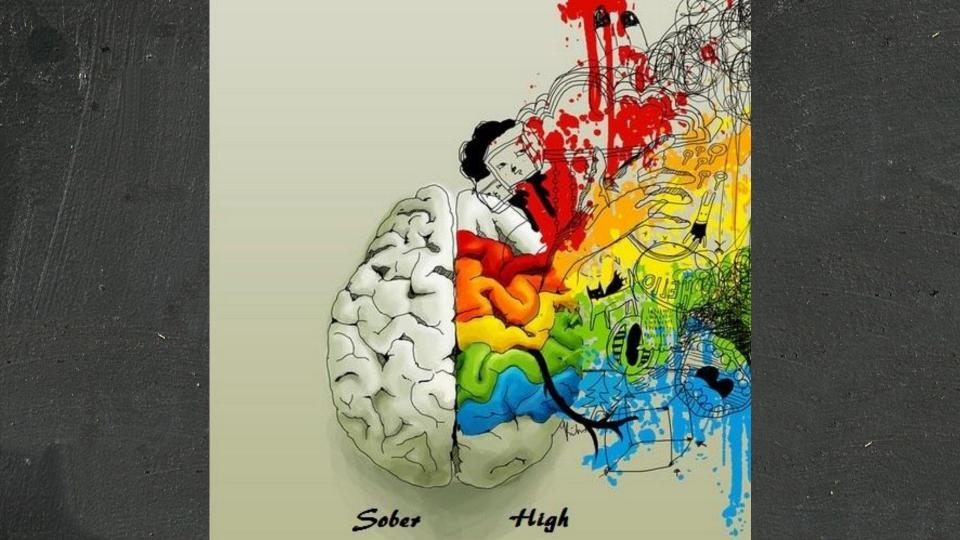
5. Gather half of the material in each hand, bringing it back around to the front.



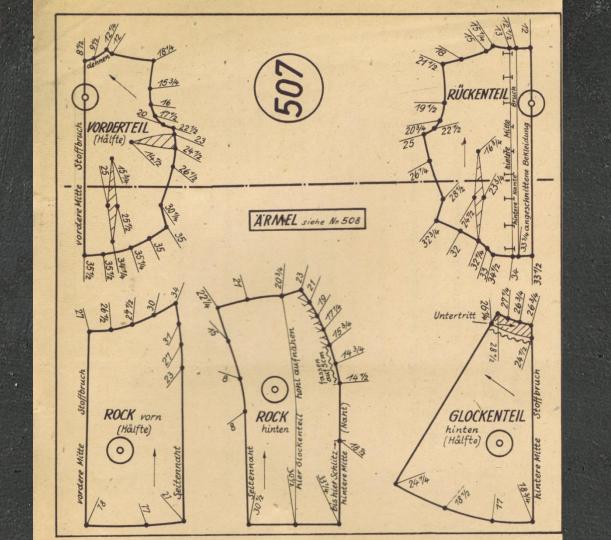
6. Finally, tie your two handfuls of material together, and you're all set for both battle and some hard labor.

Go forth, be ye men, and gird up your loins!

1) Gird up the loins of your mind2) Keep your mind sober



- 1) Gird up the loins of your mind
- 2) Keep your mind sober
- 3) Pattern your life after Jesus



Let us fix our eyes on Jesus, the author and perfecter of our faith.

Hebrews 12:2



HOLINESS

Gird up the loins of your mind
Keep your mind sober
Pattern your life after Jesus
HOLINESS

two emotions that motivate holiness

Fear
 Gratitude

When I saw him, I fell at his feet as though dead.

Revelation 1:17



two emotions that motivate holiness

Fear
 Gratitude





For you know that it was not with perishable things such as silver or gold that you were redeemed from the empty way of life handed down to you from your forefathers, but with the precious blood of Christ.

