Quick Baked Bannock

From Melany Gleeson-Lyall

Gradually add wet ingredients into dry to make a soft dough like the Pillsbury dough boy! Will still be a little bit sticky but incorporated.

4 cups flour
6 tsp baking powder
4 tsp sugar
2 tsp salt
1 egg (optional)
1-1/2 to 2 cups water or milk (Or Buttermilk, whipped cream)

I bake in a buttered cast iron frying pan (9” or 10”) or on a cookie sheet.
Flatten dough to edges of fry pan...
Brush with melted butter...
Bake at 350 F for 30 to 40 mins.
(Use a knife or skewer to test if middle is cooked - every oven is different)

Additions:
Add 2x sugar for sweet
I add about 1 cup each of cranberries & walnuts and lemon zest and sprinkle sugar on top before baking