



# ADVENT IN THE VALLEY

## WEEK 1: HOPE

We light the first Advent candle and say,  
**Jesus Christ is the light of the world.**  
**A light no darkness can extinguish.**

Today we light the first candle, the candle for Hope. It reminds us that Jesus brings hope into the world, even when it seems scary or when the problems of our world seem too big for us to handle on our own, and Jesus asks us to share that hope with others.

Let us pray,

Christ our Hope,  
Shine in our lives with hope and promise.  
Give us eyes to see  
so that we remain attentive in this holy season.  
Remind us to look for you  
in small acts of kindness and love.  
We await your coming with wonder.  
Amen.

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## WEEK 2: PEACE

We light the first and second Advent candles and say,  
**Jesus Christ is the light of the world.**  
**A light no darkness can extinguish.**

Today we light the second candle, the candle for Peace. It reminds us that Jesus is called the Prince of Peace who brings peace into our hearts and asks us to be people of peace to those around us.

Let us pray,  
Christ our Peace,  
Glow brightly in each moment.  
Enlighten our vision so that we see beyond  
all of the trouble and all of the conflict in our world  
and see the peace that you give.  
Relieve us, if just for a moment,  
of our worries and stress.  
We await your coming with quietness.  
Amen.



# ADVENT IN THE VALLEY

## WEEK 3: JOY

We light the first, second, and third Advent candles and say,  
**Jesus Christ is the light of the world.**  
**A light no darkness can extinguish.**

Today we light the third candle, the candle for Joy. It reminds us that Jesus brings joy into our lives and asks us to bring joy into the lives of everyone around us.

Let us pray,

Christ our Joy,  
Brighten our homes with your presence.  
Clear our vision so that we can see you  
in the lives of people around us.  
Help us to make the things we do  
an opportunity to spread your joy.  
We await your coming with delight.  
Amen.

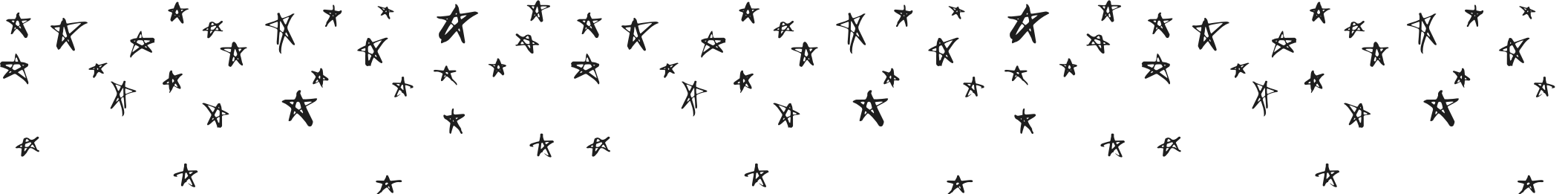
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## WEEK 4: LOVE

We light the first, second, third, and fourth Advent candles and say,  
**Jesus Christ is the light of the world.**  
**A light no darkness can extinguish.**

Today we light the fourth candle, the candle for Love. It reminds us that Jesus is love and brings love to our lives, and asks us to love God, love ourselves, and love our neighbours.

Let us pray,  
Christ our Light,  
Illumine our hearts with your grace.  
Enlarge our vision so that we recognize  
that we are one family with all the people of the world.  
Help us to give to others  
in ways that meet their deepest needs.  
We await your coming with gratitude.  
Amen.



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## CHRISTMAS EVE

We light all of the candles and say,  
**Jesus Christ is the light of the world.**  
**A light no darkness can extinguish.**

Today we light the centre white candle, the Christ candle. It reminds us that Jesus is the light of the world and has come to live with us today and always.

Let us pray,

Christ our Light,  
Thank you for coming into the world,  
for being born as a baby,  
for growing up as one of us,  
and for reminding us that we are never alone.  
Amen.