

Morning Prayer – Saturday September 26, 2020

St. George's Anglican Church, Cadboro Bay / [www.stgeorgecadborobay.ca](http://www.stgeorgecadborobay.ca)

From: *Celtic Prayers from Iona* – J. Philip Newell

### **Opening Words**

How weighty to me are your thoughts O God / how vast is the sum of them. If I should count them they are more than the sand / When I awake / I am still with you (Psalm 139:17-18)

***Be still and aware of the presence of the Divine within and all around***

### **Opening Prayer and Thanksgiving**

O God who brought me  
from the rest of last night  
to the new light of this day  
Bring me in the new light  
of this day  
to the guiding light of the eternal.  
Lead me O God  
on the journey of justice  
Guide me O God on the  
on the pathways of peace  
Renew me O God  
By the wellsprings of grace  
Today, tonight and forever

### ***FREE PRAYERS OF THANKSGIVING***

#### **The Lord's Prayer**

Our Father in heaven  
Hallowed be your name  
Your kingdom come  
Your will be done  
on earth as in heaven  
Give us today our daily bread  
Forgive us our sins  
As we forgive those who sin against us  
Lead us not into temptation  
But deliver us from evil  
For the kingdom, the power  
and the glory are yours  
Now and for ever  
Amen.

### **Scripture – Psalm 21 – St. Helena Psalter**

Those who dwell in the shelter of the Most High, \*  
abide under the shadow of the Almighty.

They shall say to God, “You are my refuge and my stronghold, \*  
my God in whom I put my trust.”

For God shall deliver you from the snare of the hunter \*  
and from the deadly pestilence.

God’s pinions shall cover you,  
and under God’s wings you shall seek refuge; \*  
God’s faithfulness shall be a shield and buckler.

You shall not be afraid of any terror by night, \*  
nor of the arrow that flies by day;

Of the plague that stalks in the darkness, \*  
nor of the sickness that lays waste at mid-day.

A thousand shall fall at your side  
and ten thousand at your right hand, \*  
but it shall not come near you.

Your eyes have only to behold \*  
to see the reward of the wicked.

Because you have made God your refuge \*  
and the Most High your habitation,

There shall no evil happen to you, \*  
neither shall any plague come near your dwelling.

For God will give the angels charge over you, \*  
to keep you in all your ways.

They shall bear you in their hands, \*  
lest you dash your foot against a stone.

You shall tread upon the lion and adder; \*  
you shall trample the young lion and the serpent under your feet.

Because you are bound to me in love,  
therefore will I deliver you; \*  
I will protect you, because you know my Name.

You will call upon me, and I will answer you; \*  
I am with you in trouble; I will rescue you and bring you honor.

With long life will I satisfy you \*  
and show you my salvation.

**SILENCE**

**Poem – “Telephone Booth (number 905 ½)” Pedro Pietri**

woke up this morning  
feeling excellent,  
picked up the telephone  
dialed the number of  
my equal opportunity employer  
to inform him I will not  
be into work today  
Are you feeling sick?  
the boss asked me  
No Sir I replied:  
I am feeling too good  
to report to work today,  
if I feel sick tomorrow  
I will come in early

**Intercessions**

May those without shelter  
Be under your guarding this day, O Christ  
May the wandering find places of welcome.  
O Son of tears, of the wounds, of the piercings,  
May your cross this day be shielding for them.

***Personal Intercessions***

**Prayer for Synod**

*written by Herbert O'Driscoll*

Lord Jesus,  
May your Wisdom be our wisdom;  
Your Vision our vision;  
Your Will our will:  
That we may seek, find, and call one who will Shepherd your people,  
Nurture reconciliation,  
Love your creation,  
And speak Hope to the Church and the World  
In Your Name.  
Amen

**Closing Prayer**

On my heart and on my house  
The blessing of God.  
In my coming and in my going  
The peace of God.  
In my life and in my seeking

The love of God.  
At my end and new beginning  
The arms of God to welcome me  
and bring me home.

Sources:

Prayers are from: *Celtic Prayers from Iona* – J. Philip Newell, New York: Paulist Press, 1997

Psalm: *St. Helena Breviary*, Order of St. Helena, Church Publishing, 2006.

Poem: Pedro Pietri, "Telephone Booth (number 905 1/2)" from *Selected Poetry* (City Lights Books, 2015).