

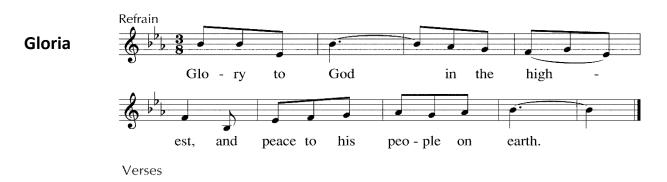
Opening Music - I am the Light of the World

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The Gathering of the Community

Opening responses

Celebrant All	When our spirits are restless and unsettled, when peace is nowhere to be found, the grace of God wraps around us. We do not rush through periods of darkness, but welcome their gifts that transform.
Celebrant	In seasons of despair, truth comes to wrestle with us.
All	In silence, honesty voices its concerns.
Celebrant	From the unknowns that surround, possibilities emerge.
All	Courage calls us to linger patiently in discomfort.
Celebrant	In the light of day and the dark of night, God is with us.
All	Thanks be to God who upholds us in love.
Celebrant All	Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.



- 1. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.
- 2. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.
- 3. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Music: Mass of Hope, Becket Senchur, OSB, © 1992, GIA Publications, Inc. All rights reserved. Reprinted under One License.net #A-710858

Collect of the Day

Celebrant Truth telling God, come and wrestle with our hearts. Push and pull on our self-understandings. Challenge our perceptions that confine and confront our thinking that leads us to harm. Meet us in the places deep within and let your Spirit lead us in truth and healing. **Amen**.

The Proclamation of the Word

- Reading: Genesis 32: 22-31, read by Matilda Hallam
- Reader: The same night he got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, 'Let me go, for the day is breaking.' But Jacob said, 'I will not let you go, unless you bless

me.' So he said to him, 'What is your name?' And he said, 'Jacob.' Then the man said, 'You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed.' Then Jacob asked him, 'Please tell me your name.' But he said, 'Why is it that you ask my name?' And there he blessed him. So Jacob called the place Peniel, saying, 'For I have seen God face to face, and yet my life is preserved.' The sun rose upon him as he passed Penuel, limping because of his hip.

Let us hear what the Spirit is saying to the Church.

Reading: Romans 9: 1-5, read by Graeme Mix

Reader: A reading from the letter of Paul to the Romans:

I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit— I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed for ever. Amen.

Let us hear what the Spirit is saying to the Church.

All Thanks be to God.

The Holy Gospel Matthew 14: 13-21

Reader The Lord be with you

All And also with you.

Reader The Holy Gospel of our Lord Jesus Christ according to Matthew

All Glory to you, Lord Jesus Christ.

Reader Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' Jesus said to them, 'They need not go away; you give them something to eat.' They replied, 'We have nothing here but five loaves and two fish.' And he said, 'Bring them here to me.' Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children. The Gospel of Christ

All Praise to you, Lord Jesus Christ.

Sermon The Rev'd Canon Dr. Harold Munn

Music for Reflection – performed by Mira Bortolussi

Intercessions Written by the Ainsbury Family: Jessie, Holly and Sarah The response to 'Lord in your mercy' is, '**Hear our Prayer**'.

The prayers conclude with: Merciful Lord,

All Accept these prayers, for the sake of your Son, Our Saviour Jesus Christ. Amen

Confession

CelebrantDear Friends ... Most merciful God,AllWe confess that we have sinned against you in thought, word and
deed, by what we have done, and by what we have left undone. We

have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Absolution

Peace

Celebrant	The peace of the Lord be always with you.
All	And also with you.

Invitation

Celebrant This is the table, not of the Church, but of Jesus.So come, you who have much faith and you who have little, you who have been here often, and you who have not been for a long time, you who have tried to follow and you who have failed.

Prayer over the Gifts

Celebrant If we have been convinced that love is the way, that God provides what we need to live justly, and that no gift is too small - let us bring our offerings together. In gratitude, and with faith, let us share what we have in community. **Amen.**

Eucharistic Prayer G - Anglican Church of England

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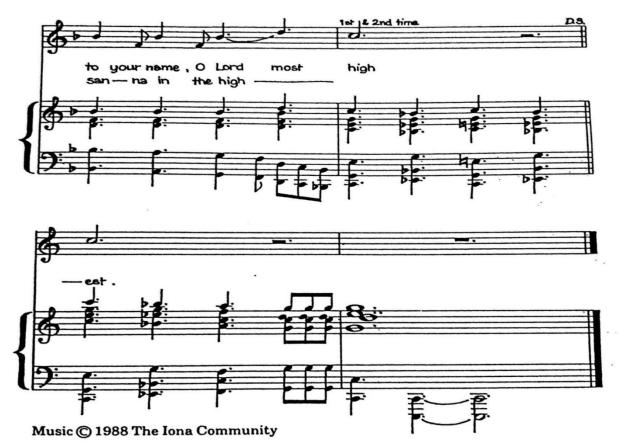
Celebrant	The Lord is here
People	God's Spirit is with us
Celebrant	Lift up your hearts.
People	We lift them to the Lord.
Celebrant	Let us give thanks to the Lord our God.
People	It is right to give our thanks and praise.

Celebrant Blessed are you, Lord God, our light and our salvation; to you be glory and praise for ever! From the beginning you have created all things and all your works echo the silent music of your praise. In the fullness of time you made us in your image, the crown of all creation. You give us breath and speech that with angels and archangels and all the powers of heaven we may find a voice to sing your praise:









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Celebrant How wonderful the work of your hands, O Lord! As a mother tenderly gathers her children you embraced a people as your own. When they turned away and rebelled your love remained steadfast.

From them you raised up Jesus our Saviour, born of Mary, to be the living bread, in whom all our hungers are satisfied. He offered his life for sinners and with a love stronger than death he opened wide his arms on the cross.

On the night before he died, he came to supper with his friends, and taking bread, he gave you thanks. He broke it and gave it to them, saying: Take eat: this is my body which is given for you. Do this in remembrance of me.

At the end of supper, taking the cup of wine, he gave you thanks, and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

- Great is the mystery of faith: All Christ has died: Christ is risen: Christ will come again.
- *Celebrant* Pleading with confidence his sacrifice made once for all upon the cross; we remember his dying and rising in glory, and we rejoice that he intercedes for us at your right hand.

Pour out your Holy Spirit as we bring before you these gifts of your creation; may they be for us the body and blood of your dear Son. As we eat and drink these holy things in your presence, form us into the likeness of Christ, and build us into a living temple to your glory.

Bring us at the last with Philip and all the saints to the vision of that eternal splendour for which you have created us; through Jesus Christ, our Lord, by him, with him, and in him, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise: Blessing and honour and glory and power be yours for ever and ever.

All Amen.



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The Breaking of the Bread

Celebrant We break this bread to share in the body of Christ.

All We, being many, are one body, for we all share in the one bread.
Celebrant The Gifts of God for the People of God.
All Thanks be to God.

Agnus Dei – Plainsong

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Post Communion Prayer

Celebrant God sends us into the world to wrestle with evil. Confronting injustice around us, searching our own hearts for untruths and narrow perceptions, we seek to transform and be transformed. With love as our guide, let us go bravely to live out our faith. The Spirit leads us with peace. **Amen**.

Post-Communion Music – 314 Laudate Omnes Gentes

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Announcements

Hymn – 397 Praise the One Who Breaks the Darkness (Nettleton)

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Doxology

Celebrant Glory to God

All Whose power working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

The Blessing

Celebrant The blessing of God, the eternal goodwill of God, the shalom of God, the wildness and the warmth of God, be among us and between us, now and always. **Amen.**

The Dismissal

Celebrant Go in peace to love and serve the world.

All In the name of Christ. Amen.

Postlude – Prelude and Fugue in F major – J.S. Bach