

December 2020

REVELATIONS

A Newsletter for Ordinary People, Learning to Follow Jesus!



Church of the Ascension, Killaloe



Parish of the Valley



Diocese of Ottawa
Anglican Church of Canada

Editor - Jean Ostrom
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A Christmas Message



“While they were there, the time came for her to deliver her child. And she gave birth to her firstborn son and wrapped him in bands of cloth, and laid him in a manger, because there was no place for them in the inn. In that region there were shepherds living in the fields, keeping watch over their flock by night. Then an angel of the Lord stood before them, and the glory of the Lord shone around them...”



All across the Parish of the Valley members of our congregations are beginning to dust off our Christmas decorations for another year. The old wooden stables will come out from their hiding places and the figures of the nativity scenes or the Christmas creches will be polished up for another appearance on Christmas Eve and throughout the Christmas season. The representations of the Holy Family and the shepherds all help to focus our attention upon the gift that all humanity was given in the birth of the Christ-child in Bethlehem long ago.

At Christmas, in this humble setting, the scriptures tell us that the glory of the Lord shone around these unlikely people with a message that has echoed down through the ages: that no life or no situation, no matter how difficult or how impoverished, is beyond the reach and desire of God to enter into and to change in dramatic ways. Our celebration of Christmas is an opportunity to give thanks for the divine gifts of hope and peace and love that we have so richly received and that have empowered us in the Parish of the Valley to boldly proclaim this life-giving message, despite the challenges that this past year has brought to us all!

May the glory of the Lord shine around you, within you and through you, as you enter into the joy of this Christmas season in whatever ways that will be possible this year. Your clergy team give thanks for all the wonderful and gracious encouragement and support you have given us so richly over this year and we look forward to the exciting things that God has in store for us in the new year and beyond. We wish you and yours every blessing in this Holy season.

Yours faithfully in Christ,


 The Right Reverend Michael Bird
 Incumbent

 The Reverend Matthew Brown
 Associate Incumbent


 The Reverend Canon Susan Clifford
 Associate Incumbent

 The Reverend Richard Durrett, CD
 Interim Assisting Priest

The Rev. Allan Studd - Honourary Assistant

(submitted by Jean Ostrom)

We in the Parish of the Valley have been blessed with an abundance of wonderful ordained priests, and I had the pleasure of speaking with the Rev. Allan Studd for this issue of Revelations.

His story starts in Alberta, the fourth of five children, an “army brat”. By the time Allan joined the family, his father’s postings, familiar to military families, had become less frequent.

Born in Wainwright, he spent his first years there, then four years in Borden, seven years in Oakville, and



his high school and university years in Kingston. He was still in Kingston when he met and married Betty.

Allan’s parents were typical in that having been brought up in depression years they had little education beyond high school; but they were not typical in that they both succeeded with higher education as adults. Allan’s mother took a Divinity degree, and when Allan finished his General BA, not knowing just where to turn, he followed his mother by majoring in Theology. A calling to ministry was not immediate, however. It was while travelling in England that he visited the city of Coventry which had been severely bombed during the Second World War and much of the city had not been restored. In Coventry, Allan visited the burned out cathedral and was inspired and uplifted by the beauty of the altar. This was a major turning point for him, and when he returned to Canada there was a letter waiting for him from the Theological College offering him an all-expenses paid theological education. It seems God can get downright direct at times. Allan says he was determined to not be ordained, even after all that, but God won. He interned at his home church of St. James in Kingston under the Anglican chaplain for Queens University.

Allan was ordained to the Diaconate and the priesthood by Bishop Robinson in 1979/80. He was appointed to the Parish of Petawawa and Alice in June 1981. Discovering the Ottawa Valley, he and his wife Betty fell in love with its beauty and with its people. He and Betty arrived that summer with an infant son (Malcolm) and by the time they left 4 years later, they had one more son (Duncan) and another child (Emily) on the way. The 4 years in

Petawawa were very busy, with planning for the building of the new Church Hall and modernizing some aspect of the historic Church, working closely with the Parish of Deep River, and being very involved with an ecumenical ministry through the Pembroke Ministerial. Lifetime friendships were forged in the Upper Valley and Allan and Betty decided that this was where they wanted to stay. They bought a piece of the Valley just outside of Eganville.

Through a previous experience in the Diocese of the Yukon, the new Bishop of that Diocese requested Allan's transfer to Yukon to be the priest for an Anglican Ecumenical parish in the mining community of Cassiar, BC. That move was affected with very careful co-ordination with Bishop Ed Lackey. In this isolated northern mining community Allan found that he was in effect the Protestant chaplain for the town and for the mining company. He became quite involved with counselling and several years later took post graduate training in Marriage and Family Therapy in Kitchener, Ontario. Allan became more than just the priest, as a full-time ministry was not sustainable: he became a worker priest, taking on a job at the local community college, programming adult education and skills training and he was elected as a public school board trustee.

The mine around which the town had been built had reached the end of its ore body and the town gradually shrunk over the next 4 years. It was closed completely within another 3 years. In 1989, with the fate of the town of Cassiar consigned to the pages of history, the Bishop of Edmonton invited him down to take a parish between Camrose in the west and the Saskatchewan border. Here he took on another dying parish, the Parish of St. Edmunds. The Bishop asked him to guide this parish through a process of discernment to decide what the Anglican ministry would look like in an area of rural depopulation. By end of 1991, the decision had been made – 3 churches were closed and Allan was the last full time priest.

By this time both Allan and Betty had dying parents in Ontario and Quebec, and so they returned home to the Ottawa Valley. In the summer of 1985 Allan had built a cabin on the Eganville property so that they had a place to return to for holidays and eventually to return to live. An opportunity arose to do an Interim at the Deep River Community Church from November 1992 to June 1993. Allan then served the United Church parish of Westmeath for one year and in September 1994, Allan accepted a position as a Chaplain on CFB Petawawa that lasted until April of 2000, joining the CF and serving the Pembroke Reserve Unit 1 Air Defence Regt. and 2 Combat Engineer Regiment on the Base.

Allan received a permanent medical category in September of 2000 and the process of being discharged from the CF was begun. Part of the transition to civilian life involved mandatory retraining experience. It was then he became a Registered Marriage and Family Therapist and set up a private practice in Eganville. Over the years since 2000, Allan has also served periods as interim priest in Deep River, Stafford, Arnprior, Barry's Bay, St. George's (Ottawa), and Pakenham, Kinburn.

He is happy to call the Upper Valley home and to help out where he can be of service in the new Parish of the Valley. We talked about interests outside the church and Allan's immediate response was his interest in being in the woods, working in the woods, and in doing photography and woodworking as a hobby. Now that he has retired, Allan has more time for these hobbies, as well as for reading. Pleasure reading includes detective novels and novels by indigenous writers. He is part of a book club set up by The Canadian Association of Marriage and Family Therapists and finds the books recommended through this association both challenging and informative.

In 2016, Allan retired from his counselling practice and officially from the Anglican Church. By this time he had begun teaching in African missions, first in Ethiopia and then in Central Zambia. Through International Teams Canada and their project Impact Zambia, he continues to share his knowledge of Christian Counselling and pastoral care with people there who are anxious to learn. His trips to Zambia occur on average about once a year. It sounds like he really hasn't retired at all, and the world is a better place because of that.

Synod 2020 *(submitted by Naomi de Repentigny)*

Our annual Synod meeting was different this year. Due to the pandemic it was held virtually for 3 hours instead of onsite from Thursday evening to Saturday at noon; and we were ably represented by a talented team of 15 lay and clergy delegates from across the Parish of the Valley. Those attending missed fellowship and camaraderie with other members of the Diocese, but we heard Bishop Shane's charge to Synod, and heard about the most pressing issues. Everything was presented on YouTube, so anyone interested could view the proceedings. Here is a copy of the document posted containing highlights of the meeting.

Highlights of the 140th Session of Synod of the Diocese of Ottawa Saturday, October 24, 2020

The 140th Synod of the Anglican Diocese of Ottawa opened with a prayer from Dean Beth Bretzlaff and a

reading from St. Paul to the Thessalonians. Henry Schultz, the diocesan chancellor, was the first speaker, explaining why we proceeded with Synod despite the pandemic. Mr. Schultz said the diocesan Canons require a meeting annually, and make no allowance for it not being held, even though both Ontario and Quebec have banned indoor meetings of more than 10 people. The solution was to hold a virtual meeting, covering only the basic matters required by the diocese's canons, bylaws, and regulations. These are:

- approving new members of Diocesan Council [C.3.10]
- the director of finance's presentation on the diocesan finances [R3.03]
- appointing (in this case, re-appointing) the diocese's auditors [B.3.18]

Finally, the annual meeting like this one was held because the meeting marks the end of one Synod year and the beginning of a new one, when appointments come into effect and end.

It was then time for Bishop Shane to give his charge to Synod. He told us Paul urged the Thessalonians not to worry, but rather to “encourage one another and build one another up” — just as we, members of the diocese of Ottawa, have been doing for each other during the pandemic. It was an example of how he wants all of us to perceive ourselves: not primarily as members of parishes or community ministries, but as a single diocesan church with two vital expressions of service to God and our world. He asked us always to strive to refer to the church in that way. The bishop told us the diocesan church would focus on four renewed and refreshed strategic priorities:

- communications;
- the shape of parish ministry and buildings;
- engagement with the world; and
- lifelong formation, worship and hospitality.

The details of strategic priorities will be discussed and developed further at the first face-to-face meeting Synod can have, the bishop said. Meanwhile, two episcopal panels were created, namely the Communications Panel, with a mandate to create a strategic communications plan, and the Shape of Parish Ministry Consultation Team, focused on the success of parish ministries as a whole, rather than leaving that to individual parishes to worry about. This will mean some buildings will have to be closed, others likely built; but Bishop Shane emphasized no one will be left without a parish.

Before we can meet again in-person, Bishop Shane said, the Governance Committee will review the diocese's structure to make it better suited to achieving the third and fourth priorities, with particular attention to “addressing the insidious and dehumanizing effects of racism,” and

also to help us “discern where we need to develop the means to engage more effectively with the world.”

After the charge from the bishop and a short break, Synod business resumed with passage of a motion appointing members to Diocesan Council, the Advisory Panel on the Termination of Clerical Appointments, the Provincial Synod and Trinity College Corporation. That was followed by the Finance Report from Sanjay Grover, Director of Financial Ministry. The financial statements package is available at <https://www.ottawa.anglican.ca/Synod>. In response to a question about whether the numbers meant the diocese was in financial trouble, Mr. Grover said “I have been reviewing the reports that are being sent to me and we are starting to come up from the pandemic in better shape than I expected...our initial drop in revenue was 30 to 35 percent, but over the past few months that's down to about 20 per cent, which is a good sign. But over the next few months it needs to be carefully monitored.” A motion to appoint Deloitte LLP as auditors of the diocese's 2020 financial statements was approved, as was a motion to accept the minutes of the 140th session of Synod.

The meeting adjourned after a closing prayer from Dean Beth Bretzlaff and a blessing from Bishop Shane.

Mystery Solved *(submitted by Alexis Anderson)*

In the June 2020 issue of Revelations, we were left to wonder how a bell that once graced the White Star Line's S.S. Canopic ended up at St. Augustine's Beachburg. Well, the mystery is now solved. An article published on 2 Feb 1926 in the Ottawa Citizen notes that Cobden resident Charles Mauger LeCouteur was once employed by the Mersey Docks and Harbour Board, which was the same organization of which Colonel Henry Concanon was a member. It seems that when word spread that “Canopic” was being scrapped, Mr LeCouteur made representation to the White Star Line through his colleague, and thus it was that the bell was presented on behalf of Colonel Concanon by the White Star Line. The bell shipped to Canada aboard S.S. Megantic, arriving in Cobden in early Feb 1926, where “keen appreciation of the company's kindness” was expressed in the district.

Mr LeCouteur was not a native of Renfrew County, having been born in 1858 in Liverpool, England. He spent most of his life in England, marrying Elizabeth Isabella Small and having three daughters, Irene, Hilda, and Vera. Irene married Alfred H Craymer and lived for a time in Renfrew County, where her daughter Rita Irene was born in 1913 (Rita later married Robert Laird Borden Wilson of Ottawa).

By 1920 Irene and her family had moved from Renfrew County to Toronto, she listed as next of kin for her father Charles as he retired to Canada and settled on Morton Street in Cobden. Charles' wife died before June 1921, and at some point, he began working at 155 Laurier Ave W in Ottawa as the Canadian Trade Agent for the Port of Liverpool, England. He returned to England at least once more and was aboard the White Star liner S.S. Doric in 1925 when it docked in Quebec City with over 350 immigrants sponsored by various immigration societies in Canada and England. Many of the immigrants were destined for western provinces, but a small party of 39 boys aged 12 to 16 were sent to the Eastern Townships in Quebec and to Eastern Ontario. While it is unclear whether he had an active part in the sponsorships, he was a senior Mason who was noted to have attended a large Masonic reception in Ottawa in April 1928 and he was a lifelong member of the Church of England; so it seems not unlikely that he was involved in the venture.

Pumpkins for PWRDF *(submitted by Maggie Jacques, Holy Trinity Pumpkin Fairy and Sunday School Coordinator)*

Started by Vera and Rick Hoyland in support of PWRDF, our Annual Pumpkin Auction for PWRDF had to be different this year- no in person auction nor Halloween lunch after church. With all the proceeds of this fun event going towards buying farm animals or even a whole farm - everyone loves a goat, right?

Pumpkins from the community garden at Aborn House were given to Sunday School families on Thanksgiving to do their creative best. A huge thank you to Gail, Holy Trinity's secretary and gardener, for her care of the gourds during the growing season.

Photos of completed pumpkins were sent to Rev. Matthew and posted on Holy Trinity's Facebook page, bidding was done through the comments sections under the desired photo. Pickup and delivery of successful recipients were done by the Pumpkin Fairy- there was even interest in Eganville!

The final bids resulted in over \$200! Additional generous contributions continued to come in through the online option using Canada Helps and in the church offertory plate: we should reach \$500 if not more.

In times of limited, in some cases no, personal contact, fun events such as the Pumpkin Auction create an opportunity for our community to interact, support the work of the PWRDF and show love by giving to others the gift of food security. The gift of a goat, donkey, or some chickens may seem quirky to some, but will provide a lifeline to others. Thank you to all who created, bid, or

just donated to this Sunday School event. Until next year - may pumpkin goop be with you!

Musings from your Editor *(submitted by Jean Ostrom)*

Each time we plan another issue of Revelations my immediate thought is "Will we receive enough material?" Why would I ever doubt?

This issue, like all those before it, is chockful of wonderful articles and items of interest to the whole Parish of the Valley. Our wardens continue to inform us of the interesting things happening in their individual churches, we have inspirational articles from both lay members and clergy, we get a history lesson in nearly every issue, there are puzzles and things to do, and we try to tell you a bit about a member of our extended Parish family.

Especially during this time of Covid self-isolation our ongoing communication is vital in enriching our Parish. May all have a wonderful and blessed Christmas, and all good wishes and prayers for continued blessings in 2021.

A New Church Logo for Holy Trinity Pembroke

(submitted by Rev. Matthew Brown)

This fall Holy Trinity Pembroke has been pleased to begin using a new church logo on its letterhead and in electronic communications. The new logo is the product of a design process that began in the fall of 2019. At that time a call for potential designs was put out to the Holy Trinity congregation as a whole. Four potential designs were received from Holy Trinity parishioners. From those four submissions a working concept was selected by the Church Corporation for further development, based on an original design created by Lorna Sibley. Further drawings were created in consultation with Lorna and presented to Church Council for additional feedback in the winter of 2020, just prior to the COVID-19 shutdown. The logo design was then finalized in the spring of 2020 with the launch of the logo planned for the fall of 2020.



The new Holy Trinity logo proudly features a "Canterbury Cross." The Canterbury Cross is derived from a brooch that was discovered in 1867 in Canterbury,

England. It is believed to date to the Saxon period (circa 850 AD). The cross has since become a common symbol for Anglican Christians around the world. Holy Trinity's Canterbury Cross is depicted in blue, representing the baptismal waters that bind our Church Family



The "original" Canterbury Cross, as displayed in Canterbury, England

together, making us all siblings in Christ. The selected font is also identical to font used in the logo of the Parish of the Valley, of

which Holy Trinity is now proudly a member. Be sure to watch for the new logo at the beginning of Holy Trinity's televised worship services which air on YourTV Ottawa Valley on Sundays at 10am.

Update November 2020 (The First Year of the Great Pandemic) *(submitted by Vera Hoyland)*

A Zoom meeting of Parish PWRDF reps, conducted 9 November, provided an opportunity to meet the new Diocesan PWRDF rep, Rev. Patrick Stephens (who is also the Co-Chair of the Ottawa PWRDF Working Group). In addition, he is the new incumbent at St Barnabas in Deep River, arriving there after spending three years in Bangladesh. He, his wife Mallory, and their two sons, will no doubt find a Deep River winter a novel surprise after Bangladesh!

The previous Diocesan PWRDF rep, Jane Maxwell, was thanked for her years of service and will continue supporting PWRDF as her parish rep.

Will Postma, Executive Director of PWRDF, provided an interesting and informative presentation of its international relief and development programmes and humanitarian response. Furthermore, a video of Partners in Health and Cancer Care in Rwanda was presented.

The Head of Fundraising & Donor Relations, Marianne McQuillan, informed all on the practical ways to help and to donate to PWRDF:

a. With two beautiful new designs for 2020 our Christmas Cards are sure to please everyone on your holiday list. PWRDF Christmas Cards come in packages of 12. A minimum \$25 donation per package is needed to receive a tax receipt. Please order by December 1 to guarantee delivery by Christmas, allow at least two weeks for shipping. You can order online at <https://pwrdf.org/christmascards2020/> or call Donor Relations Officer Mike Ziemerink at 416-822-9083.

b. The World of Gifts Catalogue. There are all types of interesting gifts – everything from goats and donkeys to Personal Protective Equipment for all mothers and children as well as Indigenous support programmes in Canada. Gifts can be found at <https://pwrdf.org/world-of-gifts/> or you can order via telephone at 1-877- 936-9199 (9 a.m. – 5 p.m. EST).

The PWRDF web site - <https://pwrdf.org/> - is really outstanding and well-deserves a visit by all Anglicans (and others). It is very professional and provides useful, interesting, and thought provoking information.

In conclusion, how can you help PWRDF in this time of this Pandemic? Please consider purchasing Christmas cards and/or using the World of Gifts Catalogue.

Stay Safe. Be Kind. Merry Christmas and we look forward to a better 2021!

Rooted in Faith: Adapting to Covid-19 **December 2020** *(submitted by Hilda Young)*

St. George's chapel Garrison Petawawa is a chapel which serves all protestant denominations. If you are Roman Catholic, St. Francis of Assisi provides that service. As the military is constantly evolving, the chaplains on base are constantly changing. At present there are more than 15 protestant chaplains, but only one Anglican, Padre Judson Bridgewater! Each Wednesday at 12:30, Padre Bridgewater offers an abbreviated Communion service from the BCP! It is open to all.

St. George's chapel has had an active Guild for over 50 years. As most of the early chaplains were from the Anglican, United, Lutheran, and Presbyterian denominations, the Guild was set up to mirror many of the supports women gave to those denominations. Now we are changing direction as many of our members are from the evangelical denominations. This year our normal meeting structure has been dramatically challenged by Covid-19! Usually our meeting year goes from September to May, with a social event in June. In 2019, members of our Guild were tasked with preparing the national Guild service which is held the last Sunday in October. The service was prepared in time for review by the chain of command in January 2020. The theme for the service was "Rooted in Faith", which was also the theme for the annual conference which was to be held in April in Rothesay, N.B. However, our group started up again in the fall on Zoom. Our special service was planned and executed with major changes; no singing and fewer people participating. We are still meeting on Zoom and

planning a Zoom Christmas party with a guest member, Maggie Jacques, doing a Bible trivia! We are still doing some outreach, as our motto is “Faith, Fellowship, and Service”. We did a Grind dinner on a Tuesday in November for 100 people. We have reconnected with Miramichi Lodge and plan to deliver Christmas cards and gifts to the veterans. In the winter months we usually have speakers and prepare for our conference.

Year round, we continue to support the chapel by looking after the altar linens and cleaning the brass, plus supporting those in need with meals. If you have any questions about the Guild, please contact hildayoung8@gmail.com.

Holy Trinity Pembroke Warden’s Message

The celebration of Advent and Christmas is a time to give thanks for the gifts of Hope, Peace, Love and Joy. This year may we also add Health to that list. Our world has experienced tremendous change and hardship throughout this pandemic, but let us also reflect upon the gifts that it has brought to the forefront, one of them being the gift of our Church Family.

Together, with masks on, we have implemented measures to resume safe, in-person worship. We have cared for our most vulnerable by continuing to offer online worship. We have witnessed the gifts of creativity as some of our most beloved church events were re-invented to respect current health guidelines. We often joke that as Anglicans we don’t openly embrace change, but in the last nine months, by the grace of God, we have proven otherwise!

On behalf of the Wardens, I am honoured to give a heartfelt thank you to each and every member of our Church Family who has found a way to stay connected and stay active in Holy Trinity. As we move through this season, may we do so guided by Hope, Peace, Love, and Joy, and may we all stay safe and healthy.

Together with Rev. Matthew and our clergy team, we wish you a blessed Christmas!

Yours in Christ,

Sabrina Clark
People’s Warden

On behalf of
George Hodgkinson, Rector’s Warden
Brian Devereaux, Deputy Warden

From St. George’s, South Alice

As we reflect on the past year we look back with some disappointment and longing for the church events that

brought us so much joy and together as a community. We certainly missed our annual gospel sing and our fall supper, and we will especially miss our Christmas concert and sing-along. Despite the cancellation of so many



events of 2020, we have been blessed with some special moments. We were so thankful for Ray Lavallee and his

bagpipes at our Remembrance Day service, as well as Jamie Bramburger’s presentation from our cemetery on reflecting on Archie Graham, who was killed in action in World War I. We are also so pleased to offer our first Christmas Bake Sale to the community. We have been overwhelmed with the response we received. We sold out within the first week of advertising. Although the past year has been very challenging for the church, we look forward to the birth of our saviour with great anticipation of better things to come. May you experience the peace and joy of Christmas and have a healthy and happy new year!

Kim Silkie & Bernard Raglan,
Wardens, St. George’s, Alice

Update from All Saints’ Petawawa *(submitted by Louise Doran and Yvonne Andrews, Wardens)*

Congratulations to Robert Lauder as he takes over from Roger Steinke as President of the Kiwanis Club. We were sad to see Robert leave our congregation, but he’s still a member of the Parish of the Valley! We wish him well in his new home at Logos Land.

Thanks to Frank Smith, Lois Pugh, and John Long for putting out Canadian flags on the graves of our service women and men. It was very moving to see the flags blowing in the wind and we were approached by some family members who told us how much it meant to them.

Our weekly attendance has been very stable, but we are looking forward to seeing more familiar faces when the Covid situation lessens. Members of our wonderful ladies group had the altar all dressed for our feast day of All Saints – the first time since mid-March. When we arrived at church that morning it was like being back home after a long time away. The church was decorated beautifully for Harvest Sunday and All Saints’ Day. Thank you to all – the decorators and the cleaners.

We had a great response to the local food bank drive on Reign of Christ Sunday – more than 3 overflowing

baskets of food generously donated for our local food banks. Now we are participating in a Reverse Advent food bank drive.

Kudos to Holy Trinity for the success of their virtual Holly Bazaar and St. George's for selling out on their Christmas Cookie distant bake sale.

All of us at All Saints' wish everyone in the Parish a blessed and joyous Christmas! Stay safe.

Virtual Holly Bazaar *(submitted by Doris Collins)*

Our first Virtual Holly Bazaar has been a great success due to the generosity of many.



Those who offered to donate items for sale and those who purchased, thank you for your support.

With the help of the Holly Bazaar committee, we were able to put together the orders and have them delivered on Monday November 23rd with only two orders to be pick-up on Tuesday. With Covid-19 restrictions we were very careful to wear masks and do social distancing.

From reports of those who delivered everyone was very grateful for the opportunity to purchase baking and handiwork for the Christmas season.



I cannot express how happy I am that all went so smoothly and we were able to realize a profit of \$2,599.25, which will be given to Holy Trinity Anglican Church for ongoing expenses.

The Sound of Music *(submitted by Roger Steinke)*

In the words of an old favourite hymn of mine:

*This is my Father's world,
And to my listening ears
All nature sings, and round me rings
The music of the spheres
This is my Father's world;
The birds their carols raise;
The morning light, the lily white,
Declare their Maker's praise.*

I remember reading J.R.R. Tolkien's, The Silmarillion, with the great music of the Ainar weaving all creation into existence. Music is life-giving, inspiring, creative, healing. It is the language of the spirit. St Augustine of Hippo once said, "The one who sings prays twice". Music takes on its greatest power when it is the Spirit of God

touching our spirit to create it. We realize the deepest benefit of music when we can listen to it and hear it through our communion with God's Spirit. Music comes in infinite style, variety, shape, form and resonance. It comes with the wind in the trees, rustling of leaves, breaking of the waves on the shore, running of rapids in the rivers, howling of the wolves, roar of the lion, growling of the bear, and clap of thunder in the air. In short, creation itself continues to make music, in both its animate and inanimate forms. We make music with our voices, with instruments, in harmony, in unison, with accompaniment and without accompaniment. It can be written, read, and memorized. When Jimmy Mayhew gave his fundraising piano concerts at Holy Trinity Anglican Church in Pembroke, he played Bach, Beethoven, and Chopin concertos all from memory.

Music distinctively marks special occasions, moments, and experiences with the triggering of our emotional memories. Times, events, and relationships can be recalled, relived, renewed, and remembered with music. The evoking of emotions that music can enable is potent, powerful, and carries us more deeply into the mystery of life itself. The mood altering effect of music can be helpful and healing. It can also be hurtful and harmful. It depends on the association and experience that gets triggered. Yet, part of the healing nature of music is in bringing hidden things to light so that they can be dealt with in a wholesome way. Marriages, families, churches, communities, and nations are united and forged into stronger bonds by the influence of music.

Music has become a huge part of the entertainment industry. We are willing to pay good money for the purchase of music in its many forms: recorded, large and small live concert performances, musical theatre, stage shows, and even karaoke in a bar. Huge fun with our California boys has been in the singing and playing along with the Beatles Rock Band on their X-Box Play Station. During my eight years of college and seminary, my only lasting and growing material possessions were my library and my stereo equipment and vinyl records. It is tough to make a living solely through the writing, singing, and playing of music, yet there sure are a lot of people who make the attempt. Our son Alan is a great musician who would love to be able to earn his living through the making of music, but because of the economic reality he has had to relegate it to a passionate hobby. The portability of an acoustic guitar enables him to bring life to many of our family gatherings.

It is a strange time in the summer of 2020 in the midst of the Covid 19 pandemic, with no choral groups or choirs allowed to gather for live performances or rehearsals. Yet the fortitude of many of these choristers, combined with

today's technology, has enabled them to live stream online performances, even in harmony, all out of their individual homes. How healing this has been to countless others who have been the recipients of this music in the wake of numerous horrific and tragic circumstances!

Music is a core part of life that can enchant and revive the heart, stimulate and teach the mind, and bring peace and healing to the body. The Psalms are meant to be sung, not said, and it is with the sound of music that we offer praise and thanksgiving to the God who has created us, redeemed us, and sustains us, the Most Holy and Blessed Trinity.

Popsicle Stick Christmas Ornaments *(submitted by Naomi de Repentigny)*

Materials Needed:

- Popsicle Sticks
- A piece of twine, approximately 6" long
- Hot glue gun
- Scissors and a craft/utility knife



And to decorate them, you can use whatever you have on hand!

- Tiny pom poms
- Sparkly pipe cleaners
- Jingle Bells
- Rhinestones
- Buttons
- Glitter

The Shepherd Who Didn't Go *(submitted by Naomi de Repentigny)*

There is a story about the shepherd who didn't go. When on that first Christmas night the shepherds heard the good news from the angels, one of them, a young boy named Dahvid, did not go with them. He wanted to, but he could not, because he had given his word to his master, mean strict Old Abraham, that come day, come night, come life,

come death, he would not fail to keep the flocks. He wanted to go, and wept tears of disappointment when the others left, but he found a certain comfort in thinking of the helplessness of his flock.

After the others had gone, wolves indeed came and made off with one of the sheep. Dahvid followed them and found the two wolves fighting over the sheep at the bottom of ravine. One left, but the other attacked him, biting him on the leg and arm. Nevertheless he managed to kill it with a heavy blow from his staff. With great and slow effort he and the wounded sheep slowly climbed out of the ravine and made their way back to the flock, where the boy collapsed.

As dawn was brightening, Old Abraham came to check his flocks. He grew angry when he called and there was no answer. When he found Dahvid lying on the ground, he thought for a moment that the boy was asleep. But when he caught sight of the white face and bleeding arm, and the wounded sheep, a strange tenderness rose in him. He realized that the boy had not forgotten his promise. He bid his servants to take the boy to the inn for care.

The unconscious boy was taken to the stable of the inn. Upon waking he heard the cry of the Child whom the other shepherds had gone to see. One of the shepherds brought the Child and laid Him in Dahvid's arms, the



Child for whose coming the people had been longing for a thousand years.

The color at length came back to Dahvid's white cheeks, and strength and health to his limbs and he went back again to the plain.

Old Abraham embraced him, "Forgive me, my son. I have been a hard master. Thou hast been very faithful, and for thy reward I make thee lord over all my flocks and half of them shall be thine own."

So Dahvid became a man of flocks, and all his days he was known among the other shepherds as the one who had held the Christ-child in his arms. And there was none among them who was thought so brave, and gentle, and wise as the Shepherd Who Didn't Go.*

Adapted from *The Shepherd Who Didn't Go", in *The City that Never Was Reached*, by Jay T. Stocking; published by the Pilgrim Press.

Suggestion: Use this reverse Advent calendar to guide your donations to the Food Bank



Christmas Shortbreads *(submitted by Naomi de Repentigny)*

1 cup margarine
 ¼ cup sugar
 2 cups flour
 1 – ½ cups coconut
 2/3 cup chopped red or green maraschino cherries
 ¼ cup raisins
 1/3 cup chopped walnuts or almonds
 1 can sweetened condensed milk

Cream margarine and sugar together. Blend in flour until mixture resembles coarse crumbs. Pat dough evenly into a greased 9-inch square pan.
 Bake at 350 F. for 20 minutes.
 Combine remaining ingredients. Spread evenly on shortbread.
 Bake an additional 35 minutes or until golden brown.
 Cool thoroughly and cut into bars.
 Makes one 9-inch pan.

Our Home and Native Land 2 *(submitted by The Rev. Canon David Lethbridge)*

In the first edition of Our Home and Native Land, attention was drawn to two problems facing the resolution of the Land Claims situation: a) the division between Status and Non-Status Algonquins, which could affect the

dispensing of the \$300,000,000 grant by the governments of Canada and Ontario combined, and b) Harvesting, which controls the territorial activities of fishing, hunting and fur trading. Right now we are aware of the lobster harvesting dilemma between Indigenous and non-Indigenous lobster fishermen in Nova Scotia as the Indigenous fishermen claim a longer season granted by treaty.

When the Throne Speech was delivered to the people of Canada on September 23, 2020, I was hoping to hear some progress towards resolution of the Lands Claims, but was disappointed, although the Federal Government offered renewed promises to invest in clean drinking water, a mental health strategy, and new infrastructure and catch-all capacity-building for the Indigenous population.

However, a recent 45-day public consultation under the Agreement-in-Principle was held which up-dated new properties designated for eventual transfer when negotiations are completed in 2023. Jennifer Griffin, the senior negotiator for the Ministry of Natural Resources and Forestry, highlighted some of the changes to public lands in Renfrew County like the former Renfrew OPP detachment and deletions like the MTO picnic park on Mundt's Bay on Golden Lake. There are also boundary amendments to Lake St. Peter Provincial Park, as well as a recommended Whiteduck Provincial Park around Crotch Lake Conservation Reserve in Frontenac County. Importantly, Algonquin harvesting rights will be subject to Provincial and Federal laws necessary for conservation, public health and public safety. The Algonquins will continue to develop moose harvesting plans with Ontario. If all goes well by 2023, a *mode-d'emploi* will have been established to apply to the big task of land transfers.

While not related directly to Lands Claims it is of happy significance that the Renfrew County District School Board has welcomed a new First Nation Trustee, in Jessica Verch, a member of the Algonquins of Pikwakanagan First Nation. A mother of two and new grandmother, Jessica is an employee of the First Nation for almost 20 years. Another Algonquin lady to congratulate is Wendy-Anne Jocko, the new chief of the Algonquins of Pikwakanagan First Nation. This, and much more news can be found on algonquinsofpikwakanagan.com.

Incumbents Report on the Warden's Meeting on November 26, 2020 *(submitted by Bishop Michael Bird)*

Bishop Michael indicated to the Wardens that over a

period of time the clergy team has reviewed all the material that was produced both at our September 12, 2019 meeting along with the feedback we have received since then. There are all kinds of ideas and thoughts about our opportunities and our challenges, but we have been able to draw most of them together under a number of headings.

Four of those headings were deemed to be our first priorities, particularly given our Covid restrictions. The four that we have identified as areas of focus for the coming year and years are as follows:

1. Governance and Finance – dealing mainly with where we find ourselves at the present time and what things and structures can we change or put into place that will help us better use our time, resources and finances to enhance our ministry across the Parish of the Valley.

2. Worship and Life Long Learning -- dealing with our liturgies, special services, joint services, resources for worship leaders, music and hymns, Bible studies, Christian education, as well as children, youth, and family ministry.

3. Outreach ministry and Volunteer opportunities – reporting on and enhancing our current outreach activities both local and beyond, PWRDF, outreach communications and education, local community engagement, as well as creating new opportunities for empowering lay ministry and volunteer work.

4. Futures Committee – allowing ourselves to dream bigger and to do some reflecting upon what might be possible in the future if we start working towards that today. A quote from congregational development theory: “If we don’t know where we are going we probably won’t get there.”

What was proposed was that we set up these four working groups with representatives from across the parish. We had an example of what this might look like and how productive this could be when we put together our Covid-19 church reopening task force and we saw the incredible work that was accomplished in a very short period of time. Our thanks went out to the lay members of the committee - Donna Smith from Epiphany, Barry’s Bay, Wendy Cayen from St. John’s, Eganville, Sandra Sharp from Ascension, Killaloe and George Hodgkinson from Holy Trinity, Pembroke.

The working groups, or what we call, “working tables” are not decision-making bodies. Decisions will continue to rest with the Corporations and the Parish Councils of

each congregation. They will, however, be responsible for bringing forward ideas, initiatives, and resources for the whole parish; and they will provide us with opportunities for ministries that our congregations could never accomplish on our own. Two clergy from our team will be assigned to each of the groups.

We want to call them “tables” or “working tables” because the idea of being invited to the table is a rich image from scripture. God and Christ set the table for the banquet where all benefit. It is a table overflowing with gifts and talents, and a table that brings the whole parish together and no one is left behind.

Here is the feedback we received from the Wardens on that night and we look forward to sharing more news about the formation of these “tables” in the new year:

1) What comments or questions do you have about the Advent appeal?

- We should stress that donations are optional. This should be bolded in the letter.
- This is one of many appeals at this time of year; we need to be very cautious.
- Does this appeal need to go to every household in the parish? Perhaps only some?
- For households that don’t usually attend Sunday worship, it could be a good reminder that the Anglican Church is still here and serving the community.
- “If we don’t ask, we don’t get.” We can’t be afraid to talk about money as a parish.
- Should church treasurers / envelope secretaries be tracking how much revenue is raised by the appeal? Who should this information get reported back to?
- Does every church in the parish need to participate in the appeal?
- When will materials be distributed? Answer: beginning of December.

2) What comments or questions do you have about the “working tables?”

- We need to recruit the right people for this – folks should be invited, not “voluntold.”
- There seems to be a lot of overlap between the four categories.
- Where would “youth” fit into this? Lifelong learning? The Futures Committee?
- Why has communications been left to the clergy team?
- We need a mechanism to share costs relating to this work (e.g., our Zoom subscription).

- Could we develop draft terms of reference for each table? We need a better sense of the work each table group will be called to engage in (and the time commitment).
- Our volunteers are few – we don't want to overextend our core lay leaders.
- Church Corporations could be approached for suggested names for the tables.
- Who would the tables report back to? The clergy team? The wardens? *Revelations*?
- Could we have quarterly clergy and wardens meeting by Zoom to help steer this work?
- We need to develop mechanisms for our clergy team and lay leaders to have conversations and make decisions with a view to the parish as a whole...it can't just be about tending to the needs of our individual congregations and then opting in or out.
- Could we have an image to describe this work? Answer: We're like a fleet of boats on a big lake, all of different sizes, pulling a big hot air balloon over top of us. We need good captains navigating each of the boats, watching for rocks and shoals; but we also need leaders up in the hot air balloon watching over the whole fleet and towards the horizon.

Meeting began with prayer at 7pm and concluded with prayer at 8:45pm.

-Notes by Rev. Matthew

Dear Friends Across the Valley,

Hello from the Petawawa Rectory! This Advent I am having so much fun. I love playing in my exer-saucer and wearing my Valley plaid onesie (it has a moose on it!)

Mum and Dad also helped me make an Advent Wreath from the Holy Trinity Sunday School. Dad wrote to Santa Claus for me and we told him he had to stop at the Rectory this year. If you see him on Christmas Eve please tell him not to forget! Christmas is all about another baby - Baby Jesus. Please remember to look for him smiling in the faces of all God's children. I hope you all have a very Merry Christmas and a happy and healthy New Year in 2021!



*Lots of love,
Lily (& Mum & Dad)*

Christmas Service Schedule

In-Person Worship

In-Person worship will be held across the parish. There will be multiple services at some locations due to COVID-19. Pre-registration will be required in order to attend at some locations (*). Please speak with your local churchwardens for further details. Please register for only one service

In-Person Christmas Eve Services

2pm – Ascension Killaloe*
 2pm – St. Augustine's Beachburg
 3pm – St. Paul's Cobden
 4pm – Ascension Killaloe*
 4pm – All Saints Petawawa
 4pm – St. Anthony's Whitney
 4:30pm – St. Stephen's Micksburg
 5pm – Holy Trinity Pembroke*
 6:30pm – Epiphany Barry's Bay
 7pm – St. George's South Alice
 7pm – St. John's Eganville*
 8pm – Holy Trinity Pembroke*
 9pm – St. John's Eganville*

In-Person Christmas Day Services

9am – Ascension Killaloe*
 11am – St. John's Eganville*

Our Home and Native Land 3 *(submitted by The Rev. Canon David Lethbridge)*

Present day Anglicans are familiar with the Lands Claims story, but just how did we become involved? Unfortunately we were exposed to the Indian Residential Schools tragedy, which was a nation-wide attempt to place indigenous children into boarding schools financed by the Federal Government, but managed by mainline Christian Churches. Space does not allow me to cover the wide range of abuses suffered by the children/parents, but the Truth and Reconciliation Commission of Canada would describe the history as "cultural genocide". In Ontario there were seven such Schools managed by the Anglican Church, the first to open in 1828, with the last closure in 1996. These were located in Moose Factory, Chappleau, Brantford, Garden River (which burned down six days after opening), two in Sault Ste. Marie (one which now houses Algoma University) and Sioux Lookout. After much disclosure of the tragic history of the

Schools, the Federal Government began the lengthy process of reconciliation with the Indian Residential Schools Settlement Agreement on September 19, 2007. I am sure this encouraged Anglicans to learn about other hardships indigenous Canadians had in their history, and lo and behold- there it was: no treaty had ever been signed by the Federal Government and the Algonquin First Nation regarding land ownership. Even though this had been known for centuries, it once again became a 'live' issue to be acted upon by Church and State. I am grateful for the leadership which has been shown by Anglican Church of Canada Primates, the Most Rev'd Ted Scott and the Most Rev'd Michael Peers, as well as all who have followed their example.

I have a confession to make. Ten years of my sixty-one years of ordained ministry has been exercised in the Deanery of Pembroke (Mission of Combermere, and St. Barnabas, Deep River). Although there is a strong presence of First Nation Algonquins resident in our Deanery, I never once thought of reaching out to them in dialogue, assistance or just friendship. Perhaps you, the reader feel the same way. Perhaps in our Deanery we could explore ways of reaching out to those whom Jesus would love as our neighbors. Amen.

Excerpt from "How The Grinch Stole Christmas" (by Dr. Seuss)

...So he paused. And the Grinch put his hand to his ear.
And he did hear a sound rising over the snow.
It started in low. Then it started to grow.
But the sound wasn't sad! Why, this sound sounded merry!
It couldn't be so! But it WAS merry! VERY!
He stared down at Whoville! The Grinch popped his eyes!
Then he shook! What he saw was a shocking surprise!
Every Who down in Whoville, the tall and the small,
Was singing! Without any presents at all!
He HADN'T stopped Christmas from coming! IT CAME!
Somehow or other, it came just the same!
And the Grinch, with his grinch-feet ice-cold in the snow,
Stood puzzling and puzzling: "How could it be so?"
"It came with out ribbons! It came without tags!"
"It came without packages, boxes or bags!"
And he puzzled three hours, till his puzzler was sore.
Then the Grinch thought of something he hadn't before!
"Maybe Christmas," he thought, "doesn't come from a store."
"Maybe Christmas...perhaps...means a little bit more!"...



**Impact
Zambia**

**Impact Zambia – A Mission
Project in Rural Africa**
(submitted by Rev. Allan Studd)

Impact Zambia is a mission project of International Teams Canada (iteams.ca/Zambia). It's purpose is to lift people out of poverty by providing skills training. We have built a Training Centre, now called Life Impact Training Centre near the community of Itezhi-tezhi in Central Zambia. It is registered with the Zambian Federal Government as an educational facility. Through it we have offered training in many skills from sewing skills to carpentry and furniture making. To make this happen, Impact Zambia is partnered with Pastors Daniel and Florence Mayapi and their New Life Tabernacle and Ministries. Pastor Daniel has planted 25 churches throughout Zambia.

I joined Impact Zambia about 4 years ago at the urging of my colleague Bonnie, in Marriage and Family Therapy. When I first went there, there were no real highways in Central Zambia. We arrived in Livingstone / Victoria Falls, picked up some tough vehicles and drove there over some pretty rough bush trails. Things have improved in four years with the construction of new roads with the help of the Chinese. In Itezhi-tezhi we were asked to teach the pastors about marriage, and so Bonnie and I have taught them about marriage and how to work with people who are experiencing marital problems. Bonnie and I also teach counselling and pastoral visiting skills at a local social service agency, that works with the HIV/AIDS community. This has grown over the years into a School for Marriage and Family Counselling, whereby Impact Zambia is offering a diploma course which trains people in counselling skills. We have had to begin virtually using various internet and social media platforms. It has been hit and miss as the technology infrastructure is not in place in central Zambia.

Our normal way of operating is to gather a team of volunteers together, raise money for a 2 week trip to Africa, travel together to Zambia, drive to the Training Centre, and teach intensive courses for a week or so, and then reverse our way out of the country and go home. The COVID-19 pandemic has changed that. We are unable to travel and may not be able to for another 1 to 2 years. The needs in the country continue, however. In this year alone, there has been a drought and famine, which we tried to provide emergency food rations for, followed by the pandemic, and then the total breakdown of the vehicle we own in Zambia. Countries in Africa are generally better prepared for epidemics than we are, so we are happy to report that has not been a large problem. We have provided our friends with the information we have

about the virus and best practices for avoiding transmission, and they seem to be coping well. We do not need to raise money for actual mission trips, but there are other needs, the biggest of which is replacing our vehicle in Zambia. Any vehicle we get has to be a sturdy SUV with true 4X4 capability. Our guess is that that will cost about \$35,000.



Our Team Captain, Lianti Muller, has taken on raising money for a new truck as a personal project. She had people sponsor her while she climbed the staircase to the top of the CN Tower in Toronto. Seeking to raise \$15,000, she raised \$20,000. Now, Lianti has promised to do the Edge Walk outside on the roof of the Tower. That has to wait until COVID has been brought under control, so sometime in the Spring we will cheer her on as we raise more money for the new truck. We have also completed the Training Centre to a point that it needs a full-time staff, so there is a need to find monthly sponsors who can provide for the administration and maintenance. As well, mission trips will begin again, possibly as early as next November, and there will be a need to raise money for that.

As we have worked on this project, we have come to realize once again, that God truly does provide. I have been humbled by the overwhelming response I have received from Valley Anglicans. I would like to be able to lead a mission team made up of Valley Anglicans to Zambia some year. I have discovered that God uses our gifts. If you would like the experience of working with our fellow Zambian Christians, and don't mind raising money for the trip, please speak to me and we could make it happen.

Currently donations can be made to the work of Impact Zambia in 2 ways:

Write a cheque to me and put "Impact Zambia" in the memo line, and I will shepherd it through

the donation procedure. All donors will receive an income tax receipt. The mailing address is:

Rev. Allan Studd
1049 Grist Mill Road, Eganville, ON. K0J 1T0

OR, go to <https://www.iteams.ca/donation>

All of us at Impact Zambia and all our Zambian friends in Livingstone and Itezhi-tezhi wish you a very holy and joyous Christmas.

A Valued Member of Holy Trinity has Left

One of the first persons you would see each Sunday at Holy Trinity was Mike (Sibley). He was there at the Power Point desk waiting for the service to start and usually with his "NATO Standard" Coffee in his hand. He had an ongoing ritual where he would bring two (2) coffees to Church, one for himself and one for Rev. Matthew. He wanted to make sure that the Minister was well awake before the Service started.

Mike lived with and dealt with cancer for the past 18 years with a strong resolve to not let it rule his faith and outlook on life. Rarely did you hear him complain about his burden. He was always ready to lend a helping hand. He spearheaded Holy Trinity's Food Bank collections, making sure that all food and monies collected were delivered to the St Joseph's Food Bank for distribution. He was also very involved with the local Relay for Life.

Mike was always doing minor improvements around the Church. One that comes to mind is a new light over the Eagle lectern enabling the readers on Sunday to better see the material they have to share. And when we received the Ceramic White Feather, it was Mike who came up with the idea of how to properly display it. He went to work and designed and built a pedestal to mount it on, and it is today proudly displayed just below the pulpit.

Mike served his Church in many capacities, including Deputy Warden, Peoples Warden, and finally as Rector's Warden, the latter of which he had to relinquish in January of this year due to his health. Thank you, Mike, for all that you did here at Holy Trinity. Rest assured that you will be missed and that you are in our hearts and prayers.

Stand easy; you have earned your rest.

George Hodgkinson, Rectors Warden
Sabrina Clark, People's Warden
Brian Devereaux, Deputy Warden

Names for Jesus

T A J Y B R T W A L I D T K W D K W G U G I O E
 O S L R J X I A K D B X S E V E E M B Z U N Z Z
 N B I Y Q L B U D V R M K O P B X L T R H P I B
 J V D R P F W U B M A E A U S O Y G I M Q X J W
 V Q J K H Z N M P Y W L H L B W H V D V W E O F
 M T F J A C W O X F K R M P D M E G E Y E T Y E
 T S A E U Q Q K H W E C E I E W M P Q G X R E Y
 V U T C T S I L L X R T O D G H N S Z Z D C E G
 J O H N H J W H I Y E J H R V H S U E G A U T R
 T I E I O L K Z G R M I M M N Y T Q N E Q E J R
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 P T J Y T D C T N N D U E X F R D S A Z Z O N T
 O C S C Y G D Y Q C E N L O M Z G B T M Q W G L
 R I C R M C X H B O R S O W L D I E G O I F F N
 P V O E Y I U U K Z Y E V L V R R A D F N H Q F
 I U S A J T H M U C N L E O C S H O D I K E S D
 U D E T T L H Q H Z O O D S N A I Z I H R U P D
 W U R O P Z B X Q P X R E O I J M W D V O B V E
 U J V R V M H T U R T D S S I H B V O K A O Y F
 Q F A I T H F U L T N Y S B C P R I E S T S X C
 Y D N V U A I M K I P E J H P T F W C L L T K O
 Z D T N M W O F B W M D V P L Q F U X J F L Z T
 Z E A A O Y N X G E I M M A N U E L S W L O O T

Almighty	Authority	Beloved	Bridegroom	Christ	Cornerstone
Counselor	Creator	Deliverer	Faithful	Father	God
Hope	Immanuel	Indescribable	Judge	King	Lamb
Light	Messiah	Peace	Priest	Prince	Prophet
Redeemer	Savior	Servant	Shepherd	Son	Truth
Victorious					

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