

beyond your current **mind**



Part 10 – Dying to Live

Real transformation doesn't happen by trying harder to be more moral. That's far too superficial. Jesus approach was much deeper and much more effective.

Scripture: Mark 8:31-37

Discussion Questions

1. As we head into the summer months, do you have any plans for July and August? What are you most looking forward to? Spend a few minutes talking about how/when your group can meet over these next couple of months.
2. Read Mark 8:31-37. How does this passage make you feel? What 'self' does Jesus say needs to die? What is the true life that Jesus is offering?
3. One of the ways of describing the life that we need to lose is the idea of our ego or the image that we create and project into the world. What are some ways that people create this version of themselves? What are some of the signs that you have become a person who is overly focused on your ego?
4. Jesus said: "What good is it for someone to gain the whole world, yet forfeit their soul?" What are some examples of how someone might gain the whole world but forfeit their soul? How can someone make sure that the way they live their life doesn't lead to this experience?

Moving Forward

If you had to talk about who you really are apart from the things that build up our ego (job titles, income/money, education, popularity, accomplishments, etc.), how would you describe who you are?

Pastor Dave said that 2 powerful tools for living as our true selves are *prayer* and *service*. How do these 2 practices help to remind and reinforce who we really are?