



Getting Past the Past

Ephesians 4:32
Pastor Eric Mounts

Getting Past the Past

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I. An Introduction to Forgiveness

- A. One of the secrets of a happy Christian life is learning how to forgive and forget and go on.
- B. There is a lot at stake in working through being hurt by others (4:27, 30).

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II. How to Forgive Someone who Has Wronged Us:

- A. We must unlearn ingrained patterns of response (4:26-27, 31).
- B. We treat those who have hurt us just as God treated us (4:32).

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- 1. We develop a tender heart toward
them.**
- 2. We give them the gift of not
holding their sin against them.**