

Space for God Pleading for Help

PREPARATION

O Lord, I cry out to you. I will keep on pleading day by day.
Psalm 88:13

CONFESSION

I am in a trap with no way of escape.
My eyes are blinded by my tears. Each day I beg for your help, O Lord; I lift my hands to you for mercy. Psalm 88:8b-9

WORSHIP

"Great and marvelous are your works, O Lord God, the Almighty. Just and true are your ways, O King of the nations.
Who will not fear you, Lord, and glorify your name? For you alone are holy. All nations will come and worship before you, for your righteous deeds have been revealed." Revelation 15:3b-4

MEDITATION – Mark 7:24-30*

Then Jesus left Galilee and went north to the region of Tyre. He didn't want anyone to know which house he was staying in, but he couldn't keep it a secret. Right away a woman who had heard about him came and fell at his feet. Her little girl was possessed by an evil spirit, and she begged him to cast out the demon from her daughter.

Since she was a Gentile, born in Syrian Phoenicia, Jesus told her, "First I should feed the children—my own family, the Jews. It isn't right to take food from the children and throw it to the dogs."

She replied, "That's true, Lord, but even the dogs under the table are allowed to eat the scraps from the children's plates."

"Good answer!" he said. "Now go home, for the demon has left your daughter." And when she arrived home, she found her little girl lying quietly in bed, and the demon was gone.

IN SOLITUDE AND/OR COMMUNITY

Read	Slowly, several times.
Reflect	What does the text say?
Respond	How does it relate to my life?
Rest	I welcome God's healing and renewal.

ANCHORING PRAYER

I fall at Your feet O LORD.

REVIEW OF THE HEART

*What need do I persistently cry out to God for?
When did I give up too easily in my prayers?*

WISDOM

The real children of Abraham, then, are those who put their faith in God. What's more, the Scriptures looked forward to this time when God would make the Gentiles right in his sight because of their faith. God proclaimed this good news to Abraham long ago when he said, "All nations will be blessed through you." Galatians 3:7-8

For you are all children of God through faith in Christ Jesus. There is no longer Jew or Gentile, slave or free, male and female. For you are all one in Christ Jesus. Galatians 3:26,28

TESTIMONY *What is God saying to me?*

INTERCESSION *Prayers for the Church, for others, and for me.*

BENEDICTION

We know that God, who raised the Lord Jesus, will also raise us with Jesus and present us to himself together with you.

That is why we never give up. Though our bodies are dying, our spirits are being renewed every day. For our present troubles are small and won't last very long. Yet they produce for us a glory that vastly outweighs them and will last forever!

-Amen-

2 Corinthians 4:14,16-17

SPACE FOR GOD DAILY

Be still and quiet before God.

Seek the Holy Spirit's filling and

Speak and act from a listening heart.

Actively serve in community with others.