

Humility -- definitely like how he puts it, as a pathway instead of a destination. The Bible as a written way of thinking. YOU still have to do the thinking.

Lifelong Learning -- check, dealt with this idea in the last set of notes. I'm definitely this person

Gentleness -- I try. Not always successful but I do my best to listen and accept and....be "democratic"

Compassion -- check. I do have this

Generosity -- probably my hardest. At the core, I'm a hedonistic sybarite. I love my fine things. That doesn't stop me from donating to a good friend's build-in-Mexico project or to an acquaintances fund for kidney treatment. So, in flashes

Love -- check. It's hard to transform anger at an idiot driver on the highway or an Uber driver that stops on the road with no view to fellow commuters, but that washes away quickly enough! Otherwise, I don't harbour hate as an emotion. At all. Lived Life. With Love. Full Cup

Serenity -- check, the ultimate distillation of perception deception. I'm good here

Communication -- mostly check. I confess I don't always speak truth all of the time. But I don't say them for hurtful or purely self-interested goals. Still working on the courage part, as Deb know. Deb, if you want, you can share the sublist I made earlier in the year on courage, my Word for the Year.

Justice -- more a passive thing for me in how he's set it out here, but OK

Vocation -- Laugh! But I'm a. LAWYER!! On the other hand, maybe exactly why I'm not a litigation lawyer.

Nonviolence. -- check. All my life

Property -- essentially check. If it's someone's good bottle of wine, I may waver!

Body -- essentially correct. I've needed a couple reminders along the way to remember that my health comes first, foremost, always. But the idea is there.

So, last question to throw at the group.

What Makes Me Human? (I jotted these down years ago)

- I reason
- I believe
- I feel
- I learn/understand
- I communicate

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Quick Thoughts
On the Precepts

Mike Grammer

- I share/teach/give
- I dream
- I fear
- I remember
- I seek/explore
- I take
- and...I love

But at the very bottom, the ability to be *me*. To be human I have to be in touch with my own unique identity and see that identity grow and change and develop...and *live*.

Sent from my BlackBerry 10 smartphone on the Rogers network.